UNIVERSITY OF GEORGIA

VOLUME 7, ISSUE 1

DAWG TRACKS

SUMMER 2010

WELCOME TO THE 7TH ANNUAL UGA CLINICAL PSYCHOLOGY PROGRAM NEWSLETTER!

FEATURED LAB: DR. JAMES MACKILLOP & TEAM

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Dr. James MacKillop directs the Experimental and Clinical Psychopharmacology (ECP) Laboratory, where he uses a learning based approach to study addictive behavior, particularly alcohol misuse, nicotine dependence, and pathological gambling. Recent findings from the lab have been presented at the annual meetings of the Research Society on Alcoholism and the Society for Nicotine and Tobacco Research, and have been published in peer-reviewed journals such as *Addiction*, the *Journal of Abnormal Psychology*, and *Alcoholism: Clinical and Experimental Research*.

Dr. James MacKillop (center) with lab members

Much of Dr. MacKillop's research studies addiction using behavioral economics, a hybrid of modern operant theory and microeconomics. This approach has been applied to diverse aspects of addictive behavior, from understanding the roles of craving and impulsivity to developing novel intermediate phenotypes and treatment strategies. The lab's research includes diverse methods, such as survey methods, human laboratory paradigms, functional neuroimaging, molecular genetics, and clinical interventions. An overarching theme is the importance of translational research – collecting data at multiple levels of analysis to better understand addictive behavior.

Dr. MacKillop's lab is currently undertaking a number of projects. Two human laboratory studies are using behavioral economics to better understand the role of craving for alcohol and cigarettes, respectively. Excitingly, the ECP lab has just begun a study in the area of neuro-economics, which integrates behavioral economics and neuroscience. This study is using functional magnetic resonance imaging to better understand decision making and the relative value of alcohol. These studies are funded by the Alcoholic Beverage Medical Research Foundation, Pfizer, Inc., and the UGA Research Foundation, respectively.

Several other projects are oriented toward more applied and clinical questions. For example, a study funded by the Robert Wood Johnson Foundation is examining the relative value of tobacco in community smokers to inform improved tobacco tax policy. In addition, two projects are investigating novel pharmacological treatments for alcohol misuse. One study is using behavioral economics to better understand the effects of topiramate, an anticonvulsant that is efficacious in treating alcoholism but for which the behavioral mechanisms of action are not well known. An incipient study is examining whether the medication d-cycloserine will help individuals resist alcohol-related triggers. These latter studies are funded by the National Institute on Alcohol Abuse and Alcoholism.

Dr. MacKillop collaborates with a number of students in the clinical program. He is the primary mentor to first year students Cara Murphy and John Acker and also to Michael Amlung, in the cognitive-experimental program. Dr. MacKillop serves as a research practicum supervisor for several other graduate students and undergraduates. His students describe him as passionate and industrious in his research and attribute the success of the lab to the productive and collaborative environment Dr. MacKillop creates.

A NOTE FROM THE DIRECTOR OF CLINICAL TRAINING

*H*ello to all of our alumni and friends of the UGA Clinical Psychology Program. I hope this latest copy of *DawgTracks* finds you happy and healthy! It is hard to believe that I am finishing up my 5th year as Director of Clinical Training. It has been an honor to be able to serve our program in this capacity. Well, all in all it has been a very successful year for all of us. Thanks to the hard work and dedication of our students, faculty, and staff, as well as the support of our many alumni, the program continues to grow and flourish.

Our recent faculty hires and newest students are having a wonderfully positive impact on the program and I feel we are in great shape, even in the face of the continued economic difficulties of the State and nation. Graduating students continue to go to excellent new careers, our internship bound students are excited about their destinations, and our current crop of graduate students is as usual making us all proud of their burgeoning accomplishments. We continue to be identified as one of the best programs in the country (e.g., US News and World Report ranking 33rd) and our students and faculty seem to be making headlines on a regular basis.

As you read through this year's edition of *DawgTracks*, I hope that you will enjoy reading about some of the exciting activities happening in "your" UGA Clinical Psychology Program. Per usual, we have our list of newest clinical students, information about where our grads and internship bound students are going, a spotlight on one of our alum, and a special focus on James MacKillop's lab. Lots of other tidbits and highlights are included that we hope you find enjoyable to read about.

I hope that you are excited and encouraged by the many accomplishments coming out of the Program. We continue to work to annually improve our program, and hope you share in our pride over what has been done to date. I want to continue to encourage you to keep in contact with us and to let us hear from you.

Please drop us a note and let us know where you are and what you are doing. As always, if you have ideas or suggestions for the program, or would like to come and visit, please take a moment or two to maintain or renew your connection with us. One of the easiest ways to let us know how you're doing is to email Ms. Marilyn Steffe at msteffe@uga.edu. You can also email me directly at lsmiller@uga.edu. Also, the Departmental website can help keep you up-to-date with what is happening at your alma mater: http://www.psychology.uga.edu.

As you read *DawgTracks*, be sure to send out a mental "shout out" to the students who have worked so hard to produce this year's *DawgTracks* newsletter – Fayeza Ahmed, Hilary Harding, Kristin Loiselle, Jessica Maples, and Alana Seibert. I think you'll agree that they've done another great job! Finally, thank you again from all of us here at UGA. Enjoy this year's *DawgTracks*, and keep in touch!

"Thanks to the hard work and dedication of our students, faculty, and staff, as well as the support of our many alumni, the program continues to grow and flourish."

Very best wishes,

L. Stephen Miller

Steve

LICENSING DATA FROM UGA GRADUATES

In 2010, the Association of State and Provincial Psychology Boards (ASPPB) released the 19th edition of Psychology Licensing Exam Scores by Doctoral Program. This document includes cumulative information from the previous five years on the performance of candidates for licensure on the Examination for Professional Practice in Psychology (EPPP). The overall pass rate across all designated and accredited doctoral programs was 76.5%. Notably, candidates for licensure from the clinical program at UGA have performed impressively, obtaining a 100% pass rate over the past five years.

2010 INTERNSHIP PLACEMENTS

- **Eric Gaughan:** U.S. Medical Center for Federal Prisoners, Springfield, Missouri.
- **Megan McCormick:** Children's National Medical Center, Washington, D.C.

ALUMNI FOCUS: DR. LILY KELLY-RADFORD (CLASS OF 1982)

Since graduating from the University of Georgia Clinical Psychology Program, Dr. Lily Kelly-Radford has carved a career path that has capitalized on a diverse skill set with foundations in clinical psychology training. From her early career days working as a practicing clinical psychologist in a variety of settings (private practice, academic psychiatric hospitals, even earning tenure in a university), Dr. Kelly-Radford has evolved into an internationally-focused expert in leadership development and organizational management. After eighteen years at the Center for Creative Leadership, where she became the first female executive vice president (CCL is an international nonprofit dedicated to advancement of understanding, practice, and development of leadership), she has recently joined the Executive Development Group as a partner and created her own Atlanta-based business focused on leadership development in the entertainment and sports industries (LEAP Leadership).

Dr Kelly-Radford notes that her current work environment entails numerous and diverse responsibilities: "Much of my practice is setting up systems to help organizations that want to have a greater impact on the bottom line. I select the clients I want to work with, reach out to them, and often receive referrals from people I've had the pleasure of working with." Her colleagues include an international group of leadership development experts, comprised of several psychologists with different backgrounds.

When asked how her time at the University of Georgia influenced her career path, Dr. Kelly-Radford emphasized the commitment of mentors, the collaborative environment, and the support among students. She explained, "Looking back, all of my experiences had a positive influence. The focus on research made me understand high-quality work and distinguish it from the quick and dirty outputs that are commonly sold as influential messages but often lack the grounding and facts most people also need."

She continues, "The key to my success at the time was actually feeling that the mentor cared about my success and development beyond just the classroom. They took me to the side and mentioned things to me that could help me improve…They were very honest about the things I needed to focus on for success." Support from the other students was also important: "The reciprocal support from several classmates, and our willingness to be there for each other to help review notes, share notes when someone was sick, proof papers, and eat meals and have fun together all was a part of getting along and getting through a rigorous program. In the end, it was also a lesson in life and how I wanted to create a culture in a work environment that I would later lead in."

Dr. Kelly-Radford notes that the aspect of her work that she is most proud of thus far has been her ability to maintain a balance between work and family life. She cites a strong marriage, three children, and "wonderful" colleagues as evidence that "one does not have to choose between the two worlds."

The global reach of Dr. Kelly-Radford's leadership work reflects her commitment to service delivery in an increasingly interconnected world. In addition to previous work with organizations in the Middle East, Dr. Kelly-Radford's globally-focused position at CCL entailed the development and delivery of customized leadership services to Europe and Asia. She also has held profit and loss responsibility, an aspect of her work that has helped to set her apart from other psychologists. The anticipation of exciting new international projects keeps Dr. Kelly-Radford looking ahead. She has recently initiated a coaching engagement in Bermuda, and is planning a joint venture with an organization in South Africa. In addition, she plans to travel to the Netherlands to give a talk and work with colleagues on women's leadership issues.

"Live each day creating the reputation that would make people want to take you with them to their big dream job because they would need a person just like you."

When asked what advice she has for current graduate students at UGA, Dr. Kelly-Radford responded, "Be a good student, but be a better peer colleague. Live each day creating the reputation that would make people want to take you with them to their big dream job because they would need a person just like you." She continued that it is essential to "know what you like, and don't be afraid to do it. Do not listen to the folks that like to 'bring you to your senses'. Run from them as fast as you can. Treat everyone well and with respect. Everyone! Never cry over the mistakes or missed opportunities, just keep creating new ones that will make you and our shared world better."

It is clear from her distinguished work and impressive career path that Dr. Lily Kelly-Radford has followed her own advice, truly finding what she loves and pursuing it fully. She encourages alumni and students interested in networking to contact her at Lily@edgp.com.

NEW ALUMNI: 2010 GRADUATE PLACEMENTS

- **Jessica Dreifuss** has accepted a 2-year position as a Research Fellow in the Division of Alcohol and Drug Abuse at McLean Hospital with an academic appointment as a Research Fellow in the Harvard Medical School Department of Psychiatry. She will be coordinating a research project within the NIDA Clinical Trials Network, writing manuscripts, and working on grants.
- **Jordan Gilleland** has accepted a post-doc position at the Emory University School of Medicine Psychology Postdoctoral Fellowship Program in Professional Psychology at Children's Healthcare of Atlanta.
- **Kameron Franklin** has accepted a position as a Research Associate at the Institute for Behavioral Research. She will be working with two large data sets that examine the impact of family and marital interventions with African American families and couples.

FIRST-YEAR STUDENT FOCUS: MEET OUR NEW STUDENTS!

John Acker is from Binghamton, New York. He received a B.A. in Psychology from Binghamton University in 2008. Subsequently, he worked at the Syracuse Veterans Affairs Medical Center as a research assistant in the Center for Integrated Healthcare, where he conducted research in the areas of alcohol dependence and posttraumatic stress disorder. Currently, John is in Dr. James MacKillop's Experimental and Clinical Psychopharmacology Laboratory. His current research is in the area of attentional bias modification procedures in substance use populations. (Dr. James MacKillop)

Laura Bradbury is from Enid, Oklahoma. She received her B.A. in Psychology and M.A. in Instruction and Curriculum from the University of Colorado at Boulder. As an undergraduate, she worked in the Marital Functioning and Depression Research Laboratory, where she examined perceived reasons for parental divorce and their association with satisfaction in a current dating relationship. Laura currently works in Dr. Anne Shaffer's Family, Relationships, Emotions, Stress, and Health (FRESH) Laboratory. Her research interests lie in examining the predictors and outcomes of childhood emotional maltreatment. Her first year project is entitled, "Emotional Maltreatment and Romantic Relationship Satisfaction: The Role of Emotion Regulation." (Dr. Anne Shaffer)

Brittany Collins is from Suwanee, Georgia. She received her Bachelor's degree from the University of Georgia. As an undergraduate, she worked in Dr. Sarah Fischer's laboratory where she participated in data collection and entry. Brittany's first year project investigated thought suppression as a mediator between sexual assault, deliberate self-harm, and bulimic behavior. Her Master's Thesis will examine cognitive functioning in groups of eating disordered and normal participants via response to food cues through the use of functional Magnetic Resonance Imaging (fMRI). (Dr. Sarah Fischer)

Jennifer Lee is from Fayetteville, Georgia and attended the University of Georgia, where she obtained her Bachelor's degree in Psychology. As an undergraduate student at UGA, she worked on projects pertaining to medication adherence in children and adolescents with solid organ transplants, as well as Inflammatory Bowel Disease. Jennifer also worked in a social psychology laboratory on research with mindfulness and meditation. Currently, she works in the Pediatric Psychology Laboratory where she is investigating the psychosocial variables that are related to pediatric non-cardiac chest pain. Jennifer is also interested in continuing research in the area of medication adherence. (Dr. Ron Blount)

Jessica Maples is from Naperville, Illinois. She obtained her B.S. in Psychology at the University of South Carolina. Her honor's thesis was an investigation of positive and negative emotionality as potential mediating mechanisms between negative parenting style and adolescent depression. Jessica is a member of Dr. Joshua Miller's Personality Studies Laboratory. Currently, she is involved with research focusing on the impact of narcissism on aggression and affective instability, and associated externalizing outcomes. (Dr. Josh Miller)

Cara Murphy is from Marlboro, New York. She completed a B.S. in Psychology and Spanish at Union College in Schenectady, New York. While at Union College, she researched the possible neuropsychological effects of alcohol use in college students, with special attention on the impact of binge drinking and the possible moderating effects of personality. Following her commencement, she conducted research at Harvard Medical School looking at schizophrenia and Schizotypal Personality Disorder. Cara currently works in the Experimental and Clinical Psychopharmacology Laboratory. Her research interests lie in the study of voluntary behaviors associated with addiction, particularly choice and motivation to use alcohol when compared with the opportunity costs. (Dr. James MacKillop)

Claire Peterson is from Alexandria, Kentucky. She obtained her Bachelor's degree from the University of Kentucky and her Master's degree from the University of Dayton. Prior to coming to UGA, Claire was a study coordinator at Cincinnati Children's Hospital Medical Center, where she worked on projects related to illness management among children with Type 1 Diabetes and Leukemia. Currently, Claire is interested in the relationship between eating disorder symptoms and non-suicidal self-injury among college students. She is writing an F31 grant which will prospectively examine the relationship between eating pathology, internalizing and externalizing disorders among adolescents with Type 1 Diabetes. (Dr. Sarah Fischer).

Temilola Salami is a 2nd year graduate student who completed her B.A. in Psychology at McGill University. Temilola's primary area of interest focuses on understanding the etiology and manifestations of depression, anxiety, and suicide in African American youth and adult populations. She is particularly interested in the integration of cultural (e.g., acculturation), cognitive (e.g., hopelessness), and interpersonal (e.g., social support) factors in the development of depression in African American populations. At present, she is specifically examining correlates of hopelessness, which is a known cognitive risk factor for depression and suicide. (Dr. Rheeda Walker)

2009-2010 AWARDS

STUDENT AWARDS

Boardman-Forehand-Jackson Award: **Eric Gaughan**

Herbert Zimmer Research Award: **Megan McCormick**

Florene M. Young Award: **Erin Burns & Hilary Harding**

Henry E. Adams Memorial Research Award: **Jordan Gilleland**

FACULTY AWARDS

Outstanding Contribution to the Tone of the Program: **Dr. Cindy Suveg**

Outstanding Mentorship Award: **Dr. Anne Shaffer**

Outstanding Teaching Award: **Dr. Joan Jackson**

SAMPLE RESEARCH PUBLICATIONS 2009-2010

Ahmed, F.S. (UGA student), & **Miller, L.S.** (In press). Executive function mechanisms of theory of mind. *Journal of Autism and Developmental Disorders.*

Burns, E. (UGA student), **Harding, H.** (UGA student), & **Jackson, J.** (In press). Child maltreatment, emotion regulation, and posttraumatic stress: The impact of emotional abuse. *Journal of Aggression, Maltreatment, & Trauma.*

Fischer, S., Stojek, M. (UGA student), & **Hartzell, E.** (UGA student) (2010). Effects of multiple forms of childhood abuse and recent adult sexual assault on current eating disorder symptoms. *Eating Behaviors, 11(3),* 190–192.

Harding, H.G. (UGA student), **Zinzow, H.** (UGA alum), **Burns, E.E.** (UGA student), & **Jackson, J.L.** (2010). Attributions of blame and responsibility in a child sexual abuse vignette among respondents with child sexual abuse histories. *Journal of Child Sexual Abuse, 19,* 171-189.

Jacob, M. L. (UGA student), **Thomassin, K.** (UGA student), **Morelen, D.** (UGA student), & **Suveg, C.** (In press). *Emotion Regulation in Youth with Anxiety Disorders*. In D. McKay and E.A. Storch (Eds.), Handbook of Anxiety Disorders in Children and Adolescents. NY: Springer.

Miller, J.D., Dir, A., Gentile, B., **Wilson, L.** (UGA student), **Pryor, L.R.** (UGA student), & Campbell, W.K. (In press). Searching for a vulnerable dark triad: Comparing factor 2 psychopathy, vulnerable narcissism, and borderline personality disorder. *Journal of Personality.*

McCormick, M. (UGA student), **Reed-Knight, B.** (UGA student), Lewis, J., Gold, B., & **Blount, R.** (In press). Development and evaluation of a coping skills program for adolescents with inflammatory bowel disease. *Inflammatory Bowel Diseases*.

Reidy, D.E. (UGA alum), **Zeichner, A.,** & **Seibert, L.A.** (UGA student) (In press). Unprovoked aggression: Effects of psychopathic traits and sadism. *Journal of Personality*.

Seibert, L.A. (UGA student)**, Miller, J.D., Few, L.R.** (UGA student), **Zeichner, A.,** & Lynam, D. (In press). An examination of the structure of self-report psychopathy measures and their relations with general traits and externalizing behaviors. *Personality Disorders: Theory, Research, and Treatment.*

Seibert, L.A. (UGA student), **Miller, J.D., Pryor, L.R.** (UGA student), **Reidy, D.E.** (UGA alum) & **Zeichner, A.** (In press). Personality and laboratory aggression: Comparing the predictive power of the five-factor model, BIS/BAS, and impulsivity across context. *Journal of Research in Personality.*

Stojek, M. (UGA student), **Fischer, S., & Collins, B.** (UGA student) (2010). Thinness and restricting expectancies mediate the relationship of ethnic identity and bulimic symptoms. *Personality and Individual Differences, 49,102–106.*

Suveg, C., Jacob, M. L. (UGA student), & **Payne, M.** (UGA alum) (In press). Parental interpersonal sensitivity and child social problems: A mediational role for emotion dysregulation. *Journal of Child and Family Studies*.

INCOMING STUDENTS 2009-2010

New Student	Faculty Mentor	Undergraduate Institution
Emily Baggett	Anne Shaffer	University of Georgia
Danielle Berke	Amos Zeichner	University of Georgia
Sierra Carter	Rheeda Walker	UNC, Chapel Hill
Kendra Davis	Sarah Fischer	Purdue University
Lauren Gay	Joan Jackson	Tulane University
Joanna Price	Josh Miller	Baylor University
Douglas Terry	Steve Miller	Tufts University

WELCOME, BABY DAWGS!

2009-2010 has been a year of welcome additions to the families of numerous alumni, faculty, and staff of the UGA Clinical program! The staff of the *DawgTracks* is pleased to share with its readership the following birth announcements:

Amara Elana Austin Oliva, daughter of Amie Austin
Raya Shr-Lan Banawan, daughter of Patty Cheng and Sammy Banawan
Sovereign Mikayla Sheats, daughter of Kameron Franklin
Kerry Thomas Gaughan, son of Eric Gaughan
Henry Giardi, son of Laura Simons
Leto McCreary, son of Renee Schneider
Elijah Wilson, son of Michelle Wilson

2009-2010 CLINICAL PROGRAM HIGHLIGHTS

UGA Psychology Names New Department Head

This past year, social psychologist **Dr. Keith Campbell** took over the reigns as head of the UGA Psychology Department, replacing Dr. Pat Miller. Dr. Campbell's commitment to both the department and advancement of the field are evidenced by his collaboration with faculty, including clinical faculty member Dr. Josh Miller, numerous publications, and books geared toward all audiences. We are excited to have Dr. Campbell in this position and look forward to continued collaboration and success under his guidance!

Sperduto Endowed Professorship Search Continues

In the 2008 *DawgTracks* newsletter, we included an article discussing a generous endowment by UGA alum, **Dr. Gary Sperduto**. Dr. Sperduto, who graduated in 1978, is the CEO of Sperduto & Associates, an Atlanta-based consulting firm. In order to provide a lasting gift that would build and strengthen the clinical program, he has generously provided a large endowment in order to recruit a senior clinical research scientist at the full professor level. The Gary R. Sperduto Professorship in Clinical Psychology is a $250,000 commitment to the Clinical Psychology program in order to recruit a well-established clinical researcher. Currently, the Clinical Program is in the process of searching and evaluating numerous outstanding candidates for this position. We are very thankful for Dr. Sperduto's contribution to this program.

Child and Adolescent Treatment Outcome Studies

Dr. Anne Shaffer is implementing AFFECT, an intervention that targets improving parents' emotion communication skills with their children. Her research team is piloting the intervention in a group-based format this summer with the goal of implementing it as a preventive intervention for parents at risk for emotional maltreatment, and to prevent the negative outcomes for children that are associated with emotional abuse and neglect. The pilot study will include families with school age children (ages 6-12). **Dr. Cindy Suveg** and her research team are conducting a treatment outcome study for youth ages 7-12 with anxiety. Participants receive ten free sessions of either CBT or emotion-focused CBT, both of which have demonstrated research support, in an effort to determine which treatment is better for youth with particular characteristics. **Dr. Sarah Fischer** is the primary investigator for a treatment study for adolescent girls. The purpose of the study is to investigate the effectiveness of dialectical behavior therapy (DBT) on co-occurring symptoms of bulimia nervosa, depression, and deliberate self-harm. The treatment consists of 24 weeks of individual DBT, with group skills training.

Dr. Josh Miller Named Associate Editor

Effective February 2010, **Dr. Josh Miller** became Associate Editor of the *Journal of Personality*. The *Journal of Personality* has a large impact among professionals interested in personality development and theoretical and methodological advances in the study of individual differences in cognitive, affective, and interpersonal domains.

2009 ABCT Convention in New York City

Many UGA faculty, students, and alumni attended the 2009 ABCT convention in New York City. The Georgia Party held on Friday night was well-attended, providing attendees the opportunity to catch up with old friends and make new contacts. We hope to see you next November at the 2010 convention in San Francisco, CA!

Clinical Program Development: Help the UGA Clinical Psychology Program Continue to Grow

First, thanks to all of our alumni and program supporters for your continued support. It has been particularly heartwarming as these economic times continue to linger. As you know, during such times it is more important than ever that you consider contributing financial resources/donations to improve the Clinical Psychology Program. The easiest way to do this is through a donation to the Clinical Psychology Program Support Fund.

The CPPS Fund has been set up as part of our continuing effort to gain recognition as a Center of Excellence in Clinical Psychology. The great advantage of this fund is it can receive gifts of any size. All donations will support the Program, its students, its training efforts, and outreach to alumni. Please help keep the UGA Clinical Program in the top tier of training programs by making a donation today. State funds continue to be reduced in Georgia and many uses are restricted. Your generous gifts make it possible for us to bring in guest speakers, hold alumni receptions, offer workshops on cutting edge techniques, assist students in a variety of ways (like travel, research purchases), and help keep the program one our graduates can be proud to claim. Remember that donations are tax deductible. Checks may be made payable to the "Arch Foundation," with "Clinical Psychology Support Fund" on the memo line of the check. They can be mailed to:

The Franklin College Development Office
300 New College
Athens, GA 30602

If you are interested in making a Major Gift, and would like to discuss this with the College Development staff, please contact the Franklin College of Arts and Sciences Development Office: Jennifer Messer at 706-583-0825 or 888-268-5442 for information. Or if you prefer, you can contact our program chair Steve Miller directly. (lsmiller@uga.edu).

Your support is greatly appreciated!

CONTACT DAWGTRACKS & UGA CLINICAL PROGRAM:

We would like to hear from you! Please send us updates, achievements, and change of addresses.

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