# Clinic - PC Logo1

Psychology Clinic - 706-542-1173

139 Psychology Building, University of Georgia, Athens, GA 30602-3013

**Resources** **and** **Referrals**

This is **not** an exhaustive list of practitioners/services in the Athens, Atlanta, and Augusta areas.

\*= Recommended by UGA Faculty «= Provider is a UGA Clinical Psychology Alum

**INPATIENT** **TREATMENT** **and** **OUTPATIENT** **DAY** **PROGRAMS**

Advantage Behavioral Services Crisis Line: 1-(800) 715‐4225 [www.advantagebhs.org](http://advantagebhs.org/) (county-specific)

Offers inpatient, intensive residential (provides 45 days but depends), and outpatient (provides 5 days a week, 8:30am‐3:00pm but depends) treatment for psychiatric and/or substance use disorders. The inpatient unit offers short-term (average length of stay is 8 days) crisis stabilization for adults who do not have violence or aggressive behavior, which consists of group therapy, individual sessions as needed, and psychiatric consultation as needed (there is an on‐site psychiatrist). Only takes adults (no adolescents). Inpatient services are located at the 240 Mitchell Bridge Rd. location and admission evaluation is available 24/7. *Payment:* Accepts Medicaid, Medicare Part B, Peachcare for Kids, Amerigroup, Wellcare, Cenpatico, Blue Cross Blue Shield, United Health Care, and has a sliding fee scale.

Commencement Center: (706) 546-7355 [www.thecommencementcenter.com](http://www.thecommencementcenter.com)

Provides outpatient detoxification, outpatient treatment, partial hospitalization treatment, and aftercare for individuals with substance use disorders. *Payment:* Accepts most private insurance (In network with Humana) and self-payment. They do not accept Medicare, Medicaid, and do not have a sliding fee scale.

Hillside **(ATLANTA area):** (404) 875‐4551 <http://www.hside.org/>

Provides treatment services to children and young adults (ages 11-21) with severe emotional, psychological, and behavioral challenges, based on Dialectical Behavior Therapy principles. Services include residential, day, and intensive outpatient treatments. *Payment:* Accepts private insurance plans, self-pay, managed care, Medicaid and Georgia Department of Education.

Laurelwood **(GAINESVILLE area)**: (770) 219‐3800 [www.nghs.com/mental-health-services](http://www.nghs.com/mental-health-services)

Provides a broad range of services for adolescents and adults experiencing mental health or substance abuse problems (age 12+, inpatient services only). Stabilization, acute psychiatric care, and medication management (short‐term) for crisis interventions. Offers a dual program for psychiatric care and substance abuse. *Payment:* There is an estimated $3500 deposit for three days of inpatient care. Accepts self-payment, Medicaid, Medicare, Private and Military insurance. Insurance plans accepted: [www.nghs.com/insurance-questions](http://www.nghs.com/insurance-questions)

Peachford Hospital **(ATLANTA area):** (770) 454-2302 <http://www.peachford.com/>

Provides mental health and chemical dependency treatment (detox for alcohol and related substances) for children (age 6+), adolescents, adults, and senior adults. Offers inpatient acute‐care, partial-hospitalization, intensive outpatient, electroconvulsive therapy (ECT), and parenting classes for parents of patients. *Payment:* Accepts Medicare and private insurance.

Ridgeview Institute **(ATLANTA area): Smyrna**: (770) 434‐4567. **MONROE:** (678) 635-3400

<http://www.ridgeviewinstitute.com/>

Provides services for children (age 12-17+) and adults who need treatment, including substance abuse treatment, detoxification and half‐way house for inpatient, outpatient, and short term and long-term treatments. Uses a 12‐step program framework. *Payment:* Accepts Medicare, private and military insurance.

Summit Ridge **(ATLANTA area-Lawrenceville):** (678) 442‐5858 www.summitridgehospital.net

Provides mental health and substance abuse treatment through inpatient, partial hospitalization, and Intensive Outpatient Programs for adolescents (age 11-17), adults, and older adults. Free walk-in or phone assessments via staffed admissions counselors for psychiatric and/or substance use difficulties are available 24/7. *Payment:* Accepts most insurance plans.

**SUICIDE and CRISIS HOTLINES**

Counseling and Psychiatric Services (CAPS) at UHS: (706) 542-2273 [uhs.uga.edu/caps/welcome](http://www.uhs.uga.edu/caps/welcome)

For UGA students only. Access after hour mental health crisis line by contacting UGA Police (706) 542-2200 and asking for clinician on-call.

Georgia Crisis and Access Line: (800) 715-4225 <http://www.mygcal.com/>

Provides immediate assistance 24/7, including risk assessment and referrals. Can dispatch police/mobile crisis unit. Website includes agency search feature.

The HOPE Line: 800-442-HOPE (800) 442-4673 <http://www.thehopeline.com/>

Provides assistance 24/7, including support via telephone or chat feature of the website.

National Suicide Prevention Hotline: (800) 273-8255 <http://www.suicidepreventionlifeline.org/> or www.988lifeline.org

Spanish line: 866-749-7946. Provides assistance 24/7, including support and referrals. Toll free and confidential. Tele-Interpreters service supports over 150 languages. Can dispatch police. Specific services for veterans and hard of hearing individuals available.

Trevor Project: 1-(866) 488-7386 (Call) OR 678-678 (Text). <https://www.thetrevorproject.org/>

Crisis line and resources for LGBTQ+ youth. Staff at Trevor Project provide support and crisis services, specifically for LGBTQ+ youth. Website includes information and resources related to LGBTQ+ youth (e.g., gender identity, sexual orientation).

**PSYCHOTHERAPY and ASSESSMENT**

**Athens Area Community Agencies and Group Practices**

Advantage Behavioral Health Systems (Clarke County Clinic): (855) 333-9544 www.advantagebhs.org

Provides outpatient mental health services (short‐term individual & group counseling and psychiatric services), community support services, community outreach, developmental disabilities services, residential services, and child and adolescent treatment. Orientations to therapy include supportive, cognitive‐behavioral, and insight. *Assessment:* MRI or EEG testing may be used in some evaluations. Some forensic services (i.e., assessment and testifying in civil and criminal cases) available. *Payment:* Accepts Medicaid, Medicare Part B, Peachcare for Kids, Amerigroup, Wellcare, Cenpatico, Blue Cross Blue Shield, United Health Care, and has a sliding fee scale.

Athens Center for Emotional Healing: (706) 543-4948 <http://www.athenscenterforemotionalhealing.com/>

Group practice providing individuals, couples, and family therapy. Therapists work closely with clients who have experienced anxiety, depression, grief, childhood trauma, marital discord, infidelity, addiction, co-parenting struggles, or mood instability. *Payment*: Depends on the therapist but some providers accept BC/BS, United HealthCare, Cigna, Aetna, Anthem, Ambetter, Medicare, Humana, and MultiPlan.

Athens Neurological Associates: (706) 353‐0606 <http://www.athensneuro.com/>

A neurology practice partnered with Athens Regional Medical Center. Provides care for individuals from all ages. Diseases commonly treated include (but are not limited to) cerebrovascular disease/stroke, headache/migraine, epilepsy, sleep disorders, movement disorders/Parkinson's, dystonia, neuromuscular disease, peripheral neuropathy, neuroimmunological disease/multiple sclerosis and spinal disease. *Assessment:* MRI testing and neurological lab testing available. *Payment:* Accepts most major insurance plans.

Athens Center for Counseling and Play Therapy: (706) 363-3352 <http://www.athenscenterforcounselingandplaytherapy.com/>

A group of practitioners providing psychotherapy and play therapy to children (ages 3+) and adults for issues related to depression, anxiety, behavior problems, sexual abuse, academic difficulties, life transitions, grief, postpartum depression, and social skills building. Divorce and child custody counseling is offered. *Payment:* Depends on the therapist, see chart in the FAQ section of the website.

Banyan Tree Center: (706) 850-7041 <https://www.athenscounseling.com/>

Group practice offering individual therapy, couples therapy, family therapy, neurodiversity coaching, substance use counseling, and EMDR for children (age 3+) and adults. *Payment:* Therapy sessions are $70-$150 depending on the therapist (About $70 for interns and $130-$150 for others). Out-of-network coverage provided, but no contracts with insurance companies.

Family Counseling Services of Athens: (706) 549‐7755 <http://www.fcsathens.com/>

Non‐profit organization that provides individual counseling for children (age 8+) and adults, family counseling, and marriage/couples counseling. Primarily focused on growth‐oriented therapy. Some group therapy, including alcohol and drug issues, anger and violence issues, children, and divorce. Services related to drug court (5 phase program for repeated DUI). *Payment:* Accepts BC/BS, PPO, Board of Regents, and several other insurance plans. Accepts Medicare and non-traditional Medicaid such as Amerigroup and Peach State. Also has a sliding fee scale ($45-$120).

Getting Real Counseling Center: (706) 389-8161 <https://www.gettingrealcc.com/>

Group practice providing individual and relational counseling services to college students and adults. Specializes in services for eating disorders and body image, LGBTQ+ issues, self-injury, trauma (emotional, physical, and religious), neurodivergence (ADHD, Autism Spectrum), kink, ethical non-monogamy, and relationships. Also provides group therapy and educational workshops. *Payment:* Accepts BC/BS, United Healthcare, Cigna, Aetna, and self-pay. The initial intake cost $120-$175 and 55-minute therapy sessions cost $120-$150.

Nuçi’s Space: (706) 227‐1515 (ask for Lesley Cobbs) <http://www.nuci.org/>

Non‐profit health and music resource center that aims to prevent suicide by providing treatment to musicians suffering from mental illness. Also provides a mental health support group and a “Survivors of Suicide” support group for those who lost loved ones to suicide, which meets every month. *Payment:* Sliding fee scale for therapy services. Psychiatric services are typically $40 for first session and then $30 for each session thereafter.

 Georgia Center for OCD and Anxiety: (706) 425-2809 <https://georgiaocdandanxiety.com/>

Group practice specialized in treating OCD, PTSD and anxiety disorders. Offers CBT, exposure therapy, and response prevention. *Payment*: Dependent on the provider.

Oasis Counseling Center: (706) 543-3522 <https://www.oasiscounselingcenter.com/home>

Offers therapy, EMDR for children (ages 3-11) and adults, grief counseling, family counseling and parent support. Recommended for patients to make appointments through the website. *Payment:* $100 for 1-hour individual sessions, $120 for families and couples, $20 for 1.5-hour group sessions. Most commercial providers, Medicare and Medicaid are accepted.

Positive Outcomes: (706) 546‐8440 http://positive-outcomes.com/

Provides outpatient mental health for children (age 3-18), adults, and families. Therapists primarily adhere to principles of Cognitive‐Behavioral Therapy. *Assessment:* Offers psychological evaluations (e.g., diagnostic, forensic, neuropsychological, psychoeducational, vocational). *Payment:* Accepts BC/BS, Tricare, Medicaid, PeachCare, Kaiser, United Healthcare, Aetna, self-pay, and has a sliding fee scale.

\*Regents Center for Learning Disorders at UGA: (706) 542‐4589 <http://www.rcld.uga.edu/>

*Assessment:* Provides comprehensive standardized assessments for individuals (students at public colleges in the state and high school seniors) with learning and attention problems. *Payment:* Evaluations cost $500 (additional costs are covered by the Georgia Board of Regents). Does not accept insurance.

UGA ASPIRE Clinic: (706) 542‐4486 www.aspireclinic.org

Graduate training clinic affiliated with the UGA Marriage and Family Therapy Program. Provides outpatient services for individuals, couples (including pre-marital counseling), and families, including services related to nutrition, finance planning, legal problem-solving, and home organization. *Payment:* Based on sliding fee scale ranging from $10‐$65.

UGA Center for Counseling and Personal Evaluation: (706) 542‐8508

<https://coe.uga.edu/directory/counseling-and-personal-evaluation>

Graduate training clinic affiliated with the UGA Counseling Psychology Program. Provides individual and group therapy. Offers family and couples counseling (unlimited sessions, Mon-Thurs). *Assessment:* Psychological testing available for learning disabilities, attention deficit disorders, as well as general psychological evaluation. *Payment:* Rates for therapy based on sliding fee scale, ranging from $10 to $30 per session (UGA Students pay $10 per session). Cost of testing is $950 for psychological evaluations. No insurance accepted.

UGA Counseling and Psychiatric Services (CAPS) at University Health Services: (706) 542‐2273

<http://www.uhs.uga.edu/caps/>

For UGA students only. Provides walk-in crisis intervention (Monday-Friday 8AM-5PM), after-hours crisis line (via UGA Police 706-542-2200), brief individual and group counseling, and psychiatric services. Offers couples counseling for a limited period of time and also offers some groups: mindfulness, yoga, relaxation, DBT-Lite, stress and anxiety workshop, African American women, interpersonal processing, and grad students (depends on the semester). Initial 30-minute screenings are free and can be scheduled through a walk-in basis M-F from 8am-4pm. *Payment:* There is an option for students to apply for a grant to help cover costs and as long as dues are paid through the UHC, there should be no out-of-pocket costs.

UGA School Psychology Clinic: (706) 542‐4265 <https://coe.uga.edu/directory/school-psychology-clinic>

Graduate training clinic affiliated with the UGA School Psychology Program. *Assessment:* Provides assessments services for children (ages 2‐18) who are still in school, including diagnostic evaluations for Autism Spectrum Disorders (ASD) and other learning disorders for children ages 5-18. *Payment:* ASD evaluations are offered on a sliding fee scale. Fee for assessment services is $1200-$1300. Insurance coverage is not guaranteed.

**Athens Area Private Practitioners**

Andy Case, Ph.D.: (678) 677-4851 <http://www.drandycase.com/>

Private practitioner offering individual therapy, couples therapy, community workshops, HIV+ counseling, and mandated alcohol and drug education for adults. *Payment:* Accepts BC/BS and UGA graduate student insurance.

\*David Campbell, Ph.D.: (706) 714‐1468

Provides counseling services to adolescents (age 12+), adults, couples, and families. His therapeutic orientation is interpersonal with added CBT when appropriate. He is also experienced with Adlerian, Gestalt, Narrative, and Feminist approaches to therapy. *Payment:* Accepts BC/BS and Pearce‐and‐Pearce and most other insurances as an “out‐of‐ network” provider.

\*Elenor McMahan, Ph.D.: (678) 895-7493 [www.wellspringathens.com](http://www.wellspringathens.com)

Specializes in broad range of services for children, adolescents, adults, and couples (e.g., depression, trauma, LGBTQ and gender identity concerns, ADHD, eating pathology, substance use). *Payment:* $150 per 50-minute session, due at the beginning of each session. Insurance is currently not accepted; however, assistance can be given in filing for reimbursement.

North Star Therapy Group: (706) 715-3414 <https://www.northstartherapygroup.com/>

Specializes in Dialectical Behavior Therapy services (individual and group services) for adults and adolescents. *Payment:* Accepts BC/BS, United Healthcare/United Behavioral Health, Cigna, Value Options, Kaiser Permanente, and Optima.

John Grace, Psy.D.: (706) 552-0450 [eatingdisordersrecoverycenterofathens.com/home.html](http://www.eatingdisordersrecoverycenterofathens.com/home.html) edrca@yahoo.com

Provides services for depression, anxiety, addictions, eating disorder, self-harm and trauma. Provides services for high-risk clients, including after-hours crisis counseling, (on an individual basis). He is associated with the Eating Disorders Recovery Center. DBT skills group is on hold until July 2024. He utilizes an integrated therapy approach, including evidence-based treatments, CBT, DBT, interpersonal, clinical hypnosis, mindfulness, and existential therapies. *Payment:* Accepts private insurance, Medicare, and self-pay.

\*Shayne Abelkop, Ph.D.: (706) 431-3711 <http://www.drshayneabelkop.com/>

Services for children and young adults (ages 12 -25 years). Provides services for anxiety, OCD, autism, Neurodivergent individuals, LGBTQ, and gender identity. Competent to work with transgender children and young adults. Groups change with client needs. Approach to treatment combines elements of empirically supported treatment within individualized supportive framework. *Payment*: Accepts Aetna, self-pay, and out-of-network.

\*Sydney Felker-Ross, Ph.D.: (706) 254-7194 <http://drfelkerross.com>

Specializes in individual and group therapy for all ages to address a broad range of difficulties, including anxiety, depression, relational issues, substance use, eating disorders, trauma, and LGBTQ concerns. She approaches therapy from a humanistic and interpersonal perspective that integrates cognitive behavioral therapy and mindfulness strategies. *Payment:* $175 for initial assessment, $150 for 55-minute individual session, $60 for group session. Accepts self-pay, Medicare, United Student Resources (UGA student insurance), out-of-network, and BC/BS.

**National and Regional Community Agencies and Private Practitioners**

LifeStance Health (various locations across Georgia [e.g., Alpharetta, Athens, Augusta, Atlanta, Macon, etc.]): (470) 749-3520 <https://lifestance.com/>

Group practice offering individual therapy, couples therapy, family therapy, neuropsychological testing, and medication management. *Payment:* $465 for psychiatry assessment and $365 for therapy assessment/session depending on therapist licensure.

Peachtree Psychiatric/DBT **(ATLANTA area)**: (404) 351-2008 <https://www.pchprofessionals.com/>

Offers services for adults and children, including classic DBT, DBT skills classes, short-term/brief individual DBT, biofeedback, Eye Movement Desensitization and Reprocessing (EMDR) for trauma/anxiety, mindfulness, and ADHD groups. Therapists are licensed counselors and social workers. One psychologist on staff, and psychiatric services are also available. *Payment:* Individual therapy sessions are $195 per hour. Eight-week classes are $680 (extra $80 if client is also seeing an outside therapist). Nine-week DBT parenting classes (i.e., “Brave Parents”) are $1200. Insurance is not accepted for therapy services but willing to provide documentation for those seeking reimbursement (except for Medicare).

**PSYCHIATRY**

**Community Agencies**

Advantage Behavioral Health: (855) 333-9544, (706) 389-6767 http://www.advantagebhs.org

Provides outpatient psychiatric evaluations and medication management. *Payment:* Accepts Medicaid, Medicare Part B, Peachcare for Kids, Amerigroup, Wellcare, Cenpatico, Blue Cross Blue Shield, United Health Care, and has a sliding fee scale.

\*Athens Behavioral Medicine: (706) 316‐1908 <http://www.athensbehavioral.com/>

Provides outpatient psychiatric evaluations, medication management, and limited psychotherapy for families, couples, children, adolescents, and adults. Group therapy also offered. Orientations to therapy include supportive, cognitive‐behavioral, and insight. Transcranial Magnetic Stimulation for depression available. *Assessment:* MRI or EEG information may be used in some evaluations. Some forensic psychiatry services (i.e., assessment and testifying in civil and criminal cases) available. Also offers an ADHD Specialty Clinic, which provides neuropsychiatric testing for ADHD and medical treatment. *Payment:* $375 for initial visit and $175 for follow up to see an NP or PA, and $495 for initial visit and $255 for follow up to see an MD.

**Private Practitioners: Psychiatry**

\*Issa Bagayogo, M.D., Ph.D.: (762) 233-0785 <https://www.olivespacepsychiatry.com/>

Provides services for a range of psychiatric conditions in adolescents (ages 12+) adults (ages 18-64) and older adults (ages 65 and up). Specializes in treating addiction and takes an individualized and empowerment-based perspective, which is facilitated by having longer appointments (i.e., 45-50-minute assessment, 30-minute appointments). Offers Medication Assisted Treatment (MAT) for opioid dependence, alcohol dependence and nicotine dependence. *Payment:* Self-pay, no insurance accepted. $275 for every appointment.

Colleen McLemore, M.D.: (706) 353-3794

Psychiatric services provided for children and adults. *Payment:* In-network with the following insurance plans:Cigna, Aetna, BC/BS, and United. Self-pay rates: Initial Diagnostic Assessment for adults $350, Initial Diagnostic Assessment for children $550 for 2 sessions, $170 for medication management appointments.

Jessica Prowell, M.D.: (706) 204-9092 https://prowellpsychiatry.clientsecure.me/

Psychiatric services for children and adolescents (ages 5-17). Specializes in the evaluation and management of ADHD, depressive and mood disorders, anxiety disorders, and autism spectrum disorder. *Payment:* Accepts self-pay as well as some insurance plans, including Aetna, BC/BS, Anthem, and Humana. For self-pay, first appointment is $450, the second is $250, and each session thereafter is $200.

Steven M. Hines, M.D. (Five Points Psychiatry): (706) 549‐2087 <https://fivepointspsychiatry.com/>

Psychiatric services provided for adults. Stimulants are prescribed with discretion. *Payment*: Self-pay, no insurance accepted. $450/initial diagnostic assessment. $250 for appointments thereafter.

Scott Snyder, M.D.: (706) 543‐0059

Psychiatry services provided for adults. *Payment:* Accepts Aetna, Blue Cross, Cigna (excluding HealthSpring and HMO), Humana, and self-pay. For self-pay, initial visit costs $365 and appointments thereafter cost $232.

William Orr, M.D.: (706) 613-2799

Psychiatry services provided for adultsonly. *Payment:* Accepts some insurance plans accepted and self-pay. For self-pay, initial visit is $375, and appointments thereafter are $250.

**GENERAL** **COMMUNITY** **RESOURCES**

**Addiction Services**

Al‐Anon/Alateen: (888) 425‐2666 <https://al-anon.org/>

Athens Area Alcoholics Anonymous: (706) 389-4164 (call or text) <https://www.athensaa.org/>

Narcotics Anonymous: (678) 841-7613 (provides information about meetings; text number for more details) [www.negana.org/](http://www.negana.org/)

Gamblers Anonymous: Georgia Hotline - (404) 237-7281, Atlanta Korean Hotline - (678) 431-6600 [www.](http://www/) gamblersanonymous.org

**Child, Adolescent, and Family Community Services**

Clarke County Department of Family and Children’s Services: (706) 227‐7021

To report child abuse: 1-(855) 422-4453.

Brightpaths Athens: (706) 546‐9713 <https://brightpathsathens.org/>

A non-profit, community-based organization that prevents child abuse through education, support, and public awareness. Website includes a list of resources for families.

Caminar Latino: Georgia hotline: 1-(800) 33- HAVEN, OR (1-800-334-2833). Questions: 855-CAMINAR, or (855) 226-4627

Caminar Latino’s mission is to create opportunities for Latino families, affected by violence, to transform their lives and their communities. The way we carry out our mission is a three-prong approach: Through our family initiative programming we provide opportunities for families to transform their lives by increasing a family’s capacity to identify the abusive behaviors, engage in dialogue with other people who have had similar experiences, and take action to transform their lives. Through our community initiative program Caminar Latino is able to provide opportunities for community members to recognize their own strengths and use them to stop the cycle of violence and transform the community. Through our national arm, Latinos United for Peace and Equity, we elevate the stories and visibility of survivors and communities throughout the country and work to eradicate the structural and social conditions that give rise to violence.

National Children’s Alliance: (202) 548-0090 [www.nationalchildrensalliance.org](http://www.nationalchildrensalliance.org)

Nationwide non‐profit organization that promotes and supports communities, coordinate

investigations & comprehensive response to victims of severe child abuse.

Grandparents Raising Grandchildren: (706) 549-4850 <https://www.accaging.org/services/caregiver-support/grandparents-raising-grandchildren/>

 A monthly support group for families coordinated by the Athens Community Council on Aging.

**Crime Victims, Safety, and Legal**

Ahimsa House: 24-hour line: (404) 452‐6248 <http://www.ahimsahouse.org/>

Provides temporary services (60 days maximum) and shelter for animals and pets who themselves (or their owners) are victims of domestic abuse. Can help with transportation, pet deposits, safety planning, and vet care. Services are free and confidential.

Cottage Sexual Assault Center of Northeast Georgia and Children’s Advocacy Center: (706) 546-1133

24‐hour hotline: (706) 353-1912 [www.northgeorgiacottage.org](http://www.northgeorgiacottage.org/)

Services include a 24-hour crisis and information line, crisis counseling, volunteer accompaniment, medical advocacy (evidence collection and follow-up medical appointments), legal advocacy, counseling referrals for survivors, and support for secondary survivors (loved ones of the survivors). All services are free of charge and confidential. Services are offered in English and Spanish.

Jane W. Wilson Family Justice Clinic: (706) 369‐6272

Helps domestic violence victims and children obtain temporary protective orders and legal support and direct representation. This service is run through the UGA Law School all year long.

National Assault Hotline (RAINN): 1-(800) 656-4673, online chat: [www.rainn.org](http://www.rainn.org)

National Center for Victims of Crime: 1-(855) 484-2846, online chat: <https://victimConnect.org>

National Domestic Violence Hotline: 1-(800) 799−SAFE (7233) [http://www.thehotline.org/#](http://www.thehotline.org/)

Project Safe: (706) 543‐3331, Teen Textline: (706) 765-8019, online chat-<https://www.thehotline.org/> Business line: (706) 549-0922 <https://www.project-safe.org/>

Provides a 24-hour hotline, emergency shelter services, pet shelter services (through UGA vet school), safety and planning services, legal and social service advocacy (aid in pursuing a temporary protection order), and emergency financial assistance. Also offers follow-up services (post shelter care and case management), support groups, and short-term counseling. The teen textline provides information and support for teens dealing with unhealthy relationships.

Athens Public Defender Office: (706) 369‐6440 <http://www.athenspublicdefender.com/>

Walk‐in intakes Monday to Friday 9 AM to 3:30 PM to determine eligibility for legal services.

University Health Center Relationship and Sexual Violence Prevention: Hotline: (706) 542‐7233; General information: (706) 542-8690; <http://healthcenter.uga.edu/>

Provides resources, assistance, and referrals. Offered to all UGA students who have been or are impacted by sexual or relationship violence. Services include confidential crisis intervention, safety planning, and support and advocacy for legal, medical, and educational issues. A free and anonymous support group for survivors is available.

Victim Assistance Program: (706) 613-3240 <https://westerncircuitda.com/>

Provides services to victims of felony crimes, such as aggravated assault, armed robbery, arson, burglary, homicide, rape, and sexual exploitation of a child. Click “Victim Assistance” on website for more information.

**Homelessness**

Athens Area Homeless Shelter: (706) 354‐0423 <https://www.helpathenshomeless.org/>

Resources include housing, childcare and summer camp programs, case management, budgeting training, and a financial education program.

Homeless Day Service Center: (706) 354‐1154 https://advantagebhs.org/homeless-services/

Provides resources for homeless individuals in the community, including free shower, laundry facilities, access to financial assistance, and job support.

Family Promise of Athens (706) 425‐1881 <https://www.familypromiseathens.org/>

Network of Athens‐area churches and communities of faith providing shelter, meals, and support for homeless families and children in crisis situations.

The Salvation Army: (706) 543‐5350 <https://salvationarmygeorgia.org/athens/>

Provides emergency shelter, financial services, housing, disaster relief services, youth programs, and worship services.

**Older Adults**

A Place for Mom: (866) 518-0936 <https://www.aplaceformom.com/>

Resource for identifying senior living services (independent living, nursing homes, care homes, Alzheimer’s Care), including help identifying financial resources and advise. Website includes photos and reviews of senior living options in the Athens area.

Cognitive Aging Research and Education (CARE) Center: (706) 542-2539 <https://publichealth.uga.edu/research/research-institutes/institute-of-gerontology/care-center/>

Provides comprehensive diagnostic memory and cognitive testing, physical examinations, diagnostic blood work, and neuroimaging.

Rehab Institute **(GAINESVILLE area)**: (770) 219-8200 [https://www.nghs.com/rehabilitation-](https://www.nghs.com/rehabilitation-services)services

Offers pre‐driving evaluations for people with illness, injury, or decline in overall function that may affect their ability to drive safely. Also offers neuropsychological assessments. Must be 11 years old or older.

Northeast Georgia Area Agency on Aging: 1-(800) 474‐7540; (706) 583‐2546

https://negrc.org/aging/

Provides information and a variety of services related to older adult (age 60 and older) advocacy, well‐being, and care, including information for caregivers. Information sources cover topics of healthcare, independence, and provides information about long-term care resources.

**Physical Health Resources and Food Banks**

Athens Area Emergency Food Bank: (706) 353‐8182 <https://www.athensfoodbank.org/main.html>

Provides 1 weeks of food for families. Services can be received every 6 months.

Community Internal Medicine of Athens: (706) 389-3875 https://www.stmaryshealthcaresystem.org/locations/community-internal-medicine-of-athens

Adult outpatient medical clinic that is staffed by AU/UGA Medical Partnership resident physicians and supervised by faculty physicians that are board certified in Internal Medicine. *Payment:* Accepts most private insurance and St. Mary’s financial assistance program <https://www.stmarysathens.org/patients-visitors/financial-assistance/>.

Mercy Health Center: (706) 425-9445 <https://www.mercyhealthcenter.net/>

Free medical and dental outpatient clinic for adults. Appointments are scheduled by phone and are required for services. Currently accepting new patients.

Our Daily Bread (at First Baptist Church Athens): (706) 548-1359

Provides breakfast Tuesday, Wednesday, and Thursdays (8am-9am) and lunch Mondays and Fridays (12pm-1pm) to anyone, every day of the year.

Piedmont Athens Regional Community Care Clinic: (706) 475-7055 <https://www.piedmont.org/locations/location-details?practice=1266>

Accepts all adult patients regardless of insurance status. They offer regular check-ups for adults, sick visits, immunizations/vaccinations, and management of chronic illnesses.

Piedmont Athens Regional Medical Center: (706) 475‐7000, ER: (706) 475‐3710 [www.piedmont.org](http://www.piedmont.org)

Sleep Disorders Center at Athens Regional Medical Center: (706) 475‐5017

<http://www.piedmont.org/pulmonology/sleep-care/sleep-care>

Associated with Athens Regional Health System. Performs sleep tests to diagnosis sleeping disorders (e.g., narcolepsy, sleep apnea, etc.), and provides treatment recommendations.

Speech and Hearing Clinic: (706) 542‐4598 <https://coe.uga.edu/directory/speech-and-hearing-clinic>

Provide testing and therapy for speech and hearing disorders. Rehabilitation services for children with speech/hearing problems. Also offers accent or dialect reduction or modification, transgender voice and communication services, and communication support groups. *Payment:* Offers oral rehabilitation groups for individuals with cochlear implants that are free. Scholarships or fee adjustment based on need are available. Accepts Medicare (prescription required), Medicaid (Referrals needed), and sliding fee scale for therapy.

St. Mary’s Hospital: (706) 389‐3000, ER: (706) 389‐3993 [www.stmarysathens.org](http://www.stmarysathens.org/)

St. Mary’s Financial Assistance Program: (706) 389-2020 <https://www.stmaryshealthcaresystem.org/for-patients/billing-insurance/financial-assistance>

Depending on financial need, St. Mary’s offers assistance to patients utilizing their services (whether at the main hospital or satellite clinics). The financial aid application is available in both Spanish and English. They offer partial discounts up through a 100% discount, depending on how much income the individual/family has relative to the federal poverty guidelines. Application process takes about 8-10 weeks.

**Lesbian, Gay, Bisexual, Trans, Queer, & Ally (LGBTQA+) Resources**

Athens Area PFLAG: <http://pflagathensarea.com>

PFLAG was founded in 1973 as the nation’s largest family and ally organization for LGBTQIA+ people. PFLAG Athens Area meets monthly: to talk, support each other, support family members, and advocate for them and other queer people in Athens and surrounding counties. Contact using pflagathensarea@gmail.com or via Facebook.

Athens Pride and Queer Collective: <https://www.athenspride.org/>

Offers a LGBTQ youth group monthly for middle and high school aged children, a trans support group for adults (18 and older), social group for queer people of color (QTPOC). Individuals interested in services can either go to the website listed above or email: athensqueercollective@gmail.com. *Payment: G*roups are free for participants.

Lost-n-Found Youth (LNFY): Crisis Hotline: (678) 743-6473. General phone number: (678)-856-7824 <https://www.lnfy.org/>

LNFY is an Atlanta-based nonprofit (501c3) that exists to end homelessness for Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ+) and all sexual minority youth. Offers crisis support for LGBTQ+ youth, a youth center (e.g., safe space, emergency clothing, food, hygiene supplies, showers, mental health evaluations, referrals), and street outreach (e.g., identifying/helping youth in need). Donations accepts; proceeds from items sold in thrift store are used to support street outreach, youth center, and transitional housing for homeless LGBTQ+ youth

UGA Pride Center: (706) 542-4077 <https://pride.uga.edu/>

The mission of the LGBT Resource Center is to create an inclusive and sustainable space of self-discovery for the LGBT community within the University of Georgia. The LGBT Resource Center serves as a space by which all members of the University of Georgia community can engage and explore issues associated with sexual and gender identities

**Other Resources**

The Office for Student Success and Achievement (OSSA); (Formerly Division of Academic Enhancement): (706) 542-7575 <http://tutor.uga.edu/>

 Provides a wide range of services to help UGA students achieve academic success, including

tutoring in a variety of subjects and courses focused on study skills. Students can also become tutors for other students in return for payment or course credits.

Multiple Choices for Independent Living: (706) 850-4025 <https://www.multiplechoices.us/>

Multi-service nonprofit agency of disability advocates for independent living. Provides advocacy, information, referrals, and services for differently abled individuals.

Oasis Catolico Santa Rafaela: (706) 714‐6624 <https://sites.google.com/site/oasistutors2>

Offers after-school tutoring for pre-K through third grade, Mon-Thurs from 2:30-5:00pm during the Fall and Spring semesters. Knowledge of Spanish is not required.

St. Joseph Charities: (706) 850-7777 <https://www.stjosephcharitiesathens.com/>

Aids individuals and families. Must call to schedule an appointment. Office is only open Tuesday, and Wednesday morning from 10am-12pm.