

CURRICULUM VITAE

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EDUCATION

- 2008 Doctor of Philosophy in Child Psychology
 Specialization in Developmental Psychopathology and Clinical Science
 (Developmental and Clinical Psychology dual-track)
 Institute of Child Development, University of Minnesota
 Minneapolis, MN
- 2007-2008 Clinical Psychology Predoctoral Internship
 Emory University School of Medicine/Grady Health System
 Atlanta, GA
- 2006 Master of Arts in Child Psychology
 Institute of Child Development, University of Minnesota
 Minneapolis, MN
- 1998 Bachelor of Arts in Psychology and Philosophy
 University of Georgia
 Athens, GA

ADMINISTRATIVE POSITIONS

- 2021-present Associate Dean
 Graduate School
 University of Georgia
- 2017-2021 Graduate Coordinator
 Department of Psychology
 University of Georgia

ACADEMIC POSITIONS

- 2022-present Professor
 Department of Psychology
 Clinical Psychology and Brain & Behavioral Sciences Programs
 University of Georgia

2014-2022 Associate Professor
Department of Psychology
Clinical Psychology and Brain & Behavioral Sciences Programs
University of Georgia

2008-2014 Assistant Professor
Department of Psychology
Clinical Psychology and Brain & Behavioral Sciences Programs
University of Georgia

PROFESSIONAL LICENSURE

Clinical Psychologist, State of Georgia (License #3421)

ACADEMIC HONORS, AWARDS, FELLOWSHIPS

Southeastern Conference Academic Leadership Development Program (2024-2025)

UGA Women's Leadership Fellow (2022-2023)

Selected Participant Leader, Leadership Institute for Women in Psychology (13th cohort),
American Psychological Association (2021)

UGA Teaching Academy, Inducted Member (2019), Executive Committee (2022-present)

Distinguished Scholar, Owens Institute of Behavioral Research, UGA (2019-present)

Faculty Excellence in Diversity Leadership Award, Franklin College of Arts and Science, UGA
(2019)

UGA McCoy-Hutchinson Graduate Mentoring Academy, Invited Member (2019-present)

Senior Teaching Fellow, UGA Center for Teaching and Learning (2019-20)

Future Leaders Program, UGA Office of Faculty Affairs (2018)

Innovations in Franklin College Multicultural Curriculum Award (2017)

UGA Faculty Leadership Institute (2017)

UGA Graduate School Mentorship Award Finalist (2016) and Nominee (2010)

Writing Fellow, UGA Center for Teaching and Learning (2015-16)

Graduate Faculty Teaching Award, Department of Psychology, University of Georgia (2016,
2012, 2011)

Clinical Psychology Program Teaching Award, University of Georgia Faculty Award (2021,
2015, 2013)

Clinical Psychology Program Clinical Supervision Award, University of Georgia Faculty Award
(2014, 2013)

Clinical Psychology Program Mentorship Award, University of Georgia Faculty Award (2010)

Clinical Psychology Program Research Award, University of Georgia Faculty Award (2011)

Outstanding Contribution to the Clinical Psychology Program, University of Georgia Faculty
Award (2009)

Child Intervention Prevention & Service (CHIPS) Fellowship, National Institute of Mental
Health (2010-11)

National Science Foundation Graduate Research Fellowship (2003-06)

PROFESSIONAL, EDITORIAL, AND PEER REVIEW ACTIVITIES

Journal Review

Editorial Board, *Journal of Applied Developmental Psychology*, 2021-present

Associate Editor, *Journal of Child and Family Studies*, 2014-2020

Editorial Board, *Research on Child and Adolescent Psychopathology* (formerly *Journal of Abnormal Child Psychology*), 2017-2021

Mentor, Student Editorial Board, *Child Maltreatment*, 2019-2021

Ad hoc Reviewer: *Child Development*; *Developmental Psychology*; *Development and Psychopathology*; *Journal of Family Psychology*; *Social Development*; *Child Maltreatment*; *Child Abuse & Neglect*; *PLOS One*; *Journal of Child Psychology and Psychiatry*; *International Journal of Behavior Development*; *Journal of Research on Adolescence*; *Behavior Therapy*; *Social Development*; *Journal of Affective Disorders*; *Journal of Clinical Child and Adolescent Psychology*; *Journal of Interpersonal Violence*; *Children and Youth Services Review*; *Journal of Family Violence*; *Journal of Aggression, Maltreatment, & Trauma*; *Early Childhood Research Quarterly*

Grant Review

Grant proposal reviewer, Effectiveness of Mental Health Interventions Study Section, National Institute of Mental Health (September 2022; March 2024)

Reviewer/Temporary member for Psychosocial Development, Risk, and Prevention Study Section, National Institutes of Health (October 2021; June 2022)

Grant proposal reviewer for Israeli Science Foundation, Individual Research Grants (2018)

Grant proposal reviewer for U.S. Department of Health and Human Services, Administration on Children and Families, Office of Planning, Research and Evaluation (2011)
Early Head Start University Partnership Grants: Buffering Children from Toxic Stress

Conference Review

Reviewer for Parenting & Parent-Child Relationships Panel for Biennial Meeting of Society for Research in Child Development (2021, 2019)

Reviewer for Social, Emotional, Personality Panel for Biennial Meeting of Society for Research in Child Development (2017)

Reviewer for Parenting & Development: Adolescence Panel for Biennial Meeting of Society for Research in Child Development (2013)

Professional Service

Secretary, APA Division 37 Section on Child Maltreatment (2020-2022)

PUBLICATIONS: JOURNAL ARTICLES

*denotes graduate student co-author

**denotes undergraduate student co-author

74. *La Barrie, D. L., *Gallegos, D., **Shaffer, A.**, & Caughy, M. (advance online publication). More than a Sponge: Latinx Youths' Active Role in Discussions of Discrimination. *Cultural Diversity and Ethnic Minority Psychology*. [10.1037/cdp0000753](https://doi.org/10.1037/cdp0000753)
73. *St. Pe, F. A., Stevens, K. S., Odar Stough, C., **Shaffer, A.**, & Aarnio-Peterson, C. (2025). Mealtime Challenges from the Perspectives of Adolescents with Anorexia Nervosa and Atypical Anorexia Nervosa and their Caregivers Enrolled in Family-Based Treatment. *Eating Behaviors*, 56, 101947. <https://doi.org/10.1016/j.eatbeh.2025.101947>
72. *Rodriguez, V. J., *Zegarac, M. C., *Brumbaugh, T. S., *La Barrie, D. L., *Terry, J. B., & **Shaffer, A.** (2025). Parental depressive symptoms and child psychopathology: indirect effects of parenting-specific emotion regulation and emotion socialization. *Family Relations*, 74, 481-499. <http://doi.org/10.1111/fare.13095>
71. *Rodriguez, V. J., **Shaffer, A.**, & Parent, J. (2025). Revision of the Multidimensional Assessment of Parenting Scale (MAPS) in an ethnoracially diverse national sample. *Journal of Family Psychology*, 39, 107-120. <https://doi.org/10.1037/fam0001271>
70. *Zegarac, M. C., **Shaffer, A.**, *Rodriguez, V. J., *La Barrie, D. L., & Brown, G. L. (2024). Paternal perceptions of maternal essentialism and parenting self-efficacy during the transition to parenthood: An exploratory study. *Journal of Child and Family Studies*, 33, 2415-2424. <https://doi.org/10.1007/s10826-024-02872-5>
69. *Hale, M. E., *Morrow, K., Xu, J., Han, Z. R., Oshri, A., **Shaffer, A.**, Caughy, M. O., & Suveg, C. (2024). RSA Instability in Mothers in Mothers of Adolescents is Related to Depressive Symptoms and Supportive Parenting. *Developmental Psychobiology*, 66, e22513. DOI: 10.1002/dev.22513.
68. Aarnio-Peterson, C., Le Grange, D., Mara, C., Modi, A., North, E., *Zegarac, M., Stevens, K., Matthews, A., Mitan, L., & **Shaffer, A.** (2024). Emotion coaching skills as an augmentation to family-based therapy for adolescents with anorexia nervosa: A pilot effectiveness study with families with high expressed emotion. *International Journal of Eating Disorders*, 57, 682-694. <https://doi.org/10.1002/eat.24149>
67. Aarnio-Peterson, C. M., Mara, C., Modi, A., Matthews, A., Le Grange, D., & **Shaffer, A.** (2023). Augmenting Family Based Treatment for adolescents with Anorexia Nervosa and Atypical Anorexia Nervosa: Trial design and methodological report. *Contemporary Clinical Trials Communications*, 33, 101118.
66. *Rodriguez, V.J., *Cadet, G.D.J., Sistisky, M., Cooley, C., Acosta, J., Coles, E., Charity-

- Parker, B., Walters, A., **Shaffer, A.**, and Parent, J. (2023). Assessing parenting in racially and ethnically diverse families: A lack of measurement equivalence. *Journal of Family Psychology*, *37*, 753-762. <https://doi.org/10.1037/fam0001095>
65. *Rodriguez, V. J., *La Barrie, D. L., *Zegarac, M., & **Shaffer, A.** (2023). A systematic review of parenting scales measurement invariance/equivalence by race and ethnicity: Recommendations for inclusive parenting research. *Assessment*, *30*, 22-36.
64. **Shaffer, A.**, *Rodriguez, V. J., Kolko, D. J., Pilkonis, P. A., & Lindhiem, O. J. (2022). Measurement invariance in the Alabama Parenting Questionnaire: Implications for culturally inclusive parenting research. *Journal of Family Issues*, *43*, 2040-2062. <https://doi.org/10.1177/0192513X211030022>
63. Obradović, J., Sulik, M. J., & **Shaffer, A.** (2021). Learning to let go: Parental over-engagement predicts poorer self-regulation in kindergarteners. *Journal of Family Psychology*, *35*, 1160-1170. DOI: 10.1037/fam0000838
62. *Rodriguez, V. J., *Are, F., *Madden, A., **Shaffer, A.**, & Suveg, C. (2021). Intergenerational transmission of childhood maltreatment mediated by maternal emotion dysregulation. *Journal of Child and Family Studies*, *30*, 2068-2075. <https://doi.org/10.1007/s10826-021-02020-3>
61. *West, K., **Shaffer, A.**, Wickrama, K. A. S., Han, Z. R., & Suveg, C. (2021). Preschoolers' dynamic respiratory sinus arrhythmia (RSA) change during a challenging parent-child interactive task: relations with preschoolers' socioemotional health. *Developmental Psychobiology*, *63*, 1132-1145. DOI:10.1002/dev.22054
60. *Rodriguez, V. J., & **Shaffer, A.** (2021). Validation of the Regulating Emotions in Parenting Scale (REPS): Factor structure and measurement invariance. *Journal of Family Psychology*, *35*, 468-477. DOI: 10.1037/fam0000808
59. *Rea, H. M., Factor, R. S., **Kao, W., & **Shaffer, A.** (2020). A meta-analytic review of the Five Minute Speech Sample as a measure of family emotional climate for youth: relations with internalizing and externalizing symptomatology. *Child Psychiatry & Human Development*. <https://doi.org/10.1007/s10578-020-00964-z>
58. *Rodriguez, V., **Shaffer, A.**, Lee, T. K., Peltzer, K., Weiss, S. M., & Jones, D. L. (2020). Psychological and physical intimate partner violence and maternal depressive symptoms during the pre- and post-partum period among women living with HIV in rural South Africa. *Journal of Family Violence*, *35*, 73-83. DOI: 10.1007/s10896-018-0027-8
57. *Rodriguez, V. J., **Shaffer, A.**, *Are, F., *Madden, A., Jones, D.L., & Kumar, M. (2019). Identification of differential item functioning by race and ethnicity in the Childhood Trauma Questionnaire. *Child Abuse & Neglect*, *94*, 10430. <https://doi.org/10.1016/j.chiabu.2019.104030>

56. **Shaffer, A.**, Fitzgerald, M. M., Shipman, K. L., & Torres, M. (2019). Let's Connect: A developmentally driven emotion-focused parenting intervention. *Journal of Applied Developmental Psychology, 63*, 33-41. <https://doi.org/10.1016/j.appdev.2019.05.007>
55. *Madden, A., & **Shaffer, A.** (2019). Childhood emotional abuse and young adulthood dating violence: the moderating role of stress reactivity. *Journal of Aggression, Maltreatment, & Trauma, 28*, 334-349. <https://doi.org/10.1080/10926771.2018.1440452>
54. *Loucks, L. A., van Dellen, M., & **Shaffer, A.** (2019). Childhood emotional maltreatment and psychological aggression in young adult dating relationships: the moderating role of emotion communication. *Journal of Social and Personal Relationships, 36*, 289-304. <https://doi.org/10.1177/0265407517729224>
53. *Madden, A., *Are, F., *Rea, H., Thomassin, K., & **Shaffer, A.** (2018). Perceived negative peer relationships moderate the association between childhood emotional abuse and nonsuicidal self-injury. *Journal of Child and Family Studies, 27*, 3994-4000. <https://doi.org/10.1007/s10826-018-1230-1>
52. *Peterson, C., Peugh, J., *Loucks, L., & **Shaffer, A.** (2018). Emotional maltreatment in family of origin and young adult romantic relationship satisfaction: A dyadic data analysis. *Journal of Social and Personal Relationships, 35*, 872-888. DOI: 10.1177/0265407517700300.
51. **Shaffer, A.**, *Whitehead, M., *Davis, M., Morelen, D., & Suveg, C. (2018). A model-based cluster analysis of maternal emotion regulation and relations to parenting behavior. *Family Process, 57*, 707-718. DOI: 10.1111/famp.12326
50. Thomassin, K., Quint, E., Sezlik, S., & **Shaffer, A.** (2017). Profiles of emotion deficits and adolescent nonsuicidal self-injury in an inpatient sample. *Journal of Research on Adolescence, 27*, 752-764. DOI: 10.1111/jora.12312
49. Thomassin, K., Marion, C. G., Venasse, M., & **Shaffer, A.** (2017). Specific coping strategies moderate the link between emotion expression deficits and nonsuicidal self-injury in an inpatient sample of adolescents. *Child and Adolescent Psychiatry and Mental Health, 11:21*. DOI 10.1186/s13034-017-0158-3
48. *Davis, M., Thomassin, K., *Bilms, J., Suveg, C., **Shaffer, A.**, & Beach, S. R. H. (2017). Preschoolers' genetic, physiological, and behavioral sensitivity factors moderate links between parenting stress and internalizing, externalizing, and sleep problems. *Developmental Psychobiology, 59*, 473-485. DOI: 10.1002/dev.21510
47. **Shaffer, A.**, & Obradović, J. (2017). Unique contributions of emotion regulation and executive functions in predicting the quality of parent-child interaction behaviors. *Journal of Family Psychology, 31*, 150-159. DOI: 10.1037/fam0000269
46. **Shaffer, A.**, Lindhiem, O., & Kolko, D. J. (2017). Treatment effects of a primary-care

- intervention on parenting behaviors: sometimes it's relative. *Prevention Science*, 18, 305-311. DOI: 10.1007/s11121-016-0689-5
45. Lindhiem, O., & **Shaffer, A.** (2017). Current directions for measuring parenting constructs to inform prevention science. *Prevention Science*, 18, 253-356. DOI: 10.1007/s11121-016-0724-6
Guest editorial for special series
44. *Lamkin, J., Lavner, J., & **Shaffer, A.** (2017). Narcissism and observed communication in couples. *Personality and Individual Differences*, 105, 224-228. DOI: 10.1016/j.paid.2016.09.046
43. *McCullough, C., *Han, R. Z., *Morelen, D., & **Shaffer, A.** (2017). The moderating effects of maternal age at childbirth and emotion dysregulation on the intergenerational continuity of emotionally unsupportive parenting behaviors. *Journal of Family Issues*, 38, 948-971. DOI: 10.1177/0192513X15597290
42. **Bornstein, J., van Dellen, M., & **Shaffer, A.** (2017). Examining trait self-control and communication patterns in romantic couples using the Actor-Partner Interaction Model. *Personality and Individual Differences*, 106, 222-225. DOI: 10.1016/j.paid.2016.11.002
41. *Rea, H., & **Shaffer, A.** (2016). Expressed emotion in mothers of school-age children: relations to maternal maltreatment and parenting behavior. *Journal of Child and Family Studies*, 25, 3749-3759. DOI: 10.1007/s10826-016-0500-z
40. *Morelen, D., **Shaffer, A.**, & Suveg, C. (2016). Maternal emotion regulation: Links to emotion parenting and child emotion regulation. *Journal of Family Issues*, 37, 1891-1916. DOI: 10.1177/0192513X14546720
39. *Peterson, C., Fischer, S., *Loiselle, K., & **Shaffer, A.** (2016). Family based therapy with adjunctive parent emotion coaching in an adolescent male with anorexia nervosa. *Clinical Case Studies*, 15, 409-423. DOI: 10.1177/1534650116664586
38. *Are, F., & **Shaffer, A.** (2016). Family emotion expressiveness mediates the relations between maternal emotion regulation and child emotion regulation. *Child Psychiatry and Human Development*, 47, 708-715. DOI 10.1007/s10578-015-0605-4
37. Thomassin, K., **Shaffer, A.**, *Madden, A., & Londino, D. (2016). Specificity of childhood maltreatment and emotion deficit in nonsuicidal self-injury in an inpatient sample of youth. *Psychiatry Research*, 244, 103-108. DOI:10.1016/j.psychres.2016.07.050
36. *Madden, A., & **Shaffer, A.** (2016). The relation between parentification and dating communication. *The Family Journal*, 24, 313-318. DOI: 10.1177/1066480716648682
35. *Davis, M., Suveg, C., Whitehead, M., Jones, A., & **Shaffer, A.** (2016). Preschoolers' psychophysiological responses to mood induction tasks moderate the intergenerational

transmission of internalizing problems. *Biological Psychology*, 117, 159-169.
DOI:10.1016/j.biopsycho.2016.03.015

34. Suveg, C., **Shaffer, A.**, & *Davis, M. (2016). Family stress moderates relations between physiological and behavioral synchrony and child self-regulation in mother-preschooler dyads. *Developmental Psychobiology*, 58, 83-97. DOI 10.1002/dev.21358
33. **Meller, S., **Kuperman, K., *McCullough, C., & **Shaffer, A.** (2016). Adverse effects of maternal childhood emotional maltreatment on child behavioral outcomes. *Journal of Aggression, Maltreatment, and Trauma*, 25, 127-144. DOI: 10.1080/10926771.2016.1101034
32. *Davis, M., Suveg, C., & **Shaffer, A.** (2015). Maternal positive affect mediates the link between family risk and preschoolers' positive affect. *Child Psychiatry and Human Development*, 46, 167-175. DOI: 10.1007/s10578-014-0516-9
31. *Davis, M., Suveg, C., & **Shaffer, A.** (2015). The value of a smile: Child positive affect moderates relations between self-reported and physiological maternal emotion dysregulation and child adjustment problems. *Journal of Child and Family Studies*, 24, 2441-2452. DOI: 10.1007/s10826-014-0047-9
30. *Baggett, E., **Shaffer, A.**, & **Muetzelfeld, H. (2015). Father-daughter parentification and young adult romantic relationships among college women. *Journal of Family Issues*, 36, 760-783. DOI: 10.1177/0192513X13499759.
29. *Loucks, L. A., & **Shaffer, A.** (2014). Joint relation of intimate partner violence and parenting stress to observed emotionally unsupportive parenting behavior. *Couples and Family Psychology: Research and Practice*, 3, 178-192.
28. *Han, R., & **Shaffer, A.** (2014). Parental expressed emotion in relation to child behavior problems: differential and mediating effects. *Journal of Child and Family Studies*, 23, 1491-1500.
27. *McCullough, C., *Harding, H., **Shaffer, A.**, *Han, R. Z., *Bright, M. (2014). Intergenerational continuity of risky parenting: a person-oriented approach to assessing parenting behaviors. *Journal of Family Violence*, 29, 409-418.
26. *McCullough, C., & **Shaffer, A.** (2014). Maternal depressive symptoms and child externalizing problems: moderating effects of emotionally maltreating parenting behaviors. *Journal of Child and Family Studies*, 23, 389-398.
25. Lindhiem, O., **Shaffer, A.**, & Kolko, D. J. (2014). Quantifying discipline practices: A comparison of methods. *Journal of Interpersonal Violence*, 29, 66-81. DOI: 10.1177/0886260513504650
24. **Shaffer, A.**, Lindhiem, O., & Kolko, D. J. (2013). Treatment effects of a modular

intervention for early-onset child behavior problems on family contextual outcomes. *Journal of Emotional and Behavioral Disorders*, 21, 277-288. DOI: 10.1177/1063426612462742

23. *Han, R. Z., & **Shaffer, A.** (2013). The relation of parental emotion regulation to children's psychopathology symptoms: the moderating role of child emotion dysregulation. *Child Psychiatry and Human Development*, 44, 591-601.
22. *Jacob, M., Suveg, C., & **Shaffer, A.** (2013). Developmentally sensitive behavioral treatment of a four-year-old, Korean girl with selective mutism. *Clinical Case Studies*, 12, 335-347. DOI: 10.1177/1534650113492997.
21. **Shaffer, A.**, Lindhiem, O., Kolko, D. J., & Trentacosta, C., (2013). Examination of bidirectional effects between parenting practices and child externalizing behavior: A cross-lagged panel analysis in the context of a psychosocial treatment and 3-year follow-up. *Journal of Abnormal Child Psychology*, 41, 199-210. DOI: 10.1007/s10802-012-9670-3
20. *Harding, H. G., *Morelen, D., *Thomassin, K., *Bradbury, L., & **Shaffer, A.** (2013). Exposure to maternal and paternal intimate partner violence (IPV), emotion regulation, and child outcomes. *Journal of Family Violence*, 28, 63-72. DOI: 10.1007/s10896-012-9487-4
19. **Shaffer, A.**, Suveg, C., *Thomassin, K., & *Bradbury, L. (2012). Maternal emotion socialization in the context of family risks: Links to child emotion regulation. *Journal of Child and Family Studies*, 21, 917-924.
18. *Bradbury, L., & **Shaffer, A.** (2012). Emotion dysregulation mediates the link between emotional maltreatment and romantic relationship satisfaction. *Journal of Child and Adolescent Trauma*, 21, 497-515.
17. *Morelen, D., & **Shaffer, A.** (2012). Understanding clinical, legal, and ethical issues in child emotional maltreatment. *Journal of Aggression, Maltreatment, and Trauma*, 21, 188-201.
16. **Shaffer, A.** (2012). Child maltreatment: Risk and resilience in ages birth to 5. *Child Welfare* 360, Winter, 12-13. (Invited article)
15. Suveg, C., **Shaffer, A.**, *Morelen, D., & *Thomassin, K. (2011). Links between maternal and child psychopathology symptoms: mediation through child emotion regulation and moderation through maternal behavior. *Child Psychiatry and Human Development*, 42, 507-520.
14. **Shaffer, A.**, & Egeland, B. (2011). Intergenerational transmission of familial boundary dissolution: Observations and psychosocial outcomes in adolescence. *Family Relations*, 60, 290-302.

13. **Shaffer, A.**, Burt, K., Obradović, J., Herbers, J., & Masten, A. S. (2009). Intergenerational continuity in parenting quality: the mediating role of social competence. *Developmental Psychology, 45*, 1227-1240.
12. Owen, A., Thompson, M., **Shaffer, A.**, Jackson, E. B., & Kaslow, N. J. (2009). Family variables that mediate the relation between intimate partner violence and child adjustment. *Journal of Family Violence, 24*, 433-445.
11. **Shaffer, A.**, Yates, T. M., & Egeland, B. (2009). The relation of emotional maltreatment to self-esteem and peer competence in early adolescence: Developmental processes in a prospective study. *Child Abuse & Neglect, 33*, 36-44.
10. **Shaffer, A.**, Huston, L., & Egeland, B. (2008). Identification of child maltreatment using prospective and retrospective methodologies: a comparison of maltreatment incidence and relations to later psychopathology. *Child Abuse & Neglect, 32*, 682-692.
9. Forehand, R., Armistead, L., Long, N., Wyckoff, S. C., Kotchick, B. A., Whitaker, D., **Shaffer, A.**, Greenberg, A., Murry, V., Jackson, L. C., Kelly, A., McNair, L., Dittus, P., Lin, C., & Miller, K. (2007). Efficacy of a family-based youth sexual risk prevention program for parents of African American pre-adolescents: a randomized controlled design. *Archives of Pediatrics & Adolescent Medicine, 161*, 1123-1129.
8. **Shaffer, A.**, & Sroufe, L. A. (2005). The developmental and adaptational implications of generational boundary dissolution: Findings from a prospective, longitudinal study. *Journal of Emotional Abuse, 5*, 67-84.
7. Back, S., Jackson, J. L., bin Osman, M. M., Fitzgerald, M. M., **Shaffer, A.**, & Salstrom, S. (2003). Characteristics of child sexual and physical abuse in Singapore and the United States. *Child Abuse & Neglect, 27*, 1225-1275.
6. Jones, D. J., **Shaffer, A.**, Forehand, R., Brody, G., & Armistead, L. P. (2003). Coparent conflict in single mother-headed African American families: Do parenting skills serve as a mediator or moderator of child psychosocial adjustment? *Behavior Therapy, 34*, 259-272.
5. **Shaffer, A.**, Forehand, R., Kotchick, B. A., and the Family Health Project Research Group (2002). A longitudinal examination of correlates of depressive symptoms among inner-city African American children and adolescents. *Journal of Child and Family Studies, 11*, 151-164.
4. Whealin, J., Davies, S., **Shaffer, A.**, Jackson, J. L. & Love, L. (2002). Family context and childhood adjustment associated with intrafamilial unwanted sexual attention. *Journal of Family Violence, 17*, 151-165.
3. Kotchick, B. A., **Shaffer, A.**, Miller, K. S. & Forehand, R. (2001). Adolescent sexual risk behavior: A multi-system perspective. *Clinical Psychology Review, 21*, 493-519.

2. **Shaffer, A.**, Kotchick, B. A., Dorsey, S. & Forehand, R. (2001). The past, present, and future of behavioral parent training: Interventions for child and adolescent problem behavior. *Behavior Analyst Today*, 2, 91-105.
1. **Shaffer, A.**, Jones, D. J., Kotchick, B. A., Forehand, R., Armistead, L., Morse, E., & Morse, P. S. (2001). Telling the children: Disclosure of maternal HIV infection and its effects on child psychosocial adjustment. *Journal of Child and Family Studies*, 10, 301-313.

PUBLICATIONS: EDITED BOOK CHAPTERS

**denotes graduate student co-author*

11. **Shaffer, A.**, Zhu, D., *Terry, J. B, Navarro, S., & Dunsmore, J. C. (2025). Emotion socialization in family relationships: current research directions and applications to intervention. In Overall, N., Simpson, J., & Lavner, J. (Eds.), *Research Handbook on Couple and Family Relationships* (pp. 186-201). Edward Elgar Publishing. <https://doi.org/10.4337/9781035309269>
10. **Shaffer, A.**, *Zegarac, M., & Aarnio-Peterson, C. (2023). Leveraging emotion socialization research: innovative prevention and treatment for vulnerable families. In C. Shenk (Ed.), *Innovative methods in child maltreatment research and practice* (pp. 179-197). London, UK: Springer Nature.
9. Obradović, J., **Shaffer, A.**, & Masten, A. S. (2012). Adversity and risk in developmental psychopathology: progress and future directions. In L. C. Mayes & M. Lewis (Eds.), *A developmental environment measurement handbook* (pp. 35-57). New York: Cambridge University Press.
8. Forehand, R., Kotchick, B. A., **Shaffer, A.**, & McKee, L. G. (2010). Parent management training. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini encyclopedia of psychology* (4th ed., pp. 1156-1157). Hoboken, NJ: John Wiley & Sons.
7. **Shaffer, A.**, Egeland, B., & Wang, K. (2010). Risk and resilience among children referred to protective services: A longitudinal investigation of child well-being in multiple domains. In M. B. Webb, K. Dowd, B. Jones Harden, J. Landsverk, & M. Testa (Eds.), *Child welfare and child well-being: New perspectives from the National Survey of Child and Adolescent Well-Being* (pp. 83-106). Oxford, UK: Oxford University Press.
6. **Shaffer, A.** & Yates, T. M. (2010). Identifying and understanding risk factors and protective factors in clinical practice. In M. T. Compton (Ed.), *Clinical Manual of Prevention Principles in Mental Health* (pp. 29-48). Arlington, VA: American Psychiatric Publishing.
5. **Shaffer, A.**, Coffino, B., Boelcke-Stennes, K., & Masten, A. S. (2007). From urban girls to resilient women: Studying adaptation across development in the context of adversity. In B. Leadbeater & N. Way (Eds.), *Urban girls: Volume 2: Building strengths*. New York: New York University Press.

4. Masten, A. S. & **Shaffer, A.** (2006). How families matter in child development: Reflections from research on risk and resilience. In A. Clarke-Stewart & J. Dunn (Eds.), *Families count: Effects on child and adolescent development* (pp. 5-25). Cambridge, UK: Cambridge University Press.
3. **Shaffer, A.** & Sroufe, L. A. (2005). The developmental and adaptational implications of generational boundary dissolution: Findings from a prospective, longitudinal study. In P. K. Kerig (Ed.), *Implications of parent-child boundary dissolution for developmental psychopathology: Who is the parent and who is the child?* (pp. 67-84). Binghamton, NY: Haworth Maltreatment & Trauma Press.
2. Forehand, R., Kotchick, B.A., & **Shaffer, A.** (2004). Parent management training. In W.E. Craighead & C.B. Nemeroff (Eds.), *Concise Corsini Encyclopedia of Psychology and Behavioral Sciences*, (3rd ed.). New York: Wiley.
1. Kotchick, B. A., **Shaffer, A.**, Dorsey, S. & Forehand, R. (2004). Parenting antisocial children and adolescents. In M. Hoghughli & N. Long, (Eds.), *Handbook of parenting: Theory and research for practice* (pp. 256-275). Thousand Oaks: SAGE Publications.

EXTRAMURAL RESEARCH: UNDER REVIEW/PENDING

None

EXTRAMURAL RESEARCH: FUNDED AWARDS

- 2022 *Learning-Relevant Emotion Socialization: Validation of a Novel Questionnaire Measure for Mothers and Fathers from Diverse Racial/Ethnic Backgrounds in the United States*
 Funding Mechanism: R21 Exploratory/Developmental Research Grant, Eunice Kennedy Shriver National Institute of Child Health and Development, National Institutes of Health, R21HD107256
 Role: Consultant (PI: Jelena Obradović, Stanford University)
 Status: Funded, 2022-2025 (2nd no-cost extension)
- 2021 *Revision and Validation of the Multidimensional Assessment of Parenting Scale (MAPS) in a Racially and Ethnically Diverse National Sample*
 Funding Mechanism: R36 Mental Health Research Dissertation Grant to Enhance Workforce Diversity, National Institute of Mental Health, National Institutes of Health, R36MH127838
 Role: Primary Mentor (PI/Doctoral Student: Violeta Rodriguez, University of Georgia)
 Status: Funded, 2021-2023
- 2021 *Validation of the Regulating Emotions in Parenting Scale (REPS) in a National Sample*
 Funding Mechanism: R21 Exploratory/Developmental Research Grant, Eunice Kennedy Shriver National Institute of Child Health and Development, National Institutes of Health R21HD104149
 Role: Principal Investigator
 Status: Funded, \$251,853 total costs, 2021-2025 (2nd no-cost extension)

- 2018 *Emotion coaching skills as an augmentation to Family Based Therapy for adolescents with Anorexia Nervosa: A pilot study*
Role: Principal investigator of sub-award to UGA (Project PI: Claire Aarnio-Peterson, Cincinnati Children's Hospital and Medical Center)
Funding Mechanism: R34 Pilot Intervention and Services Research Grant, National Institute of Mental Health, National Institutes of Health, R34MH115897
Status: Funded, \$739,287 total costs (\$153,835 sub-award), 2019-2021
- 2006 *National Study of Child and Adolescent Well-Being, Wave 4 Outcomes*
Funding Agency: Administration on Children & Families; Research Triangle Institute
Role: Consultant
Status: Funded (\$30,000, direct costs)

EXTRAMURAL RESEARCH: ADVISORY GROUPS

- 2022 T32 Predoctoral Training Grant in Genetics
Role: Advisory Committee (PIs: Kelly Dyer, PhD., Mary Goll, Ph.D., University of Georgia)
Funding Mechanism: T32 Predoctoral Training Grant, National Institute of General Medical Sciences, National Institutes of Health, T32GM14263
Status: Funded (\$3,564,150, direct costs), 2022-2027
- 2020 *Project NaviGate: Connecting Georgia to Substance Use and HIV Prevention*
Role: Advisory Board Member (PI: Isha Metzger, Ph.D., University of Georgia)
Funding Mechanism: SAMHSA Substance Abuse and HIV Prevention Navigator Program for Racial/Ethnic Minorities
Status: Funded, \$998,669 total costs, 2020-2025

EXTRAMURAL RESEARCH: UNFUNDED SUBMISSIONS

- 2023 Emotion coaching as an adjunct to family-based treatment for adolescents with anorexia nervosa: A randomized controlled trial
Funding Mechanism: R01 Research Project Grant, National Institute of Mental Health, National Institutes of Health
Role: Co-Investigator (PI: Claire Aarnio-Peterson, Cincinnati Children's Hospital and Medical Center)
Status: Not funded
- 2020 *Innovation in Treating Interpersonal and Racial Trauma for African American Youth: A Web-Based TF-CBT Platform Integrating Racial Socialization*
Funding Mechanism: DP2 NIH Director's New Innovator Award, National Institutes of Health
Role: Consultant (PI: Isha Metzger, Ph.D., University of Georgia)
Status: Not funded
- 2017 *Emotion coaching skills as an augmentation to Family Based Therapy for adolescents with Anorexia Nervosa: A pilot study*

Role: Principal investigator of subcontract to UGA (Project PI: Claire Aarnio-Peterson, Ph.D., Cincinnati Children's Hospital and Medical Center)
Funding Mechanism: R34 Pilot Intervention and Services Research Grant, National Institute of Mental Health, National Institutes of Health
Status: Scored, not funded

2013 *AFFECT: Parent Emotion Communication Training to Prevent Child Psychopathology*
Role: Principal Investigator
Funding Mechanism: R34 Pilot Intervention and Services Research Grant, National Institute of Mental Health, National Institutes of Health
Status: Not funded

2011 *AFFECT: A Strategic Enhancement to Evidence-Based Trauma Treatment for Children and Families*
Role: Principal investigator of subcontract to UGA (Project PI: Kimberly Shipman, Ph.D., Kempe Center, University of Colorado-Denver)
Funding Mechanism: R34 Pilot Intervention and Services Research Grant, National Institute of Mental Health, National Institutes of Health
Status: Not funded

2010 *Linking Cessation & Prevention to Stop Intergenerational Transmission of Smoking*
Role: Consultant
Funding Mechanism: R01 Research Project Grant, National Cancer Institute, National Institutes of Health
Status: Not funded

INTRAMURAL RESEARCH FUNDING

2018 *Intensive parenting beliefs in the transition to parenthood: effects on parent mental and physical health, co-parenting relationships, and father involvement.*
Role: Principal investigator (Co-Is: Geoffrey Brown, Ph.D., Katherine Ehrlich, Ph.D.)
Funding mechanism: Pilot grant awarded by the Clinical and Translational Research Unit at UGA, supported by the National Center for Advancing Translational Sciences of the National Institutes of Health under Award Number UL1TR002378
Status: Funded (\$19,448 direct costs)

2017 *Intensive parenting beliefs in the transition to parenthood: Effects on parent mental health, coparenting relationships, and father involvement*
Role: Principal Investigator (Co-I: Geoffrey Brown, Ph.D.)
Funding Mechanism: Seed Grant, UGA Owens Institute of Behavioral Research
Status: Funded (\$10,000 direct costs)

2017 *Parent-Child Relationships across Students' Transitions to College*
Role: Co-Principal Investigator (Co-PI: Katherine Ehrlich, Ph.D.)
Funding Mechanism: University of Georgia Student Affairs Faculty Research Grant
Status: Funded (\$4600 direct costs)

- 2010 *Behavioral and physiological mother-child synchrony in relation to genetic risk in a preschool sample*
Role: Co-Principal Investigator (Co-PI: Cynthia Suveg, Ph.D.)
Funding Mechanism: Sub-award of National Institute on Drug Abuse (P30 DA027827)
Parent Grant awarded to the University of Georgia Center for Contextual Genetics and Prevention Science
Status: Funded (\$34,667 direct costs)
- 2010 *Mutual Reactivity in Mother-Child Dyads: Links to Preschoolers' Socioemotional Functioning*
Role: Co-Principal Investigator (Co-PI: Cynthia Suveg, Ph.D.)
Funding Mechanism: Seed Grant, Institute for Behavioral Research, University of Georgia
Status: Funded (\$6,244 direct costs)
- 2009 *A feasibility study to pilot the implementation of an emotion-focused parenting intervention*
Role: Principal Investigator
Funding Mechanism: University of Georgia Research Foundation, Faculty Seed Grant
Status: Funded (\$7,236.15, direct costs)

INVITED TALKS AND PRESENTATIONS

Plenary session (March 2022), "Supporting Graduate Student Mental Health and Well-Being." Presented at the UGA Academic Affairs Teaching Symposium.

Invited talk (September 2021), "Leveraging emotion socialization research to innovative prevention and intervention programming for vulnerable families." Presented at the Child Maltreatment Solutions Network Annual Conference at Penn State University: Innovative Methods in Child Maltreatment Research: The Latest Approaches for Improving Detection and Intervention.

Grand Rounds presentation; Medical College of Georgia at Augusta University, Department of Psychiatry and Health Behavior (October 2020): "Emotion communication in families: Application to parenting interventions with children and adolescents."

Parent Interest Group presentations (November 2021, April 2016), McPhaul Center Child Development Lab, "Communicating with children about big emotions."

Grand Rounds presentation (Sept. 2015); Athens Area Psychological Association, "Evidence-based interventions for parenting: What's new and what's still a pretty good idea."

Clinical presentation (Sept. 2015): UGA Education Program, "Adolescent self-injury: What it is and what to do about it."

Parent Night presentation (Oct. 2013), "Talking with Children about Emotions," Morgan County Primary School

NATIONAL/INTERNATIONAL CONFERENCE PAPER PRESENTATIONS

*denotes student co-author

†served as symposium chair

- Obradović, J., Sulik, M., & **Shaffer, A.** (2025, May). *Learning-Related Emotion Socialization: Validation of a Novel Survey Measure with Diverse Mothers and Fathers in the United States*. Paper presented at the Jean Piaget Society annual conference, Belgrade, Serbia.
- *La Barrie, D.L., Galvan, T., Caughy, M.O., & **Shaffer, A.** (2025, May). *Ethnic-racial socialization across multiple non-parental agents: A systematic review*. Paper presented at the Society for Research in Child Development, Minneapolis, MN.
- *La Barrie, D.L., Gallegos, D., **Shaffer, A.**, & Caughy, M. (2023, March). *More than a sponge: Latinx youth's active role in discussions of discrimination*. Paper presented at the Society for Research in Child Development, Salt Lake City, UT.
- Peterson, C. M., **Shaffer, A.**, Mara, C. M., Modi, A. C., *Zegarac, M., Beckmann, E., Offenbacher North, E., Kramer, R., Matthews, A. M., Mitan, L. A., & Le Grange, D. (2022, August). *Emotion coaching as an augmentation to family-based treatment for adolescents with anorexia nervosa: Preliminary data*. Paper presented at the International Conference on Eating Disorders, 2022 virtual meeting.
- Peterson, C.M., **Shaffer, A.**, Mara, C. M., Modi, A. C., *Zegarac, M., Heeman, A., Matthews, A. M., Mitan, L. A., & Le Grange, D. (2021, June). *Emotion coaching as an augmentation to family-based treatment for adolescents with anorexia nervosa: Acceptability and feasibility pilot*. Paper presented at the International Conference on Eating Disorders, 2021 virtual meeting.
- *Rodriguez, V.J., *La Barrie, D.L., *Zegarac, M.C., & **Shaffer, A.** (2021, May). *A systematic review of the literature on measurement invariance/equivalence of parenting scales by race and ethnicity: Recommendations for inclusive parenting research*. Flash talk presented at the 33rd Annual Convention for the Association for Psychological Science, virtual meeting.
- *Zegarac, M., †**Shaffer, A.**, Rodriguez, V. J., La Barrie, D., & Brown, G. (2021, April). *An exploration of paternal perceptions of maternal roles, parenting confidence, and fathers' engagement during the transition to parenthood*. Paper presented at the Society for Research in Child Development, virtual meeting.
- *Rodriguez, V. J., *La Barrie, D. L., *Zegarac, M. C., & **Shaffer, A.** (2021, April). *Parent psychopathology, parenting-specific emotion regulation, parents' unsupportive reactions to children's emotions, and child psychopathology: a mediated moderation model*. Paper presented at the Society for Research in Child Development, virtual meeting.
- *West, K., **Shaffer, A.**, Wickrama, K. A. S., Han, Z. R., Suveg, C. (2021, April). *Preschoolers' Dynamic Respiratory Sinus Arrhythmia (RSA) Change During A Challenging Parent-*

- Child Interactive Task: Relations with Preschoolers' Socioemotional Health*. Paper presented at the Society for Research in Child Development, virtual meeting.
- Obradović, J., Sulik, M., & †**Shaffer, A.** (2019, March). *Learning to let go: Over-engaged parenting predicts poorer child self-regulation*. Paper presented at the Society for Research in Child Development, Baltimore, MD.
- Shaffer, A.**, *Rodriguez, V., & Brown, G. (2019, March). *Intensive parenting beliefs in the transition to parenthood: relations to marital and coparenting relationships*. Paper presented at the Society for Research in Child Development, Baltimore, MD.
- †**Shaffer, A.** & Obradović, J. (2017, April). *Unique contributions of emotion regulation and executive functions in predicting parenting behavior*. Paper presented at the Society for Research in Child Development, Austin, TX.
- Thomassin, K., †**Shaffer, A.**, & *Madden, A. (2015, March). *Child maltreatment and deliberate self-harm: specificity of emotional abuse and emotion-related competencies*. Paper presented at the Society for Research in Child Development, Philadelphia, PA.
- Shaffer, A., Han, Z. R., & Are, F. (2015, March). *Cultural differences in emotion socialization: relations to parenting stress and child dysregulation in US and Chinese samples*. Paper presented at the Society for Research in Child Development, Philadelphia, PA.
- Suveg, C., **Shaffer, A.**, & *Davis, M. (2013, November). *Mother-child mutual reactivity in preschoolers experiencing emotion dysregulation: a multimethod analysis*. Paper presented at the Association for Behavioral and Cognitive Therapy, Nashville, TN.
- Shipman, K., Fitzgerald, M. F., †**Shaffer, A.**, Fauchier, A., *Loucks, L., & *Morelen, D. (2013, April). *A Family Focused Emotion Communication Training Program (AFFECT): Building Parents' Emotion Communication Skills*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- *Loucks, L., **Shaffer, A.**, & *McCullough, C. (2013, April). *Dating Violence: The Joint Effect of Emotional Maltreatment and Emotion Communication Skills*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- Shaffer, A.**, Suveg, C., *Thomassin, K., & *Bradbury, L. L. (2011, April). *Parent Emotion Socialization in the Context of Family Risks: Links to Child Emotion Dysregulation*. Paper presented at the Society for Research in Child Development, Montreal, Quebec, Canada.
- Shaffer, A.**, *Bradbury, L. L., *Baggett, E., Fitzgerald, M., & Shipman, K. (2011, April). *Psychological Control and Unsupportive Parenting in the Family Context: Identification and Prevention Implications*. Paper presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

*Bradbury, L., *Morelen, D., *Thomassin, K., & **Shaffer, A.** (2011, April). *Observed Childhood Emotional Maltreatment and Childhood Depression: The Role of Emotion Regulation*. Paper presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

Shaffer, A., Egeland, B., & Sroufe, L. A. (2009, April). *Risk and resilience among children referred to protective services*. Paper presented at the Society for Research in Child Development, Denver, CO.

†**Shaffer, A.**, Egeland, B., & Sroufe, L. A. (2008, March). *Comparing multiple types of boundary dissolution in adolescence: Relations to childhood antecedents and early adulthood outcomes*. Paper presented at the Society for Research in Adolescence, Chicago, IL.

Shaffer, A. & Obradović, J. (2007, March). *Change over time in physical health and internalizing problems among children maltreated in middle childhood and early adolescence*. Paper presented at the Society for Research in Child Development, Boston, MA.

Shaffer, A. & Yates, T. M. (2007, March). *Psychosocial adaptation among youth exposed to emotional maltreatment and interpersonal violence: Findings from a national sample*. Paper presented at the Society for Research in Child Development, Boston, MA.

Obradović, J., Masten, A. S., & **Shaffer, A.** (2005, April). *Sorting out the significance of risks, adversity, and resources in childhood for success in adulthood*. Paper presented at the Society for Research in Child Development, Atlanta, GA.

Miller, K. S., Wyckoff, S., Whitaker, D., Forehand, R., Armistead, L. P., Kotchick, B. A., Long, N., **Shaffer, A.**, Murry, V. M., Kelly, A., & Jackson, L. C. (2002, July). *Sexual thoughts, intentions, and experimentation in pre-teens*. Paper presented at the XIV International AIDS Conference, Barcelona, Spain.

Davis, H., **Shaffer, A.**, Parault, S., & Pellegrini, A. (1999, August). *Bullying and victimization in social settings: Who's who at the middle school dance?* Paper presented at the annual meeting of the American Psychological Association, Boston, MA.

NATIONAL/INTERNATIONAL CONFERENCE POSTER PRESENTATIONS

*denotes graduate student co-author

**denotes undergraduate student co-author

*Terry, J., Sinha, G. R., *Brumbaugh, T., Suveg, C., & **Shaffer, A.** (2025, May). Endorsement of Intensive Mothering Beliefs and Relations to Maternal Stress and Emotion Regulation: A Mixed Method Study. Poster presented at the Society for Research in Child Development, Minneapolis, MN.

*Zegarac, M.C., Lavner, J.A., **Shaffer, A.** (2025, May). *Childhood distress, responses to crying, and feeding to soothe among Black mothers*. Poster accepted for presentation at the Society for Research in Child Development, Minneapolis, MN, USA.

- *Brumbaugh, T., *Morrow, K., *Terry, J., Galvan, T., & **Shaffer, A.** (2025, May). *Relations between youth trauma symptoms, relationship quality, and future expectations in the child welfare system*. Poster presented at the Society for Research in Child Development, Minneapolis, MN.
- *La Barrie, D.L., & **Shaffer, A.** (2023, October). *Ethnic Racial Socialization Across Multiple Non-Parental Agents: A Systematic Review*. Poster presented at the National Latinx Psychological Association, Chicago, IL.
- Shaffer, A.**, (2023, March). *Validation of the Regulating Emotions in Parenting Scale (REPS) in a diverse sample*. Poster presented at the International Convention of Psychological Science, Brussels, Belgium.
- *La Barrie, D.L., & **Shaffer, A.**, (2023, March). *Ethnic-racial socialization messages in multi-generational Latinx families: how do grandparents' messages impact youth?* Poster presented at the International Convention of Psychological Science, Brussels, Belgium.
- *Brumbaugh, T., *La Barrie, D. L., *Terry, J. B., *Rodriguez, V. J., & **Shaffer, A.** (2023, March). *Associations among parents' emotion regulation and emotion socialization: The moderating role of family emotional climate*. Poster presented at the Society for Research in Child Development, Salt Lake City, UT.
- *Zegarac, M. C., *Rodriguez, V.J., & **Shaffer, A.** (May, 2022). *Childhood maltreatment and emotion regulation in the context of parenting: utilization of a novel measure of parental emotion regulation*. Poster to be presented at the 34th Annual Convention for the Association for Psychological Science in Chicago, IL.
- Cadet, G., *Rodriguez, V.J., **Shaffer, A.**, Sisitsky, M., & Parent, J. (2021, August). *Assessing Parenting in racially and ethnically diverse families: a lack of measurement equivalence*. Poster presented at the American Psychological Association Virtual Research Conference.
- Beckmann, E., **Shaffer, A.**, Mitan, L., Matthews Hamberg, A., & Peterson, C. M. (2021, June). *Emotion regulation differs between adolescents with anorexia nervosa and their mothers*. Poster presented at the International Conference on Eating Disorders, virtual session.
- *Zegarac, M., *Rodriguez, V.J., *La Barrie, D., and **Shaffer, A.** (2020, November). *Paternal perceptions of maternal roles and parenting confidence and involvement during the transition to parenthood*. Poster presented at the 54th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania, USA.
- Seddon, J. A., **Shaffer, A.**, & Thomassin, K. (2020, November). *Avoidant coping mediates the relationship between childhood emotional abuse and borderline personality disorder features of affective instability and identity problems*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- *La Barrie, D.L., *Rodriguez, V.J., *Zegarac, M., **Yamini, K., Are, F., & **Shaffer, A.** (2020, May; postponed to 2022). *Moderating role of family environment in the development of ethnic identity*. Poster accepted to the Society for Research in Child Development Special Topics Meeting: Constructing the Other, Rio Grande, Puerto Rico, USA.
- Shaffer, A.**, Kolko, D. J., Pilkonis, P., & Lindhiem, O., (2019, November). *Testing measurement invariance in the Alabama Parenting Questionnaire: Implications for culturally inclusive parenting research*. Poster presented at the Annual Convention of the Association of Behavioral and Cognitive Therapy, Atlanta, GA.
- *Seddon, J., **Shaffer, A.**, & Thomassin, K. (2019, November). *Emotional awareness mediates the relationship between childhood emotional abuse and borderline personality disorder features of affective instability and identity problems*. Poster presented at the Annual Convention of the Association of Behavioral and Cognitive Therapy, Atlanta, GA.
- *Madden, A., & **Shaffer, A.** (2019, November). *Relations of maternal history of childhood emotional abuse and neglect to current parent-child dysfunction*. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.
- *Rodriguez, V.J., **Shaffer, A.**, Jones, D.L., & Kumar, M. (2019, June). *Identification of Differential Item Functioning Using Iterative Hybrid Ordinal Logistic Regression/Item Response Theory: Application to the Childhood Trauma Questionnaire*. 3rd Biennial International Convention of Psychological Science, Paris, France.
- *Rodriguez, V.J., *Madden, A., *Rea, H., *Are, F., & **Shaffer, A.** (2018, August). *Intergenerational transmission of childhood maltreatment mediated by emotion dysregulation*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
- *Rodriguez, V.J., *Are, F., *Madden, A., & **Shaffer, A.** (2018, August). *Identifying race differential item functioning for the Childhood Trauma Questionnaire*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
- *Are, F., *Rodriguez, V.J., *Madden, A., *Rea, H., & **Shaffer, A.** (2018, August). *Family expressiveness: Links to emotional maltreatment and later interpersonal functioning*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
- *Rea, H. M., *Rodriguez, V.J., & **Shaffer, A.** (2018, September). *Correlates of expressed emotion in mothers of young children*. Poster presented at the Parenting and Family Dynamics Preconference for the Society for Personality and Social Psychology Convention, Atlanta, GA.
- *Whitehead, M., **Shaffer, A.**, *Davis, M., Morelen, D., & Suveg, C. (2017, April). *A Model-*

Based Cluster Analysis of Maternal Emotion Regulation and Relations to Parenting Behavior. Poster presented at the Society for Research in Child Development, Austin, TX.

*Madden, A., & **Shaffer, A.** (2017, April). *Emotional abuse and later dating interpersonal violence: The moderating role of cortisol reactivity.* Poster presented at the Society for Research in Child Development, Austin, TX.

*Are, F., & **Shaffer, A.** (2016, April). *Influence of gender, racial identity, and racial socialization on parental emotion socialization practices.* Poster presented at the special topics meeting of the Society for Research in Child Development: Babies, Boys, and Men of Color, Tampa, FL.

Shaffer, A., Shipman, K., Fitzgerald, M. M., & *Loucks, L. (2015, March). *Relations of Parent Emotion Socialization to Child Emotion Dysregulation in an Intervention Context: The Let's Connect intervention module.* Poster presented at the Society for Research in Child Development, Philadelphia, PA.

*Are, F., *Goldstein, H., & **Shaffer, A.** (2015, March). *Family emotion expressiveness mediates the relations between maternal emotion regulation and child emotion regulation.* Poster presented at the Society for Research on Child Development, Philadelphia, PA.

*Loucks, L. A., *Carter, S., & **Shaffer, A.** (2013, November). *Parental psychological control and child risk behavior: the importance of peer relationships for African American youth.* Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.

*Morelen, D., Suveg, C., **Shaffer, A.,** & *Davis, M. (2013, November). *Psychometric properties of the Coping with Children's Negative Emotions Scale: revisited through the lens of diversity.* Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.

*Davis, M., *Morelen, D., Suveg, C., & **Shaffer, A.** (2013, November). *Mom is stressed, but I'm smiling: Child positive affect as a protective factor in the relationship between mothers' parenting stress and child emotion regulation.* Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.

*Campion, S., Suveg, C., & **Shaffer, A.** (2013, November). *Psychophysiological and self-reported validity of a video-mediated mood induction in a preschool-aged sample.* Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.

*McCullough, C., Han, Z. R., *Morelen, D., *Loucks, L. & **Shaffer, A.** (2013, April). *Moderating effects of maternal age and emotion dysregulation on the international continuity of emotional maltreatment.* Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, WA.

- *Morelen, D., **Shaffer, A.**, Suveg, C., & **Meller, S. (2012, November). *Emotion parenting intervention and maternal emotion regulation: Implications for emotion parenting behavior and child emotion regulation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- *Morelen, D., *Bradbury, L., *Thomassin, K., **Shaffer, A.**, & Suveg, C. (2012, November). *Maternal emotion regulation, emotion parenting behavior, and child emotion regulation: A multi-method study*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- *Bradbury, L. L., *Han, R., **Shaffer, A.**, & *Morelen, D. (2012, November). *Family stress profiles and children's internalizing and externalizing problems: A person-centered approach*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, National Harbor, Maryland.
- *Morelen, D., **Shaffer, A.**, *Thomassin, K., & *Bradbury, L. L. (2012, November). *Maternal emotion regulation, emotion parenting behavior, and child emotion regulation: A multi-method study*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, National Harbor, Maryland.
- *McCullough, C., *Han, Z. R., *Harding, H. G., *Bright, M., & **Shaffer, A.** (2012, February). *Intergenerational continuity of emotional abuse: A person-oriented to parenting under stress*. Poster presented at the Society for Research in Child Development Themed Meeting: Developmental Methodology, Tampa, FL.
- *Bradbury, L., & **Shaffer, A.** (2011, November). *Parenting stress mediates the link between maternal victimization and emotionally maltreating parenting behavior*. Poster presented at the Association of Behavioral and Cognitive Therapies, Toronto, ON.
- *Baggett, E., **Rausher, M., & **Shaffer, A.** (2011, November). *The association between childhood emotional maltreatment and conflict communication in dating couples*. Poster presented at the Association of Behavioral and Cognitive Therapies, Toronto, ON.
- Shaffer, A.**, Lindhiem, O., Trentacosta, C. & Kolko, D. J. (2011, November). *Examination of bidirectional effects between child externalizing behavior and negative parenting practices in the context of a psychosocial treatment and 3-year follow-up*. Poster presented at the Association of Behavioral and Cognitive Therapies, Toronto, ON.
- Lindhiem, O., **Shaffer, A.**, & Kolko, D. J. (2011, May). *Let's agree to agree: Parent-child agreement on the Conflict Tactics Scale*. Poster presented at the Association for Psychological Science, Washington, DC.
- *Bright, M., **Shaffer, A.**, *Han, R. Z., & *Baggett, E. (2011, April). *"I Know How You Feel:" Relations between mother-child shared emotions, child pulse reactivity, and emotion regulation coping*. Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

- *Bradbury, L. L., *Morelen, D., *Thomassin, K., & **Shaffer, A.** (2011, April). *Observed childhood emotional maltreatment and childhood depression: the role of emotion regulation*. Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.
- *Morelen, D., *Bradbury, L. L., **Shaffer, A.**, *Harding, H. G., & *Baggett, E. (2011, April). *Explaining the link between children's exposure to domestic violence and psychological problems: an emotion regulation framework*. Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.
- *Baggett, E., & **Shaffer, A.** (2011, April). *Growing up too fast: the relations of childhood boundary dissolution to young adult romantic relationships*. Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.
- **McLeod, T., *Bradbury, L. L., & **Shaffer, A.** (2010, November). *Emotion regulation as a mediating factor for psychological distress and LGB identity in emerging adulthood*. Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- *Han, R. Z., *Bright, M. A., *Baggett, E. A., & **Shaffer, A.** (2010, November). *"I'm upset – Me too!" Mother-child negative emotions predict childhood aggressive behavior*. Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- *Bradbury, L. L., & **Shaffer, A.** (2010, November). *Childhood emotional maltreatment and romantic relationship satisfaction: The role of emotion regulation*. Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- *Harding, H. G., *Morelen, D., *Thomassin, K., & **Shaffer, A.** (2010, November). *A comparison of parent and child report of maternal and paternal perpetration of intimate partner violence (IPV) and its relation to child outcomes*. Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- *Thomassin, K., **Shaffer, A.**, & Suveg, C. (2010, November). *Relation of childhood maltreatment to deliberate self-harm in an inpatient sample of adolescents*. Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Supkoff, L., Englund, M., **Shaffer, A.**, & Egeland, B. (2010, March). *Predicting psychopathology at late adolescence from earlier observations of negative parenting*. Poster presented at the Society for Research in Adolescence, Philadelphia, PA.
- Shaffer, A.**, Jackson, E. B., & Kaslow, N. J. (2008, May). *Patterns and correlates of intergenerational child maltreatment in low-income, African American families*. Poster presented at the Society for Prevention Research, San Francisco, CA.
- Shaffer, A.**, Vanderzee, K., & Masten, A. S. (2005, April). *The relation of health problems to adaptation following early adversity: A 20-year follow-up study*. Poster presented at the

Society for Research in Child Development, Atlanta, GA.

- Siebenbruner, J. & **Shaffer, A.** (2005, April). *Sexual activity during adolescence and young adult outcomes*. Poster presented at the Society for Research in Child Development, Atlanta, GA.
- Shaffer, A.**, Yates, T. M., Carlson, E. A., Appleyard, K., & Sampson, M. (2004, March). *A prospective study of generational boundary dissolution: Implications for adolescent adaptation and psychopathology*. Poster presented at the Society for Research on Adolescence, Baltimore, MD.
- Carlson, E.A., Sampson, M., Appleyard, K., Yates, T. M., & **Shaffer, A.** (2004, March). *Dissociative behavior in early adolescence: A developmental perspective*. Poster presented at the Society for Research on Adolescence, Baltimore, MD.
- Shaffer, A.**, Carlivati, J., Kovan, N., & Masten, A. S. (2004, November). *Timing and intergenerational continuity in the transition to parenthood*. Poster presented at the Conference on Emerging Adulthood, Boston, MA.
- Shaffer, A.** & Masten, A. S. (2003, August). *Parenting processes in naturally-occurring resilience: mediating and moderating effects*. Poster presented at the American Psychological Association Convention, Toronto, Ontario.
- Miller, K. S., Forehand, R., Armistead, L. P., Kotchick, B. A., Long, N., Jackson, L. C., Kelly, A., Murry, V. M., Dittus, P. J., **Shaffer, A.**, Whitaker, D. J., Wyckoff, S. C. (2002, July). *Parents Matter!: Parents are unique and powerful tools for the delivery of HIV prevention information and skills prior to onset of sexual risk behaviors in youth*. Poster presented at the XIV International AIDS Conference, Barcelona, Spain.
- Shaffer, A.**, Back, S., Fitzgerald, M. M., Jackson, J. L., & bin Osman, M. M. (2001, November). *Cultural differences in child sexual abuse: incidence, disclosure, and psychological adjustment in Singapore and the U.S.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Shaffer, A.**, Jones, D., Kotchick, B. A. & Forehand, R. (2001, November). *Telling the children: Disclosure of maternal HIV infection and its effects on child psychosocial adjustment*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Shaffer, A.**, Kotchick, B. A., & Forehand, R. (2000, November). *Chronic and discrete stressors in a high-risk environment: occurrence and relationship to child depressive symptoms*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Shaffer, A.**, Kotchick, B. A., Jones, D., & Forehand, R. (2000, July). *Telling the children: disclosure of maternal HIV infection and its effects on child psychosocial adjustment*.

Poster presented at the Annual NIMH Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Chicago, IL.

Shaffer, A., Back, S., Jackson, J., Shipp, D., Bogan, Y., Long, P., Love, L., Ray, K., & Fossel, R. (1999, November). *Child sexual abuse: changes and trends over the past decade*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.

Shaffer, A., Dorsey, S., Pelton, J., & Forehand, R. (1999, November). *Depressive symptoms in African American children and adolescents: a longitudinal examination*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.

Clum, G., Calhoun, K., Seals, K., & **Shaffer, A.** (1999, November). *Cognitive and emotional mediators of PTSD symptoms in sexual assault narratives of college women*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.

Shaffer, A., Davies, S., & Jackson, J. (1998, November). *Trauma narratives: Assessing their validity with child sexual abuse populations*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Whealin, J., Davies, S., **Shaffer, A.** & Jackson, J. (1998, November). *Family context and child adjustment related to intrafamilial sexual harassment*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

TEACHING AND ACADEMIC SUPERVISION ACTIVITIES

Undergraduate Courses

University of Georgia

Developmental Psychology (classroom and online)
Abnormal Psychology (classroom and online)
Seminar: Developmental Psychopathology
Seminar: Parenting and Family Relationships
Seminar: Multicultural Perspectives on Parenting and Families
First Year Odyssey Seminar: Parenting and Family Relationships
First Year Odyssey Seminar: The Psychology of Movement
First Year Odyssey Seminar: Not Another Teen Movie

University of Minnesota

Special Topics in Child Psychology: Exploring Adolescent Development through Film
Development and Interpersonal Relationships
Research Methods
Introduction to Child Development

Graduate Courses

University of Georgia

Child and Family Intervention
Developmental Psychopathology
Clinical Practicum
Developmental Psychology
Seminar: Risk and Resilience
Graduate Teaching Seminar

University of Minnesota

Clinical Assessment I and II (supervisor)
Development and Interpersonal Relationships

Doctoral Dissertations Supervised

Dominique La Barrie (2025). *Ethnic-racial socialization messages in multigenerational Latinx families: How do parents' and grandparents' messages impact emerging adults?*

Miriam Zegarac (2024). *Understanding linkages between childhood distress and feeding to soothe: a test of moderated mediation among Black mothers.*

Violeta Rodriguez (2023). *Revision and validation of the Multidimensional Assessment of Parenting Scale (MAPS) in a racially and ethnically diverse national sample.*

Hannah Goldstein Rea (2019). *Parenting stress in parent-mediated interventions for children with autism spectrum and disruptive behavior disorders.*

Funlola Are (2018). *Let's talk about it: Interactive effects of maternal socialization of race and emotions on psychological outcomes in African American young adults.*

Amber Madden (2018). *Contextualizing associations between childhood emotional neglect and adult interpersonal functioning: evidence from two studies.*

Laura Loucks (2015). *A dynamic systems approach to understanding emotion communication processes during romantic relationship conflict: examination of vulnerability and protective factors.*

Courtney McCullough (2014). *Maternal childhood maltreatment history and current parenting behaviors: the moderating role of maternal emotion regulation.*

Rachel (Zhou) Han (2012). *The relation of parental emotion dysregulation to children's psychopathology: The moderating role of child emotion dysregulation.*

Melissa Bright (2012). *Physiological concordance: Recommendations for statistical approaches.*

Master's Theses Supervised

Jenna Terry (2024). *Endorsement of intensive mothering beliefs and relations to maternal stress and psychopathology: a mixed methods study.*

Taylor Brumbaugh (2024). *Trauma symptoms and future expectation in child welfare-involved youth: the moderating role of relationship quality with peers and caregivers.*

Dominique La Barrie (2022). *More than a sponge: Latinx youth's active role in discussions of discrimination.*

Miriam Zegarac (2022). *Emotional maltreatment, responses to children's negative emotions, and the mediational role of emotion regulation in the specific context of parenting.*

Violeta Rodriguez (2019). *Item selection and validation of the regulating emotions in parenting scale (REPS): factor structure and measurement invariance.*

Hannah Goldstein Rea (2017). *A qualitative approach to the study of maternal beliefs among mothers of preschoolers.*

Funlola Are (2016). *The moderating role of race in emotion socialization practices.*

Amber Madden (2016). *The moderating role of cortisol reactivity in the relationship between child emotional abuse and later conflict in dating relationships.*

Laura Loucks Bradbury (2012). *The role of parenting stress in the link between intimate partner violence and emotionally maltreating parenting behavior: An examination of indirect and conditional effects.*

Emily Baggett (2012). *Childhood maltreatment and romantic relationship communication patterns: a dyadic data analysis approach.*

Undergraduate Honors Research Supervised: Honors Theses and Assistantships

Jordan Cole (2021). Recipient of CURO Summer 2021 Research Assistantship.

Hannah Wise (2021). Recipient of CURO Spring 2021 Research Assistantship.

Rachel Sinclair (2021). Recipient of CURO Spring 2021 Research Assistantship.

Elizabeth Clerke (2018). *Emotion regulation in the context of parenting: a review and directions for measurement development.* Honors thesis.

Minhnguyen Cao (2014). *Parenting stress, emotion dysregulation, and emotion coaching as predictors of child behavior problems in the context of SES and race.* Honors thesis.

Heather Patterson (2013). *Examining the socialization of children's emotions: the impact of parental meta-emotion philosophy.* Honors thesis.

Emily Baggett (2012). *Familial predictors of young adult romantic relationship functioning: A closer look at boundary dissolution.* Honors thesis.

COLLEGE AND UNIVERSITY SERVICE – LEADERSHIP

UGA School of Medicine Academic Integration Committee (2024-)

UGA Teaching Academy, Executive Committee (2022-2025)

Administrative Fellow, Dean's Office, Franklin College of Arts and Sciences (2020-21)

Chair, Academic Program Review

Communication Studies (2019-20)

Counseling and Human Development Services (2024-25)

COLLEGE AND UNIVERSITY SERVICE

Faculty Advisory Board, Office of the Vice President for Instruction (2022-2023)

UGA Task Force on the Future of Teaching and Learning (2021)

Human Resources Committee of University Council, elected member (2020-2021)

Assistant Professor search committee member, Human Development and Family Science,
College of Family and Consumer Sciences, UGA (2021-2022)

Assistant Professor search committee member, Music Therapy program, Hugh Hodgson School
of Music, Franklin College of Arts and Sciences, UGA (2019-20)

Graduate Mentoring Facilitator Trainee, Center for the Improvement of Mentored Experiences in
Research (CIMER) and UGA Graduate School (2019)

UGA Gateway to Graduate School Faculty Mentor (2019-20)

TRIO McNair Scholars Program, Faculty Research Mentor (2019-20)

University System of Georgia Student Health Insurance Plan (SHIP) Advisory Council, UGA
Graduate School faculty representative (2019-present)

Future Scholars' Visitation Program reviewer, UGA Graduate School (2017-2020)

Senior Faculty search committee member, Department of Educational Psychology, College of
Education, (2017-18)

University Council, elected member (2016-2019, 2019-2021)

Faculty Affairs Committee of University Council, elected member (2016-2019)

Faculty Learning Community, "Examining Gender in Higher Education" (2016-2017)

Center for Undergraduate Research Opportunities (CURO) faculty mentor (2011-2022)

DEPARTMENTAL SERVICE - LEADERSHIP

Chair, Departmental Diversity Committee, UGA Psychology Department (2019-2021)

Graduate Coordinator, UGA Psychology Department (2017-2021)

Chair, Program Diversity Committee, UGA Clinical Psychology Program (2015-2019)

Chair, Comprehensive Exam Committee, UGA Clinical Psychology Program (2014-2017)

Interim Director, UGA Psychology Clinic (2012-2013, 2015)

Interim Program Chair, Life-Span Developmental Program, UGA Psychology Department (2010-11)

DEPARTMENTAL SERVICE AND INVOLVEMENT

Psychology Department Head's Advisory Committee, ex officio member (2017-2021)

Psychology Department Graduate Student Advisory Board, ex officio member (2017-2021)

Faculty Post-Tenure Review Committee member (2016, 2017, 2019)

Industrial-Organizational Personnel Advisory Committee Member (2015-16)

Undergraduate Studies Committee Member, UGA Psychology Department (2013-2017)

Diversity Committee Member, UGA Clinical Psychology Program (2013-2020)

Faculty Search Committee Member, UGA Psychology Department (2010-11; 2015-16; 2016-17)

Long-Range Planning Committee, UGA Psychology Department (2009-11, elected)

Student-Faculty Committee, UGA Clinical Psychology Program (2010-2015, 2019-20, elected)

Admissions Committee, UGA Clinical Psychology Program (2008-2014)

Comprehensive Examination Committee, UGA Clinical Psychology Program (2009-2019)

COMMUNITY SERVICE

Court Appointed Special Advocate (CASA) for Children First of Clarke and Oconee counties (2015-2020)

Clarke County DFCS "CASA of the Year," 2017

Counseling Advisory Council member, Alps Road Elementary School, Athens, GA (2016-2018)

Invited Parent Interest Group presentation, McPhaul Center Child Development Lab (Feb. 2016):
“Communicating with children about big emotions.”

Volunteer Judge (2012, 2013), Clarke County classroom grants competition, Foundation for Excellence in Public Education

Young Dawgs mentor (2011), mentored UGA research opportunity for Clarke County high school student