

**MOLLY ELIZABETH HALE**  
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 ORCID ID: 0000-0002-1463-2637

## EDUCATION

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| <p><b>University of Georgia</b><br/> <i>Doctoral Candidate, Clinical Psychology</i><br/> <i>Quantitative Methodology in Family Science Certificate</i><br/>         Advisor: Cynthia Suveg, PhD, Professor of Psychology</p>  | <p><b>Athens, GA</b><br/> <i>Expected May 2026</i></p> |
| <p><b>William &amp; Mary</b><br/> <i>M.S. in Experimental Psychology</i><br/>         Master's Thesis: Negative Parental Emotion Socialization Predicts Adolescent Internalizing Symptoms: A Moderated Mediation with Latent Variables<br/>         Advisor: Janice Zeman, PhD, Professor of Psychological Sciences</p> | <p><b>Williamsburg, VA</b><br/> <i>May 2020</i></p>    |
| <p><b>University of Washington</b><br/> <i>B.A. in Community Psychology</i><br/>         Cum Laude<br/>         Advisor: Charlie Collins, PhD, Associate Professor of Community Psychology</p>  | <p><b>Bothell, WA</b><br/> <i>June 2017</i></p>        |

## PUBLICATIONS

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10. Wang, H., Zhang, Z., **Hale, M. E.**, Liu, S., Xu, J., Zhu, C., Suveg, C., & Han, Z. R. (In press). Peer Stress Spills Over to Family Stress in the Context of Emotion Regulation Difficulties: A Daily Diary Study with Chinese Adolescents. *Journal of Youth and Adolescence*.
  9. **Hale, M. E.**, Morrow, K., George, A. M., Gayer, A., Caughy, M. O., & Suveg, C. (2023). Maternal negative affect moderates behavioral and physiological synchrony in Latinx and Black Mother-Child dyad. *Developmental Psychobiology*. 65(5), e22394. <https://doi.org/10.1002/dev.22394>
  8. **Hale, M. E.**, George, A., Caughy, M. O., & Suveg, C. (2023). Resting respiratory sinus arrhythmia and cognitive reappraisal moderate the link between political climate stress and anxiety symptoms in Latina and Black mothers. *Anxiety, Stress, & Coping*. 37(1), 100-113. <https://doi.org/10.1080/10615806.2023.2199207>
  7. Xu, J., Wang, H., Liu, S., **Hale, M. E.**, Weng, X., Ahemaitijiang, N., Hu, Y., Suveg, C., & Han, Z. R. (2023). Relations among family, peer, and academic stress and adjustment in Chinese adolescents: A daily diary analysis. *Developmental Psychology*. 59(7), 1346-1358. <https://doi.org/10.1037/dev0001538>
  6. **Hale, M. E.**, Price, N., Borowski, S., & Zeman, J. L. (2023). Adolescent emotion regulation trajectories: The influence of parent and friend emotion socialization. *Journal of Research on Adolescence*. 33(3) 735-749. <https://doi.org/10.1111/jora.12834>
  5. **Hale, M. E.**, & Zeman, J. L. (2023). Parents and friend in adolescence: Does their emotion socialization matter for internalizing symptoms? *Journal of Applied Developmental Psychology*, 85, 101513. <https://doi.org/10.1016/j.appdev.2023.101513>
  4. West, K. B., **Hale, M. E.**, Roche, K. M., White, R. M. B., & Suveg, C. (2022). Predictors of latent class trajectories of depressive symptoms in Latina mothers. *Journal of Family Psychology*, 36(4), 545–554. <https://doi.org/10.1037/fam0000957>
  3. Thomassin, K., Jacob, M., West, K. B., **Hale, M. E.**, & Suveg, C. (2022). Emotion Regulation in Youth with Anxiety Disorders. In D. McKay and E.A. Storch (Eds.), *Handbook of Child and Adolescent Anxiety Disorders* (pp. 171-185). New York, NY: Springer.
  2. **Miller, M. E.**, Borowski, S., & Zeman, J. L. (2020). Co-rumination moderates the relation between emotional competencies and depressive symptoms in adolescent best friend dyads: A longitudinal examination. *Research on Child and Adolescent Psychopathology*, 48, 851-863. <https://doi.org/10.1007/s10802-020-00643-6>

*Note.* In 2020, last name changed from Miller to Hale

1. **Miller, M. E.** (2017). Genetic Predisposition to Generalized Anxiety Disorder. In Alvarado, G., et al. (Eds.), *The CROW: Campus Research and Observational Writings* (pp. 19-21). University of Washington.

### MANUSCRIPTS UNDER REVIEW

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7. George, A. M., **Hale, M.E.**, Wang, H., Abney, D., & Suveg, C. (Invited resubmission at *Journal of Applied Developmental Psychology*). *Ready, Persistent, and Positive: Examining Associations between Child Self-Regulation and Mother Parenting Behaviors in Black and Latinx Mother-Child Dyads*.
6. **Hale, M. E.**, Ravallo, F., Allen, I., Gallegos, D. J., & Suveg, C. (Invited resubmission at *Adolescent Research Review*). *Friends' Behavioral and Biological Synchrony in Relation to Youth Adjustment: A Systematic Review*.
5. **Hale, M. E.**, Pinkman, K. J., Schoffner, K. R., & Quinoy, A. (Under review at *BMC Pediatrics*). *Psychological Outcomes and Interventions for Supporting Pediatric Gunshot Wound Patients: A Systematic Review*.
4. **Hale, M. E.**, Morrow, K., Xu, J., Han, R., Caughy, M. O., Oshri, A., Shaffer, A., & Suveg, C. (Invited resubmission at *Developmental Psychobiology*). *RSA Instability in Mothers in Mothers of Adolescents is Related to Depressive Symptoms and Supportive Parenting*.
3. Morrow, K., **Hale, M. E.**, Wang, H., Abney, D., Caughy, O. M., & Suveg, C. (Under review at *Journal of Family Psychology*). *A Latent Profile Analysis of Maternal Self-Regulation and Associations with Parent-Child Behavioral Synchrony in Latinx and Black Mother-Child Dyads*.
2. Xu, J., **Hale, M. E.**, Han, Z. R., & Suveg, C. (Under review at *Child Development*). *Parental Emotional Support Alters the Association between Interbrain Synchrony and Relationship Quality*.
1. Ren, H., **Hale, M. E.**, Han, Z. R., & Suveg, C. (Under review at *Infant Behavior and Development*). *The Influence of Prenatal and Postnatal Maternal Depressive Symptoms and Marital Quality on Infant Negative Affect*.

### MANUSCRIPTS IN PREPARATION

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5. Morrow, K. E., **Hale, M. E.**, Abney, D., & Suveg, S. (In preparation). *Predictors of parent-observer discrepancies in maternal emotion socialization*.
4. **Hale, M. E.**, Caughy, M., & Suveg, C. (In preparation). *Analyzing the influence of positive familial emotion environment on dynamic trajectories of respiratory sinus arrhythmia in Black and Latinx families*.
3. **Hale, M. E.**, Morrow, K. E., Abney, D., & Suveg, C. (In preparation). *Analyzing dynamic parent-child emotion sharing: A State-Space approach*.
2. **Hale, M. E.**, Price, N., Borowski, S., & Zeman, J. L. (In preparation for *Journal of Youth and Adolescence*). *Examining gender and temporal differences in adolescent friend emotion socialization*.
1. **Hale, M. E.**, & Suveg, C. (In preparation). *Assessing the influence of contextual risk and promotive factors on longitudinal trajectories of adolescent depressive symptoms with a nationally-representative sample*.

### EXTERNAL FUNDING

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SEC Emerging Scholars Fellowship ( <i>departmental nomination</i> )	<i>Spring 2024</i>
Total: \$36,050	
Society for Research in Child Development Graduate Student Travel Award	<i>Spring 2023</i>
Total: \$300	
F31 Ruth L Kirschstein National Research Service Award (NRSA) (F31-HD113011)	<i>December 2022</i>
The role of friendship quality and depressive symptoms in adolescent best friends' respiratory sinus arrhythmia synchrony ( <i>not funded</i> )	

*Note.* In 2020, last name changed from Miller to Hale

**INTERNAL FUNDING**


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A.S. Edwards Excellence in Psychological Research Grant ( <i>departmental nomination</i> ). Total: \$1,000	Spring 2024
University of Georgia Summer Research Grant Total: \$580	Spring 2024
University of Georgia Graduate School Travel Grant Total: \$800	Fall 2023
University of Georgia Graduate School Travel Grant Total: \$1,000	Spring 2023
University of Georgia Graduate School Education Advancement Board Fellowship Total: \$2,500	2022 - 2023
Samuel M. Turner Research Grant Total: \$2,000	Spring 2021
University of Georgia Conference Funding Total: \$195	Spring 2021
Dr. Charlie Petrie Research Grant Total: \$500	Fall 2021
William & Mary Arts & Sciences Graduate Research Grant Total: \$450	Spring 2020
William & Mary Arts & Sciences Graduate Research Grant Total: \$450	Fall 2019
William & Mary Psychological Science Research Fellowship Total: \$4,665	Summer 2019
William & Mary Arts & Sciences Graduate Travel Grant Total: \$450	Spring 2019
William & Mary Arts & Sciences Graduate Research Grant Total: \$450	Spring 2019
William & Mary Arts & Sciences Graduate Research Grant Total: \$450	Fall 2018
William & Mary Psychological Science Research Fellowship Total: \$1,000	Summer 2018

**CONFERENCE PRESENTATIONS**


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<sup>†</sup> denotes undergraduate student mentee

37. Morrow, K. E., **Hale, M. E.**, Abney, D., & Suveg, S. (2024, November). *Predictors of parent-observer discrepancies in maternal emotion socialization*. Talk submitted to the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
36. **Hale, M. E.**, & Zeman, J. L. (2023, November). Examining longitudinal and gender differences in adolescent best friend emotion socialization. Talk presented at the Association for Behavioral and Cognitive Therapies, Seattle, WA.
35. <sup>†</sup>Chu, K., Zeman, J. L., & **Hale, M. E.** (2023, May). *Late Adolescent Boys' and Girls' Close Friendships: Does Gender Composition Matter for Friendship Quality?* Poster presented at the Association for Psychological Sciences, Washington, D.C.
34. **Hale, M. E.**, & Zeman, J. L. (2023, March). Parents and friend in adolescence: Does their emotion socialization matter for internalizing symptoms? In J.L Zeman (Chair) *Examining friend emotion socialization: A cross-cultural perspective*. Talk presented at the Society for Research on Child Development, Salt Lake City, UT.
33. **Hale, M. E.**, Morrow, K., George, A., Caughy, M. O., & Suveg, C. (2023, March). Understanding psychopathological underpinnings of Latinx and Black mother-child physiological and behavioral synchrony. In M. O. Caughy (Chair) *Emerging research on maternal mental health*. Talk presented at the Society for Research on Child Development, Salt Lake City, UT.

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32. Morrow, K., **Hale, M. E.**, Caughy, M. O., & Suveg, C. (2023, March). *Examining Classes of Maternal Self-Regulation and Parent-Child Behavioral Synchrony*. Poster presented at the Society for Research on Child Development, Salt Lake City, UT.
31. George, A. M., **Hale, M. E.**, Caughy, M. O., & Suveg, C. (2023, March). *Associations Between Profiles of Child Self-Regulation and Maternal Parenting Behaviors*. Poster presented at the Society for Research on Child Development, Salt Lake City, UT.
30. George, A. M., **Hale, M. E.**, Caughy, M. O., & Suveg, C. (2023, March). *Physiological Regulation and Cognitive Reappraisal Moderate the Link between Political Climate Stress and Anxiety in Latina and Black Mother*. Poster presented at the Society for Research on Child Development, Salt Lake City, UT.
29. Zeman, J. L., **Hale, M. E.**, †Marzougui, J., & †Nelson, Z. (2022, June). *Close relationships and the value of emotional plasticity*. Poster presented at the International Society for the Study of Behavioral Development, Island of Rhodes, Greece.
28. Zeman, J. L., **Hale, M. E.**, †Moncus, M., & †Nelson, Z. (2022, June). *Emotionally flexible responding in close relationships*. Poster presented at to the International Society for the Study of Behavioral Development, Island of Rhodes, Greece.
27. †Chu, K., Zeman, J. L., **Hale, M. E.**, & †Marzougui J. (2022, April). *Gender Composition within Adolescent Relationships*. Poster accepted to the University of Virginia Undergraduate Research Symposia, Charlottesville, Virginia.
26. **Hale, M. E.**, Swygert, L., & Hart, A. (2022, March). *Managing Risk and Suicide Assessment in Veterans Suffering from PTSD*. Talk presented at the University of Georgia Law School, Athena, Georgia.
25. **Hale, M. E.**, West, K. B., Roche, K. A., White, R., & Suveg, C. (2022, February). *Depressive symptoms in Latina mothers: An examination of risk and promotive factors*. Talk presented at the University of Georgia, Department of Psychology, Athens, Georgia.
24. **Hale, M. E.**, & Kiefel, J. (2021, December). *A case presentation on “Aly”: The effects of stroke on neuropsychological functioning*. Talk presented at Children’s Hospital of Atlanta, Atlanta, Georgia.
23. †Marzougui, J., **Hale, M. E.**, & Zeman, J. L. (2021, November). *Friendship conflict and expressive flexibility predict depression in late adolescence*. Poster accepted to Association for Behavioral and Cognitive Therapies, New Orleans, LA.
22. **Hale, M. E.**, Zeman, J. L., & †Crowley, A. (2021, April). *Parental emotion socialization’s effect on internalizing symptomatology: An examination of emotion regulation using structural equation modeling*. Poster presented at the Society for Research on Child Development, Minneapolis, MN.
21. **Hale, M. E.**, & Zeman, J. L., & †Li, R. (2021, April). *Are puberty status and age interchangeable when examining differences in parental emotion socialization strategies during early adolescence?* Poster presented at the Society for Research on Child Development, Minneapolis, MN.
20. **Hale, M. E.**, West, K. B., Roche, K. A., White, R., & Suveg, C. (2021, March). *Predictors of latent class trajectories of depressive symptoms in Latina mothers*. Talk presented at University of Georgia, Department of Psychology, Athens, GA.
19. **Miller, M. E.**, & Zeman, J. L. (2020, November). *Parent emotion socialization predicts adolescent internalizing symptomatology: The impact of emotion regulation and friendship quality*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
18. †Nelson, Z., †Shain, E., **Miller, M. E.**, & Zeman, J. L. (2020, November). *Adolescent problem-talk predicting strategies for parental socialization*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
17. **Miller, M. E.**, Zeman, J. L., & †Bell, A. (2020, November). *Examining teen engagement as a latent variable in parent-adolescent interactions*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
16. †Nelson, Z., †Shain, E., **Miller, M. E.**, & Zeman, J. L. (2020, April). *Adolescent problems predicting parental emotion socialization*. Poster presented at the University of Virginia Undergraduate Research Symposium, Charlottesville, VA.

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15. **Miller, M. E.**, & Zeman, J. L. (2020, March). *Parent-adolescent engagement during emotion-related discussions*. Poster presented at the Graduate School of Arts & Science at William & Mary, Williamsburg, VA.
14. **Miller, M. E.**, Borowski, S. K., & Zeman, J. L. (2019, November). *The role of best friend co-rumination in the relation between emotion regulation and depressive symptoms in adolescence*. Poster presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
13. **Miller, M. E.**, & Zeman, J. L. (2019, October). *Parental emotion socialization predicts adolescent internalizing disorders: A moderated mediation with latent variables*. Talk presented at William & Mary Psychological Sciences Brown Bag, Williamsburg, VA.
12. **Miller, M. E.**, & Zeman, J. L. (2019, August). *A longitudinal examination of the effects of parental emotion socialization on adolescent anxiety*. Poster presented at the American Psychological Association, Chicago, IL.
11. **Miller, M. E.**, & Zeman, J. L. (2019, April). *The role of co-rumination in the relation between adaptive emotion regulation and depressive symptoms in adolescence best friend dyads*. Talk presented at William & Mary Psychological Sciences Brown Bag, Williamsburg, VA.
10. Zeman, J., Franklin-Gillette, S., & **Miller, M. E.** (2019, March). Emotion dysregulation and inhibition within adolescent best friendships: Links to depression and bullying. In J.L. Zeman (Chair), *Unpacking emotion regulation within adolescent peer relationships: Innovative approaches*. Talk presented at the Society for Research in Child Development, Baltimore, MD.
9. **Miller, M. E.**, McNeil, D., Franklin-Gillette, S., Hazelwood, O., Clinton, C., & Zeman, J. L. (2019, March). *The relation of pubertal status to adolescents' sadness and anger dysregulation*. Poster presented at the Society for Research in Child Development, Baltimore, MD.
8. **Miller, M. E.**, & Zeman, J. L. (2019, March). *Examining a potential bidirectional relationship between parental emotion socialization and adolescent anxiety*. Poster presented at the Graduate School of Arts & Science at William & Mary, Williamsburg, VA.
7. Regalario, I. M., **Miller, M. E.**, Asim, A., Doorley, J., Goodman, F., & Kashdan, T. B. (2018, November). *Can curiosity buffer against the potentially harmful effects of anxiety on meaning in life?* Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.
6. **Miller, M. E.**, Regalario, I. M., Stikma, M. C., & Kashdan, T. B. (2018, October). *A deeper look at religion's impact on views on society*. Poster presented at the Society of Southeastern Social Psychologists, Raleigh, N.C.
5. Regalario, I. M., Ashraf, A., **Miller, M. E.**, Kelso, K. C., & Kashdan, T.B. (2018, April). *Do women gossip more than men?* Poster presented at the George Mason Undergraduate Research Symposium, Fairfax, VA.
4. Brown, B. A., **Miller, M. E.**, Goodman, F. R., Disabato, D., & Kashdan, T.B. (2018, March). *Experiential avoidance moderating the effect of anxiety on changes in meaning in life: A prospective study*. Poster presented at the Society for Personality and Social Psychology, Atlanta, GA.
3. **Miller, M.**, Collins, C., Stewart, E., Rasmussen, C., Frei, A., & Crickman, R. (2017, May). *Genetic predisposition to generalized anxiety disorder*. Talk presented at the University of Washington Undergraduate Research Symposium, Seattle, Washington.
2. **Miller, M.**, Collins, C., Stewart, E., & Rasmussen, C. (2016, October). *Stressful life events and generalized anxiety disorder*. Talk presented at the Community Research and Action in the West Conference, Portland, Oregon.
1. **Miller, M.**, & Collins, C. (2016, May). *Is there a genetic predisposition to generalized anxiety disorder? A literature review*. Talk presented at the University of Washington Undergraduate Research Symposium, Bothell, Washington.

## AWARDS/HONORS

A.S. Edwards Psychological Research and Service Award (*departmental nomination*)

May 2024

*Note.* In 2020, last name changed from Miller to Hale

Charlie Petrie Excellence in Clinical Psychology Research Award	May 2022
Samuel M. Turner Clinical Research Grant	May 2022
Jane S. and W. Harry Wilson Graduate Fellowship ( <i>departmental nomination</i> )	Spring 2022
Graduate Education Advancement Board Fellowship ( <i>departmental nomination</i> )	Spring 2022
Samuel M. Turner Clinical Research Grant	May 2021
William & Mary Distinguished Thesis Award for the Natural Sciences	May 2020
Graduate student representative for the Social Sciences at William & Mary	February 2019
Dean's dinner for donors and Board members	
Cum Laude, University of Washington	June 2017
Dean's List, University of Washington ( <i>all semesters</i> )	2015, 2016, 2017
Presidential Scholarship, Baylor University ( <i>all semesters</i> )	2013, 2014

## RESEARCH EXPERIENCE

**Development and Psychopathology Lab** **University of Georgia**  
*Graduate Research Assistant/Lab Coordinator* *August 2020 – Present*

*Mentor: Cynthia Suveg, PhD, Professor of Psychology*

Latinx Families Project (R01 HD109163-01)

- Assisted with launching this study designed to assess multi-level predictors of school readiness in Latinx preschoolers including the recruitment of “seed” participants
- Trained undergraduate and graduate students ( $n = 19$ ) in the administration of academic achievement testing (i.e., Woodcock-Johnson), self-report test administration (e.g., Child Behavior Checklist, Symptom Checklist-90), cognitive assessments (i.e., executive functioning and working memory tasks), and stress task paradigms (e.g. Gift-Wrapping task, LEGO dyadic stress task)
- Assisted with data collection including cortisol, respiratory sinus arrhythmia (RSA), behavioral observations, and parent semi-structured interviews

Dyadic Assessments of Dad's Support (DADS) Study

- Helped to lead a study assessing positive parenting and physiological synchrony in Latinx and African American families of children ages 5- to 9-years-old
- Led the recruitment and scheduling teams to recruit, screen, and schedule eligible families
- In charge of all IRB protocol amendments (e.g., COVID-19 protocol changes) and trained lab personnel on safety precautions so as to continue to collect data during the pandemic
- Trained lab personnel in cleaning physiological data using MindWare HRV software (Version 3.0.25)
- Led data analysis of physiological synchrony in Mplus version 8.2

**Social and Emotional Development Lab**

**William & Mary**  
*July 2018 – June 2020*

*Graduate Research Assistant/Lab Coordinator*

*Mentor: Janice Zeman, PhD, Professor of Psychological Sciences*

Emotion Socialization Study

- Assisted with study examining friend and parent socialization of emotion in adolescents as it relates to psychosocial adaptation over a 6 year-period
- Oversaw third wave of data collection, entry and cleaning, analyses, and communication of results at conferences
- Directed 22 undergraduate research assistants including assigning weekly lab tasks, mentoring poster writing, conducting lab meetings
- Managed datasets for all three waves (in SPSS)
- Created behavioral observation codebook and coded 132 parent-adolescent stress emotion socialization behaviors

Daily Diary Study on Distress Tolerance

- Helped lead a study investigating the relations among distress tolerance, anxiety and depression symptoms, and emotion regulation in daily life within a college sample
- Employed EMA (ecological momentary assessment) to measure constructs over 15-day period

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- Oversaw 9 research assistants recruit, run participants, enter and manage baseline and daily diary data, and analyses

Master's Thesis – winner of William & Mary Distinguished Thesis Award for the Natural Sciences

- Examined the role of negative parent emotion socialization, adolescent adaptive emotion regulation and adolescent friendship quality as predictors of symptoms of adolescent internalizing disorders using parent-adolescent (ages 16-18 years) dyads with data from the “Emotion Socialization Study”
- Used moderated mediation with structural equation modeling in AMOS; latent variables were comprised of factor loadings from multiple forms of assessment (i.e., video-recorded interaction task, parent report on adolescent behaviors, adolescent self-report)

**The Well-Being Lab**

*Post Baccalaureate Research Assistant*

*Mentor: Todd Kashdan, PhD, Professor of Psychology*

- Worked on three research studies that examined: (a) individual psychological flexibility and emotional competencies as predictors of goal attainment, (b) emotion and behavioral tendencies for individuals suffering from social anxiety, (c) well-being within the context of work-life balance
- Conducted participant sessions including semi-structured interviews on emotion regulation and psychopathology for two different studies
- Transcribed semi-structured interviews and ran data compliance in SPSS and Excel, assisted in literature reviews, recruited participants
- Assisted in creating and validating a measure on work-life balance for a three-way study, tested surveys in Qualtrics for all three waves, contributed to thematic codes for subscales, assisted in editing the final manuscript prior to submission

**George Mason University**

*July 2017 – June 2018*

**Dorsey Lab**

*Undergraduate Research Assistant*

*Mentor: Shannon Dorsey, PhD, Associate Professor of Psychology*

- Aided in two research studies: (a) assessed why there is a high turnover rate in community mental health from both clinician and supervisor perspectives, (b) examined the effectiveness of CBT for high-risk children in the United States and Kenya
- Created a codebook within Excel and then conducted RACing (rapid analysis coding) on the transcriptions
- Managed data using REDCap (Research Electronic Data Capture)

**University of Washington**

*August 2016 – June 2017*

**Vitaliano Lab**

*Undergraduate Research Assistant*

*Mentor: Peter Vitaliano, PhD, Professor of Psychiatry and Behavioral Sciences*

- Assisted in a study examining the effects of stress on the physiological and psychological health of caretakers of older adults
- Assisted in a literature review, editing and publishing a paper

**University of Washington**

*August 2016 – December 2016*

**Stress and Development Lab**

*Undergraduate Research Assistant*

*Mentor: Katie McLaughlin, PhD, Assistant of Psychology*

- Worked on two studies: (a) analyzed changes in brain development over time for trauma-exposed kids while also assessing physiological responses of children as they watched their mother get scared by an adverse stimulus, (b) examined daily stressors and stress exposure in high-risk adolescent girls over time using an EMA methodology
- Assisted in fMRI (functional magnetic resonance imaging) data collection for both studies

**University of Washington**

*January 2016 – August 2016*

**CLINICAL EXPERIENCE**

**Children's Healthcare of Atlanta**

*Intensive Care and Day Rehabilitation Extern*

**Atlanta, GA**

*August 2022 – Present*

*Note. In 2020, last name changed from Miller to Hale*

*Supervisors: Kindell Schoffner, PsyD (primary) and Alexis Quinoy, PhD*

In-Patient and Intensive Outpatient Rehabilitation

- Provided individual and group evidence-based treatments to children recovering from physical injuries or illness (e.g., traumatic brain injury, stroke)
- Co-treated patients on interdisciplinary team (i.e., occupational therapists, physical therapists, speech pathologists) to manage psychological distress and increase engagement in rehabilitative services
- Conducted functional behavior assessments to inform individualized treatment plans
- Participated in weekly treatment team meetings and individual supervision sessions
- Wrote progress notes in medical record

Pediatric Gunshot Wound Advocacy

- Led systematic review analyzing evidence-based psychological interventions to manage psychological challenges resulting from gunshot wounds for pediatric patients
- Continue to work on implementing hospital-wide initiatives to better support psychological needs and reduce risk of reinjury for pediatric gunshot wound victims

SPINE

- Served as psychological support for pediatric patients with spinal cord injuries during a summer camp focused on community-reentry following hospital discharge
- Provided in-the-moment relaxation and distress tolerance skills to encourage patients to fully engage in rehabilitative therapies
- Participated in daily community outings focused on teaching patients self-advocacy and prosocial skills that could be used to navigate community following physical limitations resulting from injury

**Morgan County Elementary School**

*School Psychology Extern*

*Supervisor: Stacy Manger, LPC*

**Madison, GA**

*August 2023 – Present*

- Provided individual and classroom, evidence-based, cognitive behavioral interventions pediatric students presenting with internalizing and externalizing challenges secondary to traumatic brain injuries
- Treatment planned on an interdisciplinary team, providing psychological recommendations to teachers, principal, special education teachers, and administrative staff
- Presented psychoeducational information to school personnel regarding the impact of traumatic brain injuries on academic, socioemotional, and behavioral functioning in pediatric populations
- Met with families during Individualized Education Program planning sessions to provide written behavioral recommendations to support socioemotional development of students presenting with traumatic brain injuries
- Served as liaison between families and neurologists, neuropsychologists, and pediatricians to obtain documentation and formal psychoeducation testing required for special education services following traumatic brain injury
- Co-led group therapies teaching social skills

**Children's Healthcare of Atlanta**

*Neuropsychology Extern*

*Supervisors: Kimie Ono, PhD and Jaqueline Kiefel, PhD*

**Atlanta, GA**

*June 2021 – December 2021*

- Conducted pre- and post-surgical neuropsychology evaluations for epilepsy patients to monitor cognitive, socioemotional, academic, and motor development
- Wrote assessment reports, providing written recommendations for Individualized Education Programs to best support development and needs of patients
- Assisted in conducting informational interviews and providing psychodiagnostics feedback to parents and families

**University of Georgia Psychology Clinic**

**Athens, GA**

*Note. In 2020, last name changed from Miller to Hale*



*Psychologist-In-Training (Child and Adult Teams)* *August 2020 – October, 2022*  
*Supervisors: Julie Van Weelden, PhD (primary) and Emily Mouliso, PhD*

- Provided evidence-based treatments to adults and children to treat variety of presenting problems (e.g., Major Depressive Disorder, Post-Traumatic Stress Disorder, Generalized Anxiety Disorder, Oppositional Defiance Disorder)
- Administered semi-structured interviews to inform case conceptualization and provide diagnoses
- Administered psychoeducation to therapy clients and families
- Conducted risk assessments for suicidality, substance abuse, sexual risk-taking, and self-harm
- Participated in weekly individual, peer and group supervision

**University of Georgia Psychology Clinic** **Athens, GA**  
*Psychologist-In-Training Clinic Assistant (Child and Adults Teams)* *January 2022 – August, 2022*  
*Supervisor: Julie Van Weelden, PhD*

- Conducted intake assessments for potential child and adult clients
- Carried out phone screenings to determine eligibility for in-house psychoeducational assessments
- Conducted risk assessments for self-harm, substance use and suicidal ideation
- Wrote intake reports, synthesizing collected data and providing treatment recommendations based on assessment results
- Participated in weekly individual, peer, and group supervision

**Jamestown High School** **Williamsburg, VA**  
*School Psychology Extern* *January 2019 – December 2019*  
*Supervisor: Patrick Mullen, PhD*

- Met weekly one-on-one with high school students to help with teach coping and emotion regulation skills
- Conducted risk assessments for suicidal ideation, self-harm, and substance use using standardized measures (e.g., C-SSRS)
- Worked with students to write safety plans with the goal of minimizing suicidal and self-harm risk
- Participated in weekly for individual supervision

## **CERTIFICATIONS/TRAININGS**

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**Dialectical Behavior Therapy Adolescent Skills Therapist Training** *Spring, Summer 2022*  
*Hosted by Psychwire and Dr. Marsha Linehan*

**Trauma-Focused Cognitive Behavioral Therapy Therapist Training** *Spring, Summer 2022*  
*Hosted by the Medical University of South Carolina*

**Certificate in Structural Equation Modeling using R and Mplus** *Spring 2021*  
*Hosted by The Center of Statistical Training*

**Certificate in Diversity & Inclusion (CDI)** *Fall 2020*  
*Hosted by the University of Georgia Department of Diversity and Inclusion*

**Certificate in Telepsychology Best Practice 101 Series (Segments 1, 2, 3)** *Fall 2020*  
*Hosted by the American Psychological Association (APA)*

## **VOLUNTEER/CONSULTATION**

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**American Board of Behavioral and Cognitive Psychology** **Athens, GA**  
*Volunteer Supervisee* *January 2022 – Present*

- Volunteered as a mock supervisee for clinicians testing for board certification
  - Provided a case summary, elicited feedback and worked with candidates to craft a treatment plan

**University of Georgia** **Athens, GA**  
*Psychology Department Webmaster* *Spring 2022 – Present*

*Note. In 2020, last name changed from Miller to Hale*

- Managed all psychology websites and social media accounts
  - Expanded accessibility by assisting in translating site to eight different languages
  - Completed website modification request by staff, faculty, and students
  - Updated sites and accounts with relevant information regarding happenings in department
  - Led virtual outreach to prospective students, community contacts, and alumni
  - Doubled social media following across platforms

**University of Georgia****Athens, GA***Student Representative for Departmental Faculty Meetings**Fall 2023 – Present*

- Represented cohort in all faculty meetings, speaking on behalf of cohort and advocating for requests and challenges presented by cohort
- Took minutes during meetings
- Voted on student issues as they related to programmatic changes (e.g., timing and options for courses)

**University of Georgia****Athens, GA***Admissions Committee Member**Fall 2023 – Present*

- Participated in admissions processes for incoming clinical psychology doctoral cohorts
- Assisted with material and logistic preparations for interviews
- Coordinated day-of interview events and scheduling

**University of Georgia****Athens, GA***Awards Committee Member**Fall 2020 – Spring 2023*

- Assisted in organizing nominations, and award-winners for a variety of departmental awards annually
  - Elicited feedback from members of the department regarding criteria for awards and solidifying award members
  - Worked with administrative staff to prepare certificates

**University of Georgia****Athens, GA***Student-Faculty Committee Member**Fall 2020 – Spring 2021*

- Met monthly with student representatives and appointed faculty to discuss procedural and administrative departmental changes
- Assisted in planning and organizing proseminar for the clinical psychology program

**Avalon Center****Williamsburg, VA***Community Outreach Volunteer**January 2020 – July 2020*

- Volunteered at a domestic violence center working with community outreach and education
  - Participated in tabling events at local fundraisers
  - Spoke on behalf of the organization to educate about risk factors for domestic and sexual violence

**Neurodiversity Initiative****Williamsburg, VA***Coordinator**July 2019 – July 2020*

- Neurodiversity is an initiative focused on increased acceptance and inclusion of the wide range of human neurologies (e.g., Autism and ADHD) on college campuses and beyond
- Organize monthly meetings, record and distribute agendas and minutes, manage the initiative's email, arrange accommodations for guest speakers
- Advertise and organize events including a summer pre-orientation for incoming neurodiverse students
- Assist in managing the Neurodiversity Initiative's budget
- Serve as a liaison between student group and working group consisting of W&M faculty and staff

**Becoming Parents Program****Seattle, WA***Curriculum Editor**August 2016*

*Note.* In 2020, last name changed from Miller to Hale

- Primary editor for a curriculum which prepares and supports predominately low-income families who have experienced violence (e.g., interpersonal, community) and/or substance use for the arrival of their first-born child

**Solid Ground**

Seattle, WA

*Student Mentor**September 2015 – June 2016*

- Mentored youth (ages 4 to 17 years-old) experiencing homelessness in an after-school program assisting with homework completion as well as teaching coping and emotion regulation skills

**TEACHING**

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**University of Georgia****Research Analysis in Psychology (Statistics)***Fall 2021, Summer 2022**Lab Instructor***Research Methods in Psychology***Spring 2021, Spring 2022**Lab Instructor***Social Psychology***Spring 2024**Teaching Assistant***Special Topics in Psychology – Forensic Psychology***Spring 2021, Fall 2023**Teaching Assistant***Abnormal Psychology***Fall 2020, Summer 2021**Teaching Assistant***Developmental Psychology***Fall 2020**Teaching Assistant***Guest Lectures***Research Methods in Psychology**Spring 2021, Spring 2022*

(Observational research methodology, 5 invited presentations)

**DATA ANALYSIS**

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**Statistical Software***Mplus, HLM, R, Amos, SPSS***Physiological Data Collection/Processing***MindWare/Biolab, MindWare HRV Analysis***Web-Based***Qualtrics, REDCap***Analytic Training***Structural Equation Modeling, Hierarchical Linear Modeling, Multilevel Modeling, Dyadic Data Analysis, Longitudinal Modeling, General Linear Modeling, Analysis of Variance Techniques***JOURNAL REVIEWER**

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Developmental Psychology

Journal of Child and Family Studies

Journal for Clinical Child and Adolescent

Psychiatry Review

Psychology

Journal for Clinical Psychology

Research on Child and Adolescent

Journal of Nonverbal Behavior

Psychopathology

Parenting: Science and Practice

Developmental Psychobiology

Social Development

Journal of Adolescence

**MEMBERSHIPS**

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*Note. In 2020, last name changed from Miller to Hale*

Society for Research on Child Development - Student Member  
Association for Cognitive and Behavioral Therapies - Student Member

## REFERENCES

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