**MOLLY ELIZABETH HALE**

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**EDUCATION**

**University of Georgia Athens, GA**

*Doctoral Graduate Student, Clinical Psychology* (GPA: 3.96) *Expected May 2026*

Advisor: Cynthia Suveg, Ph.D.

**William & Mary Williamsburg, VA**

*M.S. in Experimental Psychology* (GPA: 4.0)  *May 2020*

Master’s Thesis: Negative Parental Emotion Socialization Predicts Adolescent Internalizing Symptoms: A Moderated Mediation with Latent Variables

Advisor: Janice Zeman, Ph.D.

**University of Washington Bothell, WA** *B.A. in Community Psychology* (GPA: 3.85) *June 2017*

Cum Laude

Advisor: Charlie Collins, Ph.D.

**PUBLICATIONS**

4. West, K. B., **Hale, M. E**., Roche, K. M., White, R. M. B., & Suveg, C. (2022). Predictors of latent class trajectories of depressive symptoms in Latina mothers. Journal of Family Psychology. Advance online publication. [https://doi.org/10.1037/fam0000957](https://psycnet.apa.org/doi/10.1037/fam0000957)

3. Thomassin, K., Jacob, M., West, K. B., **Hale, M. E.,** & Suveg, C. (In Press). Emotion Regulation in Youth with Anxiety Disorders. In D. McKay and E.A. Storch (Eds.), *Handbook of Child and Adolescent Anxiety Disorders*(pp. 171-185). New York, NY: Springer.

2. **Miller, M. E.**, Borowski, S., & Zeman, J. L (2020). Co-rumination moderates the relation between emotional competencies and depressive symptoms in adolescent best friend dyads: A longitudinal examination*. Journal of Abnormal Child Psychology*. https://doi.org/10.1007/s10802-020-00643-6

1. **Miller, M. E.** (2017). Genetic Predisposition to Generalized Anxiety Disorder. In Alvarado, G., et al. (Eds.), *The CROW: Campus Research and Observational Writings* (pp. 19-21). University of Washington.

**MANUSCRIPTS UNDER REVIEW**

6. Xu, J., **Hale, M. E.,** Han, Z. R., & Suveg, C. (Under review at *Child Development* *Daily Stress and Adjustment Among Chinese Adolescents: A Comparison between Family, Peers and Academic Stress.*

5. **Hale, M. E.**, George, A., Caughy, M. O., & Suveg, C. (Under review at *Cultural Diversity & Ethnic Minority Psychology*). *Self-regulation moderates links between political climate stress and anxiety in Latina and Black mothers.*

4. **Hale, M. E.**, Price, N., Borowski, S., & Zeman, J. L. (Under review at *Journal of Research on Adolescence*). *Adolescent emotion regulation trajectories: The influence of parent and friend emotion socialization.*

3. Ren, H., **Hale, M. E.,** Han, Z. R., & Suveg, C. (Under review at *Developmental Psychology*). *The Influences of Prenatal and Postnatal Maternal Depression and Marital Quality on Infant Emotional Reactivity and Regulation.*

2. **Hale, M. E.,** & Zeman, J. L. (Invited resubmission at *Merrill-Palmer Quarterly*). *Parents and friend in adolescence: Does their emotion socialization matter for internalizing symptoms?*

1. **Hale, M. E.**, Zeman, J. L., West, K. B., & Symons, C. W. (Invited resubmission at *Journal of Child & Family Studies*). *Language patterns as concurrent and longitudinal predictors of depressive symptoms in adolescence.*

**MANUSCRIPTS IN PREPARATION**

5. George, A. M., West, K. B., **Hale, M.E.**, Morrow, K., & Suveg, C. *Father physiological synchrony; A meta-analysis.*

4. **Hale, M. E.**, Morrow, K., George, A. M., & Suveg, C. *Stress and Synchrony: Understanding psychopathological underpinnings of Latinx parent-child physiological and behavioral synchrony.*

3. George, A. M., **Hale, M.E.**, & Suveg, C. *The impact of child temperament on physiological synchrony.*

2. Morrow, K., **Hale, M. E.,** & Suveg, C. *Understanding the bidirectional influence physiological self-regulation on mother child negative and positive affect: An examination within a Latinx and Black sample.*

1. Marzougui, J., Zeman, J. L., & **Hale, M. E**. *Emotion flexibility mediates the relation between social support and anxiety in emerging adulthood.*

**RESEARCH GRANTS AND FELLOWSHIPS**

Dr. Charlie Petrie Research Grant *Fall 2021*

 Total: $500

Samuel M. Turner Research Grant *Spring 2021*

 Total: $2,000

University of Georgia Conference Funding *Spring 2021*

 Total: $195

William & Mary Arts & Sciences Graduate Research Grant  *Spring 2020*

Total: $450

William & Mary Arts & Sciences Graduate Research Grant  *Fall 2019*

Total: $450

William & Mary Psychological Science Research Fellowship  *Summer 2019*

Total: $4,665

William & Mary Arts & Sciences Graduate Travel Grant  *Spring 2019*

Total: $450

William & Mary Arts & Sciences Graduate Research Grant  *Spring 2019*

Total: $450

William & Mary Arts & Sciences Graduate Research Grant  *Fall 2018*

Total: $450

William & Mary Psychological Science Research Fellowship *Summer 2018*

Total: $1,000

**CONFERENCE PRESENTATIONS**

† *denotes undergraduate student mentee*

27. **Hale, M. E.**, & Kiefel., J. (2021, December). A case presentation on “Aly”: The effects of stroke on neuropsychological functioning. Children’s Hospital of Atlanta, Atlanta, Georgia.

26. Zeman, J. L., **Hale, M. E.**, †Marzougui, J., & †Nelson, Z. (2022, June). *Close relationships and the value of emotional plasticity.* Poster accepted at the International Society for the Study of Behavioral Development, Island of Rhodes, Greece.

25. **Hale, M. E.**, West, K. B., & Suveg, C. *The effect of maternal self-regulation on mother-child physiological synchrony in Latinx and African American dyads.* Talk submitted to the International Society for Developmental Psychopathology, Chicago, IL.

24. †Marzougui, J., **Hale, M. E.**, & Zeman, J. L. *Friendship conflict and expressive flexibility predict depression in late adolescence.* Poster accepted to Association for Behavioral and Cognitive Therapies, New Orleans, LA.

23. **Hale, M. E.,** Zeman, J. L., & †Crowley, A. (2021, April). *Parental emotion socialization’s effect on internalizing symptomatology: An examination of emotion regulation using structural equation modeling.* Poster presented at the Society for Research on Child Development, Minneapolis, MN.

22. **Hale, M. E.,** & Zeman, J. L., & †Li, R. (2021, April). *Are puberty status and age interchangeable when examining differences in parental emotion socialization strategies during early adolescence?*Poster presented at the Society for Research on Child Development, Minneapolis, MN.

21. **Hale, M. E.**, West, K. B., Roche, K. A., White, R., & Suveg, C. (2021, March). *Predictors of latent class trajectories of depressive symptoms in Latina mothers.* Talk presented at University of Georgia, Department of Psychology, Athens, GA.

20. **Miller, M. E.,** & Zeman, J. L. (2020, November). *Parent emotion socialization predicts adolescent internalizing symptomatology: The impact of emotion regulation and friendship quality.* Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

19. †Nelson, Z., †Shain, E., **Miller, M. E.**, & Zeman, J. L. (2020, November). *Adolescent problem-talk predicting strategies for parental socialization.* Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

18. **Miller, M. E.,** Zeman, J. L., & †Bell, A.(2020, November). *Examining teen engagement as a latent variable in parent-adolescent interactions.* Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

17. Zeman, J. L., **Miller, M. E.**, †Moncus, M., & †Nelson, Z. (2020, June). *Emotionally flexible responding in close relationships.* Poster presented at to the International Society for the Study of Behavioral Development, Island of Rhodes, Greece.

16. †Nelson, Z., †Shain, E., **Miller, M. E.**, & Zeman, J. L. (2020, April). *Adolescent problems predicting parental emotion socialization.* Poster presented at the University of Virginia Undergraduate Research Symposium, Charlottesville, VA.

15. **Miller, M. E.,** & Zeman, J. L. (2020, March). *Parent-adolescent engagement during emotion-related discussions.* Posted presented at the Graduate School of Arts & Science at William & Mary, Williamsburg, VA.

14. **Miller, M. E.,** Borowski, S. K., & Zeman, J. L. (2019, November). *The role of best friend co-rumination in the relation between emotion regulation and depressive symptoms in adolescence*. Poster presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

13. **Miller, M. E.,** & Zeman, J. L.(2019, October). *Parental emotion socialization predicts adolescent internalizing disorders: A moderated mediation with latent variables.* Talk presented at William & Mary Psychological Sciences Brown Bag, Williamsburg, VA.

12. **Miller, M. E.,** & Zeman, J. L. (2019, August). *A longitudinal examination of the effects of parental emotion socialization on adolescent anxiety.* Poster presented at the American Psychological Association, Chicago, IL.

11. **Miller, M. E.,** & Zeman, J. L. (2019, April). *The role of co-rumination in the relation between adaptive emotion regulation and depressive symptoms in adolescence best friend dyads.* Talk presented at William & Mary Psychological Sciences Brown Bag, Williamsburg, VA.

10. Zeman, J., Franklin-Gillette, S., & **Miller, M. E.** (2019, March). Emotion dysregulation and inhibition

within adolescent best friendships: Links to depression and bullying. In J.L. Zeman (Chair), *Unpacking emotion regulation within adolescent peer relationships: Innovative approaches.* Talk presented at the Society for Research in Child Development, Baltimore, MD.

9. **Miller, M. E.**, McNeil, D., Franklin-Gillette, S., Hazelwood, O., Clinton, C., & Zeman, J. L. (2019, March). *The relation of pubertal status to adolescents’ sadness and anger dysregulation.* Poster presented at the Society for Research in Child Development, Baltimore, MD.

8. **Miller, M. E.,** & Zeman, J. L. (2019, March). *Examining a potential bidirectional relationship between parental emotion socialization and adolescent anxiety.* Posted presented at the Graduate School of Arts & Science at William & Mary, Williamsburg, VA.

7. Regalario, I. M., **Miller, M. E.,** Asim, A., Doorley, J., Goodman, F., & Kashdan, T. B. (2018, November). *Can curiosity buffer against the potentially harmful effects of anxiety on meaning in life?* Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.

6. **Miller, M. E.,** Regalario, I. M., Stiksma, M. C., & Kashdan, T. B. (2018, October). *A deeper look at religion’s impact on views on society.* Poster presented at the Society of Southeastern Social Psychologists, Raleigh, N.C.

5. Regalario, I. M., Ashraf, A., **Miller, M. E.**, Kelso, K. C., & Kashdan, T.B. (2018, April). *Do women gossip more than men?* Poster presented at the George Mason Undergraduate Research Symposium, Fairfax, VA.

4. Brown, B. A., **Miller, M. E.**, Goodman, F. R., Disabato, D., & Kashdan, T.B. (2018, March). *Experiential avoidance moderating the effect of anxiety on changes in meaning in life: A prospective study.* Poster presented at the Society for Personality and Social Psychology, Atlanta, GA.

3. **Miller, M**, Collins, C., Stewart, E., Rasmussen, C., Frei, A., & Crickman, R.(2017, May). *Genetic predisposition to generalized anxiety disorder*. Paper presented at the University of Washington Undergraduate Research Symposium, Seattle, Washington.

2. **Miller, M.**, Collins, C., Stewart, E., & Rasmussen, C. (2016, October). *Stressful life events and generalized anxiety disorder.* Talk presented at the Community Research and Action in the West Conference, Portland, Oregon.

1. **Miller, M.**, & Collins, C. (2016, May). *Is there a genetic predisposition to generalized anxiety disorder?: A literature review.* Talk presented at the University of Washington Undergraduate Research Symposium, Bothell, Washington.

**AWARDS AND HONORS**

Samuel M Turner Clinical Research Grant *May 2021*

William & Mary Distinguished Thesis Award for the Natural Sciences *May 2020*

Graduate student representative for the Social Sciences at William & Mary *February 2019*

 Dean’s dinner for donors and Board members

Cum Laude, University of Washington  *June 2017*

Dean’s List, University of Washington (all semesters) *2015, 2016, 2017*

Presidential Scholarship, Baylor University (all semesters) *2013, 2014*

**RESEARCH EXPERIENCE**

**Development and Psychopathology Lab University of Georgia**

*Graduate Research Assistant/Lab Coordinator**August 2020 – Present*

*Mentor: Cynthia Suveg, Ph.D., Associate Professor of Psychology*

Dyadic Assessments of Dad's Support (DADS) Study

* Helped to lead a study assessing positive parenting and physiological synchrony in Latinx and African American families of children ages 5 to 9
* Led the recruitment team consisting of three undergraduate research assistants where we worked to recruit, screen and schedule families
* Led all IRB protocol amendments with regards to COVID-19 protocols and trained all lab personnel on safety precautions with regards to study set-up, participant engagement, and study clean-up
* Assisted in running participants, helping to conduct parental interviews, record behavioral observations, and collect respiratory sinus arrhythmia (RSA) data for both the parents and children using MindWare Biolab software (Version 3.0.6)
* Helped with cleaning physiological data using MindWare HRVsoftware (Version 3.0.25)
* Led data analysis of physiological synchrony in MPlus version 8.2

**Social and Emotional Development Lab William & Mary**

*Graduate Research Assistant/Lab Coordinator**July 2018 – June 2020*

*Mentor: Janice Zeman, Ph.D., Professor of Psychological Sciences*

Emotion Socialization Study

* Involved in study examining friend and parent socialization of emotion in adolescents as it relates to psychosocial adaptation over a 6 year-period
* Oversaw the third wave of data collection, entry and cleaning, analyses, and communication of results at conferences
* Managed 22 undergraduate research assistants including assigning weekly lab tasks, mentoring poster writing, conducting lab meetings
* Taught and oversaw students’ participant recruitment, data entry, data cleaning, video and audio transcriptions, linguistic word analyses, video behavioral coding
* Managed datasets for all three waves (in SPSS)
* Created a codebook and coded over 130 video-recorded parent-child interaction tasks for emotion socialization behaviors
* Assisted in review of submitted journal articles

Daily Diary Study on Distress Tolerance

* Helped lead a study investigating the relations among distress tolerance, anxiety and depression symptoms, and emotion regulation in daily life within a college sample
* Employed EMA (ecological momentary assessment) to measure constructs over 15-day period
* Oversaw 9 research assistants recruit, run participants, enter and manage baseline and daily diary data, and analyses

Master’s Thesis – *winner of William & Mary Distinguished Thesis Award for the Natural Sciences*

* Examining the role of negative parent emotion socialization, adolescent adaptive emotion regulation and adolescent friendship quality as predictors of symptoms of adolescent internalizing disorders using 132 parent-adolescent (ages 16-18 years) dyads
* Used data from “Emotion Socialization Study” mentioned about
* Using moderated mediation with structural equation modeling in AMOS; latent variables were comprised of factor loadings from multiple forms of assessment (i.e., video-recorded interaction task, parent report on adolescent behaviors, adolescent self-report)

**The Well-Being Lab George Mason University**

*Post Baccalaureate Research Assistant* *July 2017 – June 2018*

*Mentor: Todd Kashdan, Ph.D., Professor of Psychology*

* Worked on three research studies: (a) examined individual psychological flexibility and emotional competencies as predictors of goal attainment, (b) examined emotion and behavioral tendencies for individuals suffering from social anxiety, (c) assessed well-being within the context of work-life balance
* Conducted participant sessions including semi-structured interviews on emotion regulation and psychopathology for two different studies
* Transcribed interviews and ran data compliance in both SPSS and Excel, assisted in literature reviews, recruited participants
* Assisted in creating and validating a measure on work-life balance for a three-way study, tested surveys in Qualtrics for all three waves, contributed to thematic codes for subscales, assisted in editing the final manuscript prior to submission

**Dorsey Lab University of Washington**

*Undergraduate Research Assistant* *August 2016 – June 2017*

*Mentor: Shannon Dorsey, Ph.D., Associate Professor of Psychology*

* Aided in two research studies: (a) assessed why there is a high turnover rate in community mental health from both clinician and supervisor perspectives, (b) examined the effectiveness of CBT for high-risk children in the United States and Kenya
* Transcribed semi-structured interviews with community mental health clinicians and supervisors
* Created a codebook within Excel and then conducted RACing (rapid analysis coding) on the transcriptions
* Conducted a literature review to identify themes for clinician job embeddedness
* Carried out data management using REDCap (Research Electronic Data Capture)

**Vitaliano Lab University of Washington**

*Undergraduate Research Assistant* *August 2016 – December 2016*

*Mentor: Peter Vitaliano, Ph.D., Professor of Psychiatry and Behavioral Sciences*

* Assisted in a study examining the effects of stress on the physiological and psychological health of caretakers of older adults
* Assisted in a literature review, editing and publishing a paper

**Stress and Development Lab University of Washington**

*Undergraduate Research Assistant* *January 2016 – August 2016*

*Mentor: Katie McLaughlin, Ph.D., Assistant Professor of Psychology*

* Worked on two studies: (a) analyzed changes in brain development over time for trauma-exposed kids while also assessing physiological responses of children as they watched their mother get scared by an adverse stimulus, (b) examined daily stressors and stress exposure in high-risk adolescent girls over time using an EMA methodology
* Assisted in fMRI (functional magnetic resonance imaging) data collection for both studies
* Managed data in SPSS and Qualtrics
* Recruited at-risk adolescent girls and families for studies

**CLINICAL EXPERIENCE**

**Children’s Hospital of Atlanta Atlanta, GA**

*Neuropsychology Extern* *June, 2021 – December 2021*

* Conducted pre- and postsurgical neuropsychology evaluations for patients to monitor cognitive development for youth diagnosed with epilepsy
* Wrote assessment reports following assessments
* Assisted in conducting informational interviews with parents regarding their child

**University of Georgia Psychology Clinic Athens, GA**

*Psychologist-In-Training (Child and Adult Teams) August 2020 – Present*

* Provided evidence-based treatments to adults and administered semi-structured interviews to inform case conceptualization and provide diagnoses
* Administered psychoeducation to therapy clients
* Wrote progress notes
* Conducted risk assessments for suicidality, substance abuse and self-harm
* Participated in individual, peer and group supervision weekly

**University of Georgia Psychology Clinic Athens, GA**

*Psychologist-In-Training Clinic Assistant (Child and Adults Teams) January 2022 – Present*

* Conducted intake assessments for potential child and adult clients
* Carried out phone screening assessments for psychoeducational assessments
* Conducted risk assessments for self-harm, substance use and suicidality

**Empowered Learners Williamsburg, VA**

*Student Counselor* *January 2019 – December 2019*

* Meet one-on-one weekly with high-risk students, usually referred because of psychopathology, risky behaviors, and failing grades, conducting an evidence-based curriculum focused on building social capital, strong mentoring relationships, and adaptive emotion regulation skills
* Conduct assessments for suicidal ideations, self-harm, parental abuse and neglect, and drug and alcohol abuse
* Meet weekly for individual supervision

**WORK EXPERIENCE**

**Avalon Center Williamsburg, VA**

*Community Outreach Volunteer**January 2020 – July 2020*

* Volunteered at a domestic violence center working with community outreach and education
	+ Participated in tabling events at local fundraisers
	+ Spoke on behalf of the organization to educate about risk factors for domestic and sexual violence

**Neurodiversity Initiative Williamsburg, VA**

*Coordinator**July 2019 – July 2020*

* Neurodiversity is an initiative focused on increased acceptance and inclusion of the wide range of human neurologies (e.g., Autism and ADHD) on college campuses and beyond
* Organize monthly meetings, record and distribute agendas and minutes, manage the initiative’s email, arrange accommodations for guest speakers
* Advertise and organize events including a summer pre-orientation for incoming neurodiverse students
* Assist in managing the Neurodiversity Initiative’s budget
* Serve as a liaison between student group and working group consisting of W&M faculty and staff

**Becoming Parents Program Seattle, WA**

*Curriculum Editor**August 2016*

* Primary editor for a curriculum which prepares low-income, high-risk couples for the arrival of their first baby

**Solid Ground Seattle, WA**

*Mentor**September 2015 – June 2016*

* Mentored high-risk youth ranging from age 4 to 17 years in an after-school program for three hours per week

**BeYOUtiful Foundation Seattle, WA**

*Founder* *October 2014 - September 2016*

* Began a foundation whose mission was to raise awareness about mental illness and eating disorders
* Raised money to send people to treatment centers for severe emotional and eating disorders
* Created an interactive website where people could find psychological resources, share their stories, and donate money to help send those struggling to obtain treatment

**TEACHING**

**University of Georgia**

**Research Analysis in Psychology (Statistics)** *Fall 2021*

*Teaching Assistant*

**Special Topics in Psychology – Forensic Psychology** *Spring 2021*

*Teaching Assistant*

**Research Methods in Psychology** *Spring 2021, Spring 2022*

*Teaching Assistant*

**Abnormal Psychology** *Fall 2020, Summer 2021*

*Teaching Assistant*

**Developmental Psychology** *Fall 2020*

*Teaching Assistant*

**Guest Lectures**

*Research Methods in Psychology Spring 2021*

(Observational research methodology, 4 invited presentations)

**RELEVANT SKILLS**

**Statistical Software**

MPlus, HLM, R, Amos, SPSS

**Physiological Data Collection/Processing**

MindWare/Biolab, MindWare HRV Analysis

**Web-Based**

Qualtrics, REDCap

**JUNIOR JOURNAL REVIEWER**

Journal for Clinical Child and Adolescent Psychology

Developmental Psychology

Journal for Clinical Psychology

Social Development

Journal of Child and Family Studies

Journal of Nonverbal Behavior

Parenting: Science and Practice

**DEPARTMENTAL SERVICE**

**University of Georgia**

Student-Faculty Committee *Fall 2020 and Spring 2021*

Awards Committee *Fall 2020, Spring 2021, Fall 2021, Spring 2022*

**CERTIFICATIONS**

Certificate in Structural Equation Modeling using R and MPlus *Spring 2021*

 *Hosted by The Center of Statistical Training*

Certificate in Diversity & Inclusion (CDI): *Fall 2020*

UGA's Non-Discrimination Anti-Harassment Policy and the USG Sexual Misconduct Policy

 *Hosted by the University of Georgia Department of Diversity and Inclusion*

Certificate in Telepsychology Best Practice 101 Series (Segments 1, 2, 3) *Fall 2020*

 *Hosted by the American Psychological Association (APA)*

**MEMBERSHIPS**

Society for Research on Child Development - student member

Association for Cognitive and Behavioral Therapies - student member

**REFERENCES**

Available upon request.