

## Elemental Psychopathy Inventory

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This questionnaire contains 178 items. Each item is scored on a **1 to 5 scale**, where 1 = the statement is false or that you **strongly disagree**; 2 = the statement is mostly false or you **disagree**; 3 = the statement is about equally true or false, you cannot decide, or you are **neutral** on the statement; 4 = the statement is mostly true or you **agree**; and 5 = the statement is definitely true or you **strongly agree**. Please read each item carefully and provide your answer that best corresponds to your agreement or disagreement. There are no right or wrong answers. Describe yourself honestly and state your opinions as accurately as possible.

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<b>Disagree strongly 1</b>	<b>Disagree a little 2</b>	<b>Neither agree nor disagree 3</b>	<b>Agree a little 4</b>	<b>Agree strongly 5</b>
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1. I frequently feel tense and jittery.
2. I can remain calm in situations in which other people might panic.
3. I tend to be more of a follower than a leader.
4. I'm a pretty smooth talker.
5. It takes a lot to make me nervous or anxious.
6. At times people seem to go out of their way to make life difficult for me.
7. I've gotten in trouble because of some of the risks I've taken.
8. I frequently forget my middle name.
9. I am not a very assertive person.
10. I find it pretty easy to impose my will on others.
11. Most people are just too soft-hearted.
12. I try to eat something almost every day.
13. I feel bad when I see someone crying.
14. I tend to give up when a task becomes difficult.
15. It's easy for me to make a good first impression.
16. People don't give me the credit I deserve.
17. I don't hesitate to voice my opinions.
18. The only problem with cheating is getting caught for it.
19. I have done a lot of wild things in my life.
20. I often feel worthless.
21. Sometimes I lie simply because I enjoy it.
22. People who know me know not to make me angry.
23. I never speak to anyone during the day.
24. I've done things that hurt people when I was upset.
25. There is no point to wallowing in self-pity, so I don't do it.
26. I feel better about myself when I'm getting along well with others.
27. I will try almost anything to get my "thrills".
28. I am a bit of a daredevil.
29. I often lose my patience when dealing with other people.

**Disagree  
strongly**  
1

**Disagree  
a little**  
2

**Neither agree  
nor disagree**  
3

**Agree  
a little**  
4

**Agree  
strongly**  
5

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30. I am easily annoyed.
31. I am often troubled by feelings of guilt.
32. People who were supposed to be my "friends" have gotten me in trouble.
33. I often emerge as the leader in a group.
34. I have never told a lie to anyone.
35. "Act first, think later," describes me well.
36. I have never been envious of anyone else.
37. I'm able to concentrate on one task for a long time.
38. I don't care if my actions have a negative impact on others.
39. "Better safe than sorry" is my motto.
40. I find it easy to resist temptations.
41. I will someday make a big name for myself.
42. I always keep my feelings under control.
43. I like having power.
44. I have trouble making myself get things done.
45. I could make a living as a con artist.
46. I have lied to someone at least once in my life.
47. I am very confident in myself around other people.
48. People tell me I have a bad temper.
49. I have gotten in trouble for failing to meet my obligations to others.
50. I am strongly attached to my friends and family.
51. I work well under someone's leadership.
52. I have trouble controlling myself when I am upset
53. I don't handle stress very well.
54. When something becomes boring or difficult, I move on to something else.
55. I'm not all that concerned with other peoples' needs.
56. If I were in charge, the world would be a better place.
57. I often find myself in trouble because I did not think far enough ahead.
58. It is important to me to be the "top dog" in a group.
59. The needs of others are just as important as my own needs.
60. I drink, eat, or smoke too much, particularly when I'm upset.
61. Some people say I'm too cocky and full of myself.
62. I get a kick out of challenging so-called authority figures.
63. When someone does something nice for me, I wonder what they want from me.
64. I am better rested on mornings after a good night of sleep than after I have I have stayed awake all night.
65. I am forceful and assertive with others.
66. I often let my feelings get me into trouble.
67. Things tend to run more smoothly when I'm in charge.
68. I quit things pretty easily.
69. You need to be pretty coldhearted to get by in life.

**Disagree  
strongly**  
1

**Disagree  
a little**  
2

**Neither agree  
nor disagree**  
3

**Agree  
a little**  
4

**Agree  
strongly**  
5

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70. Feeling sorry for others is a sign of weakness.
71. I would make a good soldier because I can control my fear.
72. I trust that other people will be honest with me.
73. I am willing to step on some toes in order to get what I want.
74. The thought of getting into serious trouble would make me nervous and afraid.
75. I would risk injury to do something exciting.
76. I take a personal interest in my colleagues and friends.
77. People say I worry too much.
78. I remain cool, calm, and collected when things get stressful.
79. I always plan ahead.
80. The importance of being "honest at all times" is overrated.
81. I set goals for myself and work until they are achieved.
82. I can keep a cool head in moments of danger or crisis.
83. I often feel anxious when talking to new people.
84. People think I am too distrustful, but I think I'm just realistic.
85. My tendency to be sneaky or deceptive has gotten me in trouble before.
86. I deserve special treatment.
87. When other people are scared, I can usually stay calm.
88. I get flustered under pressure.
89. Being a moral, ethical person is very important to me.
90. I need to do exciting things to get my blood pumping.
91. I get a thrill out doing things that are illegal.
92. I faithfully repay my debts.
93. I rarely feel nervous.
94. I tend to finish tasks regardless of how frustrated, bored, or tired I am.
95. I'm willing to stretch the truth to make things easier for myself.
96. I have very few regrets about my past behavior.
97. When I'm upset, I will do things I later regret.
98. Most people would like to be like me.
99. I try to give my best effort at all times.
100. I don't mind letting people know of my abilities and achievements.
101. Some people think I am uncaring and unfeeling.
102. In the heat of an argument, I often do or say things that get me into trouble.
103. I am a bit of a worrier.
104. On average, I get less than an hour of sleep a night.
105. My temper has gotten me into trouble.
106. I do not like to lend things to people who will not take care of them.
107. I have never listened to music.
108. I make close and lasting relationships with people
109. I find it easy to manipulate others.

**Disagree  
strongly**  
1

**Disagree  
a little**  
2

**Neither agree  
nor disagree**  
3

**Agree  
a little**  
4

**Agree  
strongly**  
5

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110. When I'm upset, I often act without thinking.
111. I'm slow to trust people.
112. Most people are just too sensitive.
113. I am known as a bit of a rebel.
114. I feel positive about the direction my life is going.
115. It takes a lot to get me angry.
116. I like doing things that are risky or dangerous.
117. My stubbornness has frequently gotten me into trouble.
118. I do not believe that it is bragging if you are telling the truth.
119. I don't think of myself as crafty or sly.
120. I feel a lot of remorse for things I have done.
121. I tend to jump right into things without thinking very far ahead.
122. I do what I want, not what others tell me to do.
123. I'm easily embarrassed.
124. I'm not a particularly sympathetic person.
125. I don't feel a strong need to get close to people.
126. My tendency to live for the moment has caused me trouble at times.
127. I admire a really clever scam.
128. I have sailed across the Atlantic Ocean in a hot air balloon.
129. I have more important things to worry about than other people's feelings.
130. I feel sad and blue most of the time.
131. I like to carefully consider the consequences before I make a decision
132. Looking out for me is my top priority.
133. Crying is a sign of weakness.
134. Helping others is important to me.
135. I care a lot about my relationships with others.
136. I am not known for my careful advance planning.
137. I often feel overwhelmed by life.
138. I do not believe that I am any more important than anyone else.
139. I'm not the type to get depressed about the things I've done wrong.
140. I don't mind being told what to do.
141. I've been in physical fights as a result of losing my temper.
142. The suffering of others is not my problem.
143. I like to see things through to the end.
144. I have fewer fears than most people I know.
145. Outside of sex, romantic relationships are not all that important to me.
146. People would say I am a reliable and dependable person.
147. Rules are made to be broken.
148. It would really bother me if my best friend and I stopped being friends.
149. I am not very good at following orders.

**Disagree  
strongly**  
1

**Disagree  
a little**  
2

**Neither agree  
nor disagree**  
3

**Agree  
a little**  
4

**Agree  
strongly**  
5

---

150. I'd make a terrible soldier because I couldn't stand to see someone get seriously hurt.
151. I don't waste my time worrying about things.
152. I would be good at a job that required making quick decisions under pressure.
153. I tell people what they want to hear in order to get them to do what I want.
154. I have treated another person unfairly at least once in my life.
155. I like to stand out and be noticed.
156. I want to know what is in it for me before I agree to help someone.
157. I'm reluctant to confide in others.
158. I am uncomfortable in front of other people.
159. People will try to take advantage of you if they think they can get away with it.
160. I tend to stay in the background at social gatherings.
161. I have, at least once, laughed or smiled at an inappropriate joke.
162. I've had problems with authority figures.
163. I'm pretty comfortable when meeting new people.
164. I try hard to stick to my principles.
165. I am a cautious person.
166. I sometimes make hasty decisions.
167. From time to time I have really "blown up" at someone.
168. I have never in my life been angry at another person.
169. I tend not to get depressed over things.
170. I can be counted on to do what I promised to do.
171. I often think that others aren't telling me the whole truth.
172. I always finish what I start.
173. My anxiety sometimes keeps me from doing things I'd like to do.
174. I have, at least once, been impolite to another person.
175. I have eaten more than I should have on at least one occasion.
176. Other people describe me as cold-hearted.
177. I have hurt people or broken things when I have been angry.
178. I've gotten in trouble for missing too much work or school.

**Scoring Key:**

Unconcern: 1R, 5, 74R, 77R, 93, 103R, 144, 151, 173R

Invulnerability: 2, 53R, 71, 78, 82, 87, 88R, 137R, 152

Dominance: 3R, 9R, 10, 17, 33, 43, 58, 65, 67

Self-Assurance: 4, 15, 47, 83R, 123R, 155, 158R, 160R, 163

Distrust: 6, 32, 63, 72R, 84, 111, 157, 159, 171

Thrill-Seeking: 7, 19, 27, 28, 39R, 75, 90, 91, 116

Callousness: 11, 13R, 69, 70, 124, 133, 142, 150R, 176

Impersistence: 14, 37R, 44, 54, 68, 81R, 94R, 143R, 172R

Arrogance: 16, 41, 56, 61, 86, 98, 100, 118, 138R

Disobliged: 18, 49, 89R, 92R, 99R, 146R, 164R, 170R, 178

Self-Contentment: 20R, 25, 31R, 96, 114, 120R, 130R, 139, 169

Manipulation: 21, 45, 80, 85, 95, 109, 119R, 127, 153

Anger: 22, 29, 30, 48, 105, 115R, 141, 167, 177

Urgency: 24, 40R, 42R, 52, 60, 66, 97, 102, 110

Coldness: 26R, 50R, 76R, 101, 108R, 125, 135R, 145, 148R

Rashness: 35, 57, 79R, 121, 126, 131R, 136, 165R, 166

Self-Centeredness: 38, 55, 59R, 73, 112, 129, 132, 134R, 156

Oppositional: 51R, 62, 113, 117, 122, 140R, 147, 149, 162

Infrequency scale: one point for a 4 or 5 on items 8, 23, 104, 107, and 128 and one point for a 1 or 2 on items, 12, 64, and 106.

Virtue scale: one point for a 4 or 5 on items 34, 36, and 168 and one point for a 1 or 2 on items 46, 154, 161, 174, and 175.

Scoring EPA factors (Few et al., 2013):

EPA Antagonism = sum of Coldness, Distrust, Manipulation, Self-Centeredness, and Callousness.

EPA Emotional Stability = sum of Unconcern, Self-Contentment, and Invulnerability.

EPA Disinhibition = sum of Urgency, Thrill-Seeking, Oppositional, Disobliged, Impersistence, and Rashness

EPA Narcissism = sum of Self-Assurance, Anger, Dominance, and Arrogance.

### Citations

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