

Julie M. Brisson

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EDUCATION

- 2021- Ph.D., University of Georgia, Developmental Psychology
Advisor: Katherine B. Ehrlich, Ph.D.
- 2021 B.A., University of Connecticut, Human Development and Family Sciences,
Psychological Sciences
Advisors: Blair T. Johnson, Ph.D. & Preston A. Britner, Ph.D.

HONORS AND AWARDS

- 2021 Outstanding Undergraduate Involvement in HDFS Research
- 2021 HDFS Conference Presentation Award
- 2020 Phi Beta Kappa
- 2020 Summer Undergraduate Research Fund Grant, \$3,825
- 2020 University Scholar, \$2,940
- 2018-2020 Babbidge Scholar

MANUSCRIPTS AND PUBLICATIONS

- Brisson, J. M.**, Johnson, B. T., Le, J. M., Britner, P. A., & Stekler, N. *Adverse childhood experiences and allostatic load across the lifespan: A systematic review and meta-analysis*. Manuscript submitted for publication.
- Acabchuk, R. L., **Brisson, J. M.**, Park, C. L., Babbott-Bryan, N., Parmelee, O. A., & Johnson, B. T. (2021). Therapeutic effects of meditation, yoga, and mindfulness-based interventions for chronic symptoms of mild traumatic brain injury: A systematic review and meta-analysis. *Applied Psychology: Health and Well-Being*, 13(1), 34-62. <https://doi.org/10.1111/aphw.12244>
- Acabchuk, R. L., Simon, M. A., Low, S., **Brisson, J. M.**, & Johnson, B. T. (2021). Measuring meditation progress with a consumer-grade EEG device: Caution from a randomized controlled trial. *Mindfulness*, 12(1), 68-81. <https://doi.org/10.1007/s12671-020-01497-1>

PRESENTATIONS

Brisson, J. M., Johnson, B. T., Britner, P. A., Le, J. M., Hennessy, E. A., & Acabchuk, R. L. (2021, April). *Adverse childhood experiences and biological embedding: A systematic review and meta-analysis of developmental trajectories*. Poster presented at The Biennial Meeting of the Society for Research in Child Development.

Brisson, J. M., Stekler, N., Le, J. M., Britner, P. A., & Johnson, B. T. (2021, March). *Adverse childhood experiences and biological embedding: A systematic review of the evidence and methodological considerations*. Poster presented at the University of Connecticut Frontiers in Undergraduate Research Online Exhibition, Storrs, CT.

Acabchuk, R. L., Robel, A., Small, R., **Brisson, J. M.**, Park, C. L., & Johnson, B. T. (2020, November). *Shamanism and mental health: Observational study results show improvements in resilience, self-compassion, and loneliness*. Poster presented at The Mind and Life Contemplative Research Conference.

Acabchuk, R. L., Park, C. L., **Brisson, J. M.**, Babbott-Bryan, N., Parmelee, O. A., & Johnson, B. T. (2020, October). *Mind-body interventions for recovery from mild traumatic brain injury and post-concussion syndrome: Systematic review of evidence and potential mechanisms*. Paper presented at The International Association of Yoga Therapists' Symposium on Yoga Research.

RESEARCH EXPERIENCE

2021- Graduate Research Assistant, Health and Development Laboratory, University of Georgia, Advisor: Katherine B. Ehrlich, Ph.D.

2019-2021 Project Lead and Research Assistant, Systematic Health Action Research Program, University of Connecticut, Advisor: Blair T. Johnson, Ph.D.

PROFESSIONAL EXPERIENCE

2021 Summer Undergraduate Research Education Program Mentor (UGA)
Led meetings for small groups of undergraduate students interested in pursuing a career in psychology research

2019-2021 Editorial Assistant, *Psychological Bulletin*
Assessed suitability for peer review, monitored manuscript flow, and drafted author decision letters

- 2019-2021 Editorial Assistant, *Social Science & Medicine*, Health Psychology Office
Responded to author and reviewer queries, invited peer reviewers, and proofread manuscripts for publication
- 2019-2021 Program Coordinator, Office of Community Outreach (UConn)
Supervised student program directors leading one-time service projects and civic engagement initiatives
- 2019-2021 HDFS Mentor, Academic Center for Exploratory Students (UConn)
Provided advice and resources to students interested in the HDFS major
- 2018 Peer Mentor, Academic Achievement Center (UConn)
Mentored students on academic probation

PROFESSIONAL MEMBERSHIPS

Society for Research in Child Development