

CURRICULUM VITAE

Name: Steven R. H. Beach

Address: University of Georgia
Department of Psychology
125 Baldwin Street
Athens, Georgia 30602-3013
(706) 542-1173 (office)
srhbeach@uga.edu

Academic History

Education

1985 Ph.D., S.U.N.Y. at Stony Brook, New York in Clinical Psychology.
1981 M.A., S.U.N.Y. at Stony Brook, New York in Clinical Psychology.
1978 B.S., Summa Cum Laude, University of Illinois, Champaign, IL.

Licensed Clinical Psychologist

1986-Present Awarded by Georgia State Board of Examiners of Psychologists, July 10, 1986

Patent Awarded

2018 Methods and kits for using MTHFR methylation to characterize the impact of tobacco use and other agents or conditions and/or to gauge the intensity of exposure to the same, 2018. Patent number WO201814074.

Academic Positions Held

2009-present Co-Director, Center for Family Research

2007-present Distinguished Research Professor of Psychology (reappointed 2017)

2003-2013 Director, William A. and Barbara R. Owens Institute for Behavioral Research

1999-2002 Associate Director, Institute for Behavioral Research

1997-2007	Professor, University of Georgia
1992-1997	Associate Professor, University of Georgia
1987-1991	Assistant Professor, University of Georgia

Recognition for Outstanding Achievements

2019	Best Family Economics Paper of the Year awarded by NCFR. For “Stress spillover, African Americans’ couple and health outcomes, and the stress-buffering effect of family-centered prevention.”
2019	President’s Award of Distinction for Team Science CTSA (February 29 th)
2017	UGA Distinguished Research Professorship (reapproved)
2016	Invited Presentation for the Inaugural Symposium of the Institute for Translational Research in Children’s Mental Health (ITR) on Epigenetics: Minneapolis, Minnesota.
2014	Family Psychologist of the Year Award from Division 43 of the American Psychological Association.
2013	Outstanding Article Award for “Social Environment, Genes, and Aggression: Evidence Supporting the Differential Susceptibility Perspective.” From the American Society of Criminology
2013	Invited Presentation – Conference on Genetic Susceptibility sponsored by the Jacobs Foundation. Marbach Castle, Switzerland
	Invited Presentation – Conference on Genetic moderation of Intervention sponsored by the Jacobs Foundation. Kasteel Oud-Poelgeest. Leiden, Netherlands
2012	Invited Presentation – Purdue University
2010	October 20 - Invited Presentation - Universität Zürich, Switzerland
	October 14 to 16 - Invited Presentation – ICD10 and Relational Processes, Ascona, Switzerland
	July 16 - Invited Presentation – AAMFT Research Conference
2009	Invited Presentation – Emory University, Department of Psychology
2008-2009	Study in a Second Discipline: Glycomics and Psychiatric Genetics
2008	Invited Presentation – University of Iowa, Department of Psychiatry
2008	Division 43 Distinguished Contribution to Family Psychology Award
2007	Invited Presentation – University of Fribourg, Switzerland
2007	Recipient Distinguished Research Professorship, University of Georgia
2006	Clinical Psychology Teaching Award
2005	Invited Presentation to NIH/NIAAA Workgroup, Washington, D.C.
2005	Recipient of the William A. Owens Award
2004	Who’s Who in Social Sciences Higher Education (WSSHE)
2004	Invited Presentation at the American Psychological Association
2002	Invited Presentation for AAMFT
2002	Invited Presentation for Family Division of APA

2001	Invited Presentation for NIH
1998	Invited Presentation for Southeastern Society of Social Psychology
1995	Invited Presentation for Brown University Medical School
1994	Elected Fellow of APA, Divisions 12 and 43
1994	J. Hatten Howard III Teaching Award for Honors Instruction
1993	Invited Presentation for Carrier Foundation
1993	Invited Presentation for University of Heidelberg, Germany.
1992	Invited Presentation for the Marital Intervention and Marital Therapy Conference, Fourth World Congress of Behavior Therapy (July 9, 1992)
1992	Invited Symposium for the Mid-Western Psychological Association
1991	AAMFT Outstanding Research Publication Award
1991	Creative Research Medal, University of Georgia

Research Foci

1) Marital and Family Processes in Clinical Psychology and Psychiatry; 2) Mechanisms of social influence on biological embedding; 3) Development of preventive interventions with particular attention on populations facing chronic stress such as rural African Americans; 4) Using preventive intervention designs to test theory.

Active Grants: Grant Period, Title, Source, Amount

2020-2025	Neuroscience, Immunology, Social Adversity and the Roots of Addictive Behaviors: Toward a New Framework for Drug Use Etiology and Prevention. NIDA. (Co-Investigator). Total Award \$10,000,000.
2019-2023	Developmental, Contextual, and Psychosocial Predictors of Weathering and Health among Rural African Americans in their Fourth Decade of Life NICHHD (Co-Investigator). Total Award: \$3,058,607
2018-2021	Origin of Chronic Diseases of Aging Among Rural African American Young Adults. NICHHD. (Co-Investigator). Total Award: \$922,710
2018-2023	Contextual and Health Behavior Effects on Epigenetic Aging Among African Americans. NIMHD/NCI. (Multi-PI). Total award: \$3,248,668
2018-2023	Using a Randomized Prevention Trial to Understand the Health Benefits of Supportive Couple Relationships Among Rural African American Adults. NIA. (PI). Total award: \$2,910,140
2017-2021	Responsive Parenting, Sleep, and Rapid Weight Gain among African American Infants. NIDDK. (Co-Investigator). Total award: \$2,728,416

- 2017-2022 Psychosocial Context and the Biological Clock: Changes in Weathering During Middle-Age. NIA. (Co-Investigator). Total award: \$3,060,206
- 2015-2021 Biomarkers of Health Risk Among African American Couples. NICHD. (PI). Total award: \$2,875,718

Mentoring Training Awards

- 2019–2021 Mentor for Sierra Carter for Diversity Supplement to “Contextual and Health Behavior Effects on Epigenetic Aging Among African Americans”. National Cancer Institute (NCI).
- 2019–2021 Mentor for Ewan Cobran for the National Center for Advancing Translational Sciences (NCATS), Research Supplement to Promote Diversity in Health-Related Research Award KL2 Program through the Georgia Clinical and Translational Science Alliance (Georgia CTSA).
- 2020-2025 Mentor for Ewan Cobran for K01 award. Genetic Literacy and Patient-Caregiver Communication of Prognostic Genetic Technology for Localized Prostate Cancer. National Cancer Institute (NCI).
- 2020-2025. Mentor for Jiaying Lui for K01 award. Neuroimaging approaches to improve prediction of cigarette smoking initiation among young adult ENDS users. Food and Drug Administration (FDA).

Completed

- 2014-2020 Vulnerability to Drug Use & HIV: Advancing Prevention for Rural African Americans. NIDA. (Co-Investigator). Total award: \$4,88,776
- 2014-2019 Factors Affecting Health Risk Behaviors in Young African Americans. NIDA Total award: \$2,837,927 (Co-Investigator).
- 2014-2019 Couple Relationships and Health during Transition to Later Adulthood. NIA. (Co-Investigator). Total award: \$2,579,220
- 2014-2019 Rural African American Young Adults' Pathways to Psychosocial and Physical Health. NICHD. (Co-Investigator). Total award: \$3,092,587
- 2014-2019 Social Determinants of Inflammation and Metabolic Syndrome among African Americans NHLBI (Co-investigator). Total award: \$2,891,478
- 2012-2018 Home-Based Prevention for African American Families in Rural Communities. NICHD. (PI). Total award: \$2,665,354
- 2011-2017 HIV-Related Behavior among Rural African American, Young Adult Men. NIDA. (Co-Investigator) Total award: \$2,154,597
- 2012-2016 Gratitude, prayer and close relationships.” John Templeton Foundation (Co-Investigator).
- 2009-2015 The Strong African American Families Community Dissemination Model NIAAA (Co-Investigator). Total award: \$3,609,563

- 2012-2014 The Effects of Smoking on DNA Methylation in Primary Human Lymphocytes. (Co-Investigator). Primary award to University of Iowa.
- 2009-2014 A Transdisciplinary Center Focused on Rural African American Families. NIDA 1P30DA027827 (Co-Investigator). Total award: \$6,625,202
- 2009-2014 The Strong African American Families Community Dissemination Model. (Co-Investigator). Total award: \$746,740
- 2008-2014 Examination of Genetic and G×E Effects in the Family and Community Health Studies. (Subcontract PI). Total subcontract: \$896,995
- 2008-2014 Contextual Processes and Rural African American Emerging Adults. NICHD. (Co-Investigator) Total award: \$3,795,660
- 2008-2013 Factors Influencing the Health Behavior of Young African American Adults. (Co-PI). Direct costs: \$2,600,000
- 2007-2012 Risk, Resilience, and Disorder: African Americans transitioning to Adulthood (Co-PI). Direct costs: \$2,400,000
- 2006-2012 Strong African American Fathers in Healthy Marriages: A randomized controlled trial with Rural Families. ACF. (PI). Total award: \$2,467,652
- 2007-2012 Vulnerability and Resiliency in African American Parents. (Co-Investigator). Subcontract: \$883,049
- 2008-2011 Generalization of Marital Intervention Effects to the Family and Community Environment. Fetzer Institute. (PI). \$100,000
- 2008-2010 Preventing Substance Use & Risky Behavior among Rural African American Youth SAAF-T Genetic Supplement NIDA. (Co-PI). \$50,000
- 2009-2011 Generalization of Marital Intervention Effects to the Family and Community Environment; Templeton Foundation (PI). \$50,000
- 2007-2009 Preventing Alcohol Use Among African American Youth: Genetic Data Collection Supplement (SAAF) – NIAAA. Co-PI (\$154,573-direct)
3R01AA012768-08S1: Preventing Alcohol Use Among African American Youths
- 2005-2009 A Comparison of Two Approaches to Enhancing Marriage John Templeton Foundation, (\$1,129,825). PI. (\$120,000 – supplement)
- 2006-2008 Preventing Drug Use in Rural African American Youth: Genetic Data Collection Supplement (AIM) NIDA (RR274254) (\$177,285-Direct). Co-PI.
5R01DA010923-04S1: Preventing Drug Use in Rural African Americans.
- 2004-2006 Relational Diagnoses” Fetzer Foundation, (\$135,000-Direct). PI
- 2001-2005 Advice and Support: Self-Evaluation Considerations NIMH, \$(525,000 - Direct). PI
- 1999-2003 Forgiveness in Family Relationships. John Templeton Foundation (\$200,000-direct). Co-PI
- 1995-1999 Self-Evaluation Maintenance in Close Relationships NSF (\$257,000-direct). PI
- 1990-1993 Emotion in Marriage NIMH (\$346,747) Co-PI
- 1983-1987 Treatment of Marital Distress and Depression NIMH (\$303,000-direct). Co-PI

Publications

Books (5)

- Beach, S. R. H.** (2001). *Marital and family processes in depression: A scientific foundation for clinical practice*. Washington DC: American Psychological Association Press.
- Beach, S. R. H.** & Sales, J. M. (2016). *Refining prevention: Genetic and epigenetic contributions*. *Frontiers in Psychology*. retrieved from http://www.frontiersin.org/books/Refining_Prevention_Genetic_and_Epigenetic_Contributions/846
- Beach, S. R. H.**, Sandeen, E. E., & O'Leary, K. D. (1990). *Depression in marriage: A model for etiology and treatment*. New York: Guilford.
- Beach, S. R. H.**, Wamboldt, M., Kaslow, N., Heyman, R. E., First, M. B., Underwood, L. G., Reiss, D. (2006). *Relational processes and DSM-V: Neuroscience, assessment, prevention & intervention*. Washington, DC. American Psychiatric Publishing, Inc.
- Foran, H. M., **Beach, S. R. H.**, Heyman, R. E., Slep, A. S., & Wamboldt, M. (2013). *Family problems and family violence: Reliable assessment and the ICD-11*. New York, NY: Springer Publishing Company.

Journal Articles (292)

2020

- Hart, A. R., Lavner, J. A., Carter, S. E., & **Beach, S. R. H.** (on line May, 2020). Racial discrimination, depressive symptoms, and sleep problems among Blacks in the rural south. *Cultural Diversity & Ethnic Minority Psychology*. doi: 10.1037/cdp0000365.
- Lavner, J. A., Barton, A. W., & **Beach, S. R. H.** (2020). Direct and indirect effects of a couple-focused preventive intervention on children's outcomes: A randomized controlled trial with African American families. *Journal of Consulting and Clinical Psychology*, 88(8), 696-707. doi: 10.1037/ccp0000589
- Philibert, R. A., **Beach, S. R. H.**, Lei, M-K., Gibbons, F. X., Gerrard, M., Simons, R. L., & Dogan, M. V. (2020). Array-Based Epigenetic Aging Indices May Be Racially Biased. *Genes*, 11(6), 685. doi: 10.3390/genes11060685.
- Simons, R. L., Lei, M-K., Klopach, E., **Beach, S. R. H.**, Gibbons, F. X., & Philibert, R. A. (on line July 7th, 2020). The effects of social adversity, discrimination, and health risk behaviors on the accelerated aging of African Americans: Further support for the weathering hypothesis. *Social Science & Medicine*. doi: 10.1016/j.socscimed.2020.113169

- Andersen, A. M., Lei, M-K., **Beach**, S. R. H., Philibert, R. A., Sinha, S., & Colgan, J. D. (2020). Cigarette and cannabis smoking effects on GPR15+ helper T cell levels in peripheral blood: Relationships with epigenetic biomarkers. *Genes*, *11*(2), Article E149. doi:10.3390/genes11020149
- Beach**, S. R. H., Ong, M., Lei, M-K., Klopach, E., Carter, S., Simons, R. L., Gibbons, F. X., Lavner, J. A., Philibert, R. A., & Ye, K. (2020). Childhood adversity is linked to adult health among African Americans via adolescent weight gain and effects are genetically moderated. *Development and Psychopathology*. Advance online publication. doi.10.1017/S0954579420000061
- Berg, M. T., Lei, M-K., **Beach**, S. R. H., Simons, R. L., & Simons, L. G. (2020). Childhood adversities as determinants of cardiovascular disease risk and perceived illness burden in adulthood: Comparing retrospective and prospective self-report measures in a longitudinal sample of African Americans. *Journal of Youth and Adolescence*, *49*, 1292-1308. doi:10.1007/s10964-020-0107-z
- Lei, M. K., & **Beach**, S. R. H. (2020). Can we uncouple neighborhood disadvantage and delinquency? An experimental test of family resilience guided by the social disorganization theory of delinquency. *Family Process*. Advance online publication. doi:10.1111/famp.12527
- Lei, M. K., Berg, M. T., Simons, R. L., Simons, L. G., & **Beach**, S. R. H. (2020). Childhood adversity and cardiovascular disease risk: An appraisal of recall methods with a focus on stress-buffering processes in childhood and adulthood. *Social Science and Medicine*, *246*, Article 112794. doi:10.1016/j.socscimed.2020.112794
- Lei, M-K., Gibbons, F. X., Simons, R. L., Philibert, R. A., & **Beach**, S.R. H. (2020). The effect of tobacco smoking differs across indices of DNA methylation-based aging in an African American sample: DNA methylation-based indices of smoking capture these effects. *Genes*, *11*(3), Article 311. doi:10.3390/genes11030311
- Philibert, R. A., Dogan, M., **Beach**, S. R. H., Mills, J. A. & Long, J. D. (2020). AHRR methylation predicts smoking status and smoking intensity in both saliva and blood DNA. *American Journal of Medical Genetics: Part B. Neuropsychiatric Genetics*, *183B*(1), 51-60. doi:10.1002/ajmg.b.32760
- Simons, R. L., Lei, M-K., Klopach, E., Zhang Y., Gibbons, F. X., & **Beach**, S. R. H. (2020 June 3). Racial discrimination, inflammation, and onset of chronic illness among African American women at midlife: Support for the weathering perspective. *Journal of Racial and Ethnic Health Disparities*. Advance online publication. doi:10.1007/s40615-020-00786-8
- Holmes, C., Owens, M., **Beach**, S. R. H., McCormick, M., Hallowell, E., Clark, U., Barton, A., Brody, G., MacKillop, J., & Sweet, L. (2020). Peer influence, frontostriatal connectivity,

and delay discounting in African American emerging adults. *Brain Imaging and Behavior*, *14*, 155-163. doi:10.1007/s11682-018-9977-y

2019

Beach, S. R. H., Lei, M. K., Simons, R. L., Barr, A. B., Simons, L. G., Cutrona, C. E., & Philibert, R. A. (2019). Perceived relationship support moderates the association of contextual stress with inflammation among African Americans. *Journal of Family Psychology*, *33*(3), 338-348. doi:10.1037/fam0000509.

Carter, S., Ong, M-L., Simons, R. L., Gibbons, F. X., Lei, M.-K., & **Beach**, S. R. H. (2019). The effect of early discrimination on accelerated aging among African Americans. *Health Psychology*, *38*(11), 1010-1013. doi:10.1037/hea0000788.

Dawes, K., Vercande, K., Papworth, M. S., Philibert, W., Andersen, A., **Beach**, S. R. H., Gibbons, F. X., Gerrard, M., & Philibert, R. (2019). Saliva DNA methylation detects nascent smoking in adolescents: Development of a scalable tool for use in smoking prevention programs with youth. *Journal of Child and Adolescent Psychopharmacology*. *29*(7), 535-544. doi:10.1089/cap.2018.0176

Hanson, J. L., Gilmore, A. D., Yu, T., Holmes, C. J., Hallowell, E. S., Barton, A. W., **Beach**, S. R. H., Galván, A., MacKillop, J., Windle, M., Chen, E., Miller, G. E., Sweet, L. H., & Brody, G. H. (2019). A family-focused intervention influences hippocampal-prefrontal connectivity through gains in self-regulation. *Child Development*, *90*(4), 1389-1401. doi.org/10.1111/cdev.13154

Lavner, J. A., Barton, A. W., & **Beach**, S. R. H. (2019). Improving couples' relationship functioning leads to improved coparenting: A randomized controlled trial with rural African American couples. *Behavior Therapy*, *50*, 1016–1029. doi:10.1016/j.beth.2018.12.006

Lavner, J. A., Stansfield, B. K., **Beach**, S. R. H., Brody, G. H., & Birch, L. L. (2019). Sleep SAAF: A responsive parenting intervention to prevent excessive weight gain and obesity among African American infants. *BMC Pediatrics*, *19*, Article 224. doi:10.1186/s12887-019-1583-1587.

Lei, M. K., Simons, R. L., **Beach**, S. R. H., & Philibert, R. A. (2019). Neighborhood disadvantage and biological aging: Using marginal structural models to assess the link between neighborhood census variables and epigenetic aging. *The Journals of Gerontology: Series B. Psychological Sciences and Social Sciences*, *74*(7), e50-e59. doi:10.1093/geronb/gbx015

Miller, S., Noel, A., Dawes, K., Papworth, E., Black, D. W., **Beach**, S. R. H., Long, J. D., Mills, J. A., Dogan, M., & Philibert, R. A. (2019). A four marker digital PCR toolkit for

- detecting heavy alcohol consumption and the effectiveness of its treatment. *Journal of Insurance Medicine*, 48(1), 90-102. doi:10.17849/inm-48-1-1-1.1
- Mills, J., **Beach**, S. R. H., Dogan, M., Simons, R. A., Gibbons, F. X., Long, J., & Philibert, R. A. (2019). A direct comparison of the relationship of epigenetic aging and epigenetic substance consumption markers to mortality in the Framingham Heart Study. *Genes*, 10(1), 51. doi:10.3390/genes10010051
- Owens, M. M., Syan, S. K., Amlung, M. T., **Beach**, S. R. H., Sweet, L. H., & MacKillop, J. (2019). Functional and structural neuroimaging studies of delayed reward discounting in addiction: A systematic review. *Psychological Bulletin*, 145(2), 141-164. doi:10.1037%2Fbul0000181
- Simons, R. L., Lei, M-K., **Beach**, S. R. H., Simons, L. G., Barr, A. B., Gibbons, F. X., & Philibert, R. A. (2019). Testing life course models whereby juvenile and adult adversity combine to influence speed of biological aging. *Journal of Health and Social Behavior*, 60(3), 291-308. doi:10.1177/0022146519859896
- Simons, R. L., Woodring, D., Simons, L. G., Sutton, T. E., Lei, M. K., **Beach**, S. R. H., Barr, A. B., & Gibbons, F. X. (2019). Youth adversities amplify the association between adult stressors and chronic inflammation in a domain specific manner: Nuancing the early life sensitivity model. *Journal of Youth and Adolescence*, 48(1), 1-16. doi:10.1007/s10964-018-0977-4
- Sutton, T. E., Simons, L. G., Martin, B. T., Klopach, E. T., Gibbons, F. X., **Beach**, S. R. H., & Simons, R. L. (2019). Racial discrimination as a risk factor for African American men's physical partner violence: A longitudinal test of mediators and moderators. *Violence Against Women*, 26(2), 164-190. doi:10.1177/1077801219830245
- Wickrama, K. A. S, Klopach, E. T., O'Neal, C. W., **Beach**, S. R. H., Neppl, T., Lorenz, F. O., & Bae, D. (2019). Life course patterns of concurrent trajectories of BMI and affective symptoms of rural mothers: Socioeconomic antecedents and disease outcomes in later life. *The Journals of Gerontology: Series B. Psychological Sciences and Social Sciences*, 74(7), 1233-1244. doi:10.1093/geronb/gbx121
- 2018
- Andersen, A. M., Lei, M-K., Philibert, R. A., & **Beach**, S. R. H. (2018). Methylation of *MTHFR* moderates the effect of smoking on genomewide methylation among middle age African Americans. *Frontiers in Genetics*, 9, Article 622. doi:10.3389/fgene.2018.00622
- Barr, A. B., Simons, L. G., Simons, R. L., **Beach**, S. R. H., & Philibert, R. A. (2018). Sharing the burden of the transition to adulthood: African American young adults' transition challenges and their mothers' health risk. *American Sociological Review*, 83(1), 143-172. doi:10.1177/0003122417751442

- Barton, A. W., **Beach**, S. R. H., Bryant, C. M., Lavner, J. A., & Brody, G. H. (2018). Stress spillover, African Americans' couple and health outcomes, and the stress-buffering effect of family-centered prevention. *Journal of Family Psychology*, *32*(2), 186-196. doi:10.1037/fam0000376
- Barton, A. W., **Beach**, S. R. H., Wells, A. C., Ingels, J. B., Corso, P. S., Sperr, M. C., Anderson, T. N., & Brody, G. H. (2018). The Protecting Strong African American Families program: A randomized controlled trial with rural African American couples. *Prevention Science*, *19*(7), 904-913. doi:10.1007/s11121-018-0895-4
- Beach**, S. R. H., Lei, M.-K., Brody, G. H., & Philibert, R. A. (2018). Prevention of early substance use mediates, and variation at SLC6A4 moderates, SAAF intervention effects on *OXTR* methylation. *Prevention Science*, *19*(1), 90-100. doi:10.1007/s11121-016-0709-5
- Beach**, S. R. H., Lei, M.-K., Simons, R. L., Dogan, M. V., Gibbons, F. X., & Philibert, R. A. (2018). MTHFR regulatory effects on methylation of CG05575921 in response to smoking: Effects are also discernable using MTHFR expression. *American Journal of Medical Genetics: Part B. Neuropsychiatric Genetics*. *177B*(5), 529-534. doi:10.1002/ajmg.b.32624
- Dogan, M. V., **Beach**, S. R. H., Simons, R. L., Lendasse, A., Penaluna, B., & Philibert, R. A. (2018). Blood-based biomarkers for predicting risk for five-year incident coronary heart disease in the Framingham Heart Study via machine learning. *Gene*, *9*(12), Article 641. doi:10.3390/genes9120641
- Dogan, M. V., Simons, R. L., **Beach**, S. R. H., Lendasse, A., & Philibert, R. A. (2018). Next-generation artificial intelligence-based integrated genetic-epigenetic prediction of 5-year risk for coronary heart disease. *Circulation*, *138* (Suppl 1), A16592-A16592.
- Holmes, C. J., Barton, A. W., MacKillop, J., Galván, A., Owens, M., McCormick, M., Yu, T., **Beach**, S. R. H, Brody, G. H., & Sweet, L. (2018). Parenting and salience network connectivity among African Americans: A protective pathway for health-risk behaviors. *Biological Psychiatry*, *84*(5), 365-371. doi:10.1016/j.biopsych.2018.03.003
- Kogan, S. M., Cho, J., **Beach**, S. R. H., Smith, A. K., & Nishitani, S. (2018). Oxytocin receptor gene methylation and substance use problems among young African American men. *Drug and Alcohol Dependence*, *192*, 309-315. doi:10.1016/j.drugalcdep.2018.08.022
- Lavner, J. A., Barton, A. W., Bryant, C. M., & **Beach**, S. R. H. (2018). Racial discrimination and relationship functioning among African American couples. *Journal of Family Psychology*, *32*(5), 686-691. doi:10.1037/fam0000415

- Lei, M. K., **Beach**, S. R. H., & Simons, R. L. (2018). Biological embedding of neighborhood disadvantage and collective efficacy: Influences on chronic illness via accelerated cardiometabolic age. *Development and Psychopathology*, *30*, 1797-1815. doi:10.1017/S0954579418000937
- Lei, M. K., **Beach**, S. R. H., & Simons, R. L. (2018). Childhood trauma, pubertal timing and cardiovascular risk in adulthood. *Health Psychology*, *37*(7), 613-617. doi:10.1037/hea0000609
- Owens, M. M., MacKillop, J., Gray, J. C., **Beach**, S. R. H., Stein, M. D., Niaura, R. S., & Sweet, L. H. (2018). Neural correlates of tobacco cue reactivity predict duration to lapse and continuous abstinence in smoking cessation treatment. *Addiction Biology*, *23*(5), 1189-1199. doi:10.1111/adb.12549
- Simons, R. L., Lei, M. K., **Beach**, S. R. H., Barr, A. B., Simons, L. G., Gibbons, F.X., & Philibert, R. A. (2018). Discrimination, segregation, and chronic inflammation: Testing the weathering explanation for the poor health of Black Americans. *Developmental Psychology*, *54*, 1993-2006. doi:10.1037/dev0000511
- Philibert, R. A. & **Beach**, S. R. H. (2018). Would addressing alcohol consumption further account for variance in methylation? *American Journal of Psychiatry*, *175*(7), 684-685.
- Philibert, R. A., Dogan, M., Noel, A., Miller, S., Krukow, B., Papworth, E., Cowley, J., Knudsen, A., **Beach**, S. R. H., & Black, D. W. (2018). Genome-wide and digital polymerase chain reaction epigenetic assessments of alcohol consumption. *American Journal of Medical Genetics: Part B. Neuropsychiatric Genetics*, *177B*(5), 479-488. doi:10.1002/ajmg.b.32636
- Philibert, R., Dogan, M., Noel, A., Miller, S., Krukow, B., Papworth, E., Cowley, J., Long, J. D., **Beach**, S. R. H., & Black, D. W. (2018). Dose response and prediction characteristics of a methylation sensitive digital PCR assay for cigarette consumption in adults. *Frontiers in Genetics*, *9*, Article 137. doi:10.3389/fgene.2018.00137.
- Windle, M., Gray, J. C., Lei, M-K., Barton, A. W., Brody, G. H., **Beach**, S. R. H., Galván, A., MacKillop, J., Clark, U. S., & Sweet, L. H. (2018). Age-sensitive associations of adolescent substance use with amygdalar and frontal volumes in young adulthood. *Drug and Alcohol Dependence*, *186*, 94-101. doi:10.1016/j.drugalcdep.2018.02.007

2017

- Beach**, S. R. H., Lei, M. K., Simons, R. L., Barr, A. B., Simons, L. G., Ehrlich, K., Brody, G. H., & Philibert, R. A. (2017). When inflammation and depression go together: The longitudinal effects of parent-child relationships. *Development and Psychopathology*, *29*, 1969-1986. doi:10.1017/S0954579417001523

- Berg, M. T., Simons, R. L., Barr, A., **Beach**, S. R. H., & Philibert, R. A. (2017). Childhood/adolescent stressors and allostatic load in adulthood: Support for a calibration model. *Social Science and Medicine*, *193*, 130-139. doi:10.1016/j.socscimed.2017.09.028
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Arias, I., & **Beach**, S.R.H. (1987). The assessment of social cognition in marriage. In K.D. O'Leary (Ed.), *Assessment of Marital Discord*. Hillsdale, New Jersey: Lawrence Erlbaum.

Beach, S.R.H., & Tesser, A. (1987). Love in marriage: A cognitive account. In R.J. Sternberg & M.J. Barnes (Eds.), *The Anatomy of Love*. New Haven, CT: Yale University.

Beach, S.R.H., & O'Leary, K.D. (1985). The current status of outcome research in marital therapy. In L. L'Abate (Ed.), *Handbook of Family Psychology and Psychotherapy*. Homewood, IL: Dow Jones-Irwin.

Beach, S.R.H., Abramson, L.Y., & Levine, F.M. (1981). Attributional reformulation of learned helplessness and depression: Therapeutic implications. In Clarkin and Glazer (Eds.), *Depression: Behavioral and Directive Intervention Strategies*.

Research Presentations Since 2005

Adesogan, O. I., Lavner, J. A., Beach, S. R. H. (November 19-22, 2020). _Shift-and-Persist Coping as a Protective Factor among African American Youth. Poster presented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Philadelphia, PA.

Asiri, I., Young, H. N., Beach, S. R. H., Mandawat, A., Master, V. , Cobran, E. K. (February 27-29, 2020). Mortality and Thromboembolic Events in Castration-Resistant Prostate Cancer Patients with Pre-existing Cardiovascular Comorbidities Receiving Oral Androgen Signaling Inhibitors: Research In-progress. Presentation to the Southeastern Regional Clinical & Translational Science Conference, Callaway Gardens, GA.

Hart, A., Lavner, J. A., Beach, S. R. H. (May, 2020). *Cultural Socialization and Preparation for Bias Buffer the Impact of Racial Discrimination on Increases in Black Youths' Depressive Symptoms*. Poster presented at the Annual Convention of the Association for Psychological Science, Chicago, IL.

Cobran E, Chen R, Godley P. A., **Beach S. R. H.**, Young H. N., Shah S., Asiri I. M. (October 10, 2019). *Prostate Specific Antigen Surveillance Testing Frequency after Definitive Treatment with Surgery and Radiation Therapy for Localized Prostate Cancer*. Presented to the 7th African Caribbean Cancer Consortium Scientific and Training Conference, Kingston, Jamaica. 10 Oct 2019.

Andersen, A., Philibert, R. A., Lei, M-K., Beach, S. R. H. (June 15-19, 2019). *Smoking is associated with inflammation and increased B cell proportion in peripheral blood in*

- older African American smokers*. Presentation to the 81st Annual Meeting of the College on Problems of Drug Dependence. San Antonio, TX.
- Hart, A., Lavner, J. A., **Beach, S. R. H.** (Nov 21- 24, 2019). *Racial Discrimination Predicts Depressive Symptoms and Sleep Problems: Replication across Family Members among Blacks in the Rural South*. Poster presented to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Atlanta, Georgia.
- King, V., Wickrama, K., Beach, S. R. H. (Nov 21 - 24, 2019). *Religion and Spirituality in Couple Relationships: Building a Foundation for Expansion of Couple Therapy Research and Practice to Religious Couples*. Paper presented as part of the symposium "Religion and Spirituality in Couple Relationships Across the Lifespan: Expanding Couple Therapy Research" to the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Atlanta, Georgia.
- Barton, A. W., Lavner, J. A., Beach, S. R. H. (Nov 21 - 24, 2019). *"The Protecting Strong African American Families program: Design, implementation, and long-term outcomes for couples and children."* Paper presented as part of the symposium on Novel preventive intervention strategies for couples and families: Extending the reach and social impact of CBT to promote relationship quality and family well-being. Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Atlanta, Georgia.
- Lei, M. K., Beach, S. R. H. (November 13-16, 2019). *Prevention induced changes in parental communication to reduce adolescent delinquency in disadvantaged neighborhood*. Paper presented to the American Society of Criminology. San Francisco, CA.
- Dogan, M. V., Simons, R. L., **Beach, S. R. H.**, Philibert, R. A. (November, 2018). *A Next-Generation Artificial Intelligence-Based Integrated Genetic-Epigenetic Prediction of 5-Year Risk for Coronary Heart Disease*. American Heart Association. Chicago, Illinois.
- Lavner, J. A., **Beach, S. R. H.** Barton, A. W. Bryant, C. M. (March 1-3, 2018). *Racial Discrimination and Relationship Functioning among African American Couples*. Paper presented to SPSP as part of the symposium "Couples in Context: Influence of Social Networks and Socio-Economic Hardships," Atlanta, GA.
- Barton, A. W. & **Beach, S. R. H.** (March 1-3, 2018). *Family-Centered Prevention Program Buffers Financial Hardship Spillover to African Americans' Relationship Outcomes*. Paper presented to SPSP as part of the symposium "Couples in Context: Influence of Social Networks and Socio-Economic Hardships," Atlanta, GA.
- Barton, A. W. & **Beach, S. R. H.** (May, 2017). *The Protecting Strong African American Families (ProSAAF) Program: Main and Stress-Buffering Effects from a Randomized Controlled Trial for Two-Parent Rural African American Families*. Society for Prevention Research.

- Berger, P. K., Lavner, J. A., Smith, J., **Beach**, S. R. H., Birch, L. (November, 2016). *Change in body composition from 2 to 8 weeks postpartum differs for breastfed and formula-fed infants*. Presented at The Obesity Society meeting.
- Lavner, J., Birch, L., **Beach**, S. R. H. (October 31 - November 4, 2016). *Change in body composition from 2 to 8 weeks postpartum differs for breastfed and formula-fed infants*. Paper presented to The Obesity Society's Annual Meeting in New Orleans, LA.
- McNeil Smith, S., Reynolds, J. E., Fincham, F. D., & **Beach**, S. R. H. (November, 2016). *Perceived discrimination and marital instability in African-American couples*. National Council on Family Relations. Minneapolis, Minnesota.
- Beach**, S. R. H. (May, 2015). *Examination of Contextual and Family Effects on Health and Well-being Using Epigenetic Predictors, Mediators, and Outcomes*. Presentation for the Inaugural Symposium of the Institute for Translational Research in Children's Mental Health (ITR). Epigenetics: Development, Psychopathology, Resilience, and Preventive Intervention. Minneapolis, Minnesota.
- Salami, T. K., Carter, S. E., Walker, R. L., **Beach**, S. R. H. (November, 2015). *The Differential Impact of Dimensions of Race-Related Stress on Symptoms of Depression and Anxiety in a Community-Based Low-Income Sample of African Americans*. Poster presented at the 49th annual convention of ABCT held in Chicago, Illinois.
- Dogan, M. V., S. R. H. **Beach**, Lei, M. K., Cutrona, C. E., Gerrard, M., Gibbons, F. X., Simons, R. L., Brody, G. H., Philibert, R. A. (October 6th, 2015). *Methylomic aging as a window on lifestyle impact: Tobacco and alcohol alter the rate of biological aging*. American Society of Human Genetics Annual Meeting in Baltimore, Maryland.
- Rajasekaran, V., Salami, T. K., Carter, S. E., **Beach**, S. R. H., Walker, R. L. (April, 2015). *A Cascade Model Linking Life-Stress and Deliberate Self-Harm: The Mediating Effects of Hopelessness Depressive Symptoms, Emotion Regulation, and Impulsivity*. Psi Chi. Athens, GA.
- Davis, M., Suveg, C., Shaffer, A., **Beach**, S. R.H. (March 19-21, 2015). *Child Genotype Moderates the Impact of Maternal Parenting Stress Among Preschoolers*. Paper presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, Pennsylvania
- Beach**, S. R. H., Barton, A., Lei, M. K., Brody, G. H., Kogan, S. M., Hurt, T. R., Fincham, F. D., Stanley, S. M. (November, 2014). *The Effect of Communication Change on Parenting in the Promoting Strong African American Families (ProSAAF) Program*. Paper presented at the 48th annual convention of ABCT held in Philadelphia as part of the symposium on "Relationship Interventions for Underrepresented Couples."
- Carter, S.E., Salami, T.K., Walker, R.L., **Beach**, S.R.H. (November, 2014). Perceived racial

- discrimination is associated with chronic health problems among African American women: Mediation by anxiety and moderation by health-promoting behaviors. Poster to be presented at the 48th annual convention of Association for Behavioral and Cognitive Therapies Convention Special Interest Group - African Americans in Behavior Therapy. Philadelphia, PA.
- Salami, T. K., Carter, S. E., Walker, R. L., **Beach**, S. R. H. (November, 2014). Does Race Matter for Detecting Cognitive Vulnerability to Depression? Examination of Cognitive Vulnerability Measures among African Americans and European Americans. Poster presented at the 48th annual convention of ABCT. Philadelphia, PA.
- Gibbons, R. X., Abraham, T., Stock, M., Gerrard, M., **Beach**, S., Wills, T. (February 2014). Sensitivity Genes Moderate the Effect of Racial Discrimination on Anger and Self-Control. Poster presented at the annual meeting of SPSP Austin, Texas.
- Kogan, S. M., Lei, M-K., **Beach**, S. R. H., Brody, G. H., Windle, M. MacKillop, J., Lee, S. (March, 2014). *DRD4 polymorphisms and early sexual onset: Gender and environmental moderation in a sample of African American youth*. Paper presented to the 15th biennial meeting of the Society for Research on Adolescence. Austin, Texas.
- Salami, T. K., Carter, S. E., Flowers, K. C., Walker, R. L., **Beach**, S. R. H. (May, 2013). *Cognitive Vulnerability of Depression: Examining the Attributional Style Questionnaire and the Cognitive Style Questionnaire in African Americans*. Paper presented at the annual convention of the American Psychological Society. Washington, DC.
- Beach**, S. R. H., Brody, G. H., Kogan, S. M., Hurt, T. R., Fincham, F. D., Stanley, S. M. (Nov., 2012). *Efficacy of the Protecting Strong African American Families (ProSAAF) Program*. Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies. November 16th, 2012. National Harbor, MD.
- Hurt, T. R., **Beach**, S. R. H, Stokes, L. A., Bush, P. L., & Sheats, K. J. (2012, October - November). *Engaging African American men in empirically-based marriage enrichment programs: Lessons from a focus group on the ProSAAM Project*. Paper presented at the H2R 2012 Survey Methods for Hard to Reach Populations, New Orleans, LA.
- Kogan, S. M., Brody, G. H., **Beach**, S. R. H., Philibert, R., Gibbons, F. X., Chen, Y. F., Simons, R. (April 2nd, 2011). *Contextual Amplification of Family Processes and the DRD4 Polymorphism: Effects on Adolescent Women's Risky Sexual Behavior*. Paper presented to the Biennial Meeting of the Society for Research in Child Development in Montreal, Canada.
- Beach**, S. R. H., & Whisman, M. A. (October 14, 2010). *The impact of Partner Relational Problems*. Presentation to the Fetzer Institute and the World Health Organization for the Conference on Relational Processes in ICD-11 in Ascona, Switzerland.

- Beach**, S.R. H. (October 20, 2010). *Affective Disorders: It is Time To Facilitate Referrals for Marital and Family Treatment*. University of Zurich, Switzerland.
- Whisman, M. A., & **Beach**, S. R. H. (October 14, 2010). *The identification of Partner Relational Problems*. Presentation to the Fetzer Institute and the World Health Organization for the Conference on Relational Processes in ICD-11 in Ascona, Switzerland.
- Beach**, S. R. H., & Whisman, M. A. (July, 2010). *Affective Disorders*. Presentation to the Research Conference of the American Association of Marital and Family Therapy. Arlington, VA.
- Todorov AA, Chorbov V, Cicero TJ, Lynskey M, **Beach** SRH (October 3-7, 2010). *Exposure to trauma is associated with hypermethylation in the SLC6A4 promoter region*. The XVIII World Congress on Psychiatric Genetics. Athens, Greece.
- Philibert, R., **Beach**, S. R.H., Gunter, T., D., Brody, G. H., Caspers, K. C., & Gibbons, F. X. (May, 2010). *The epigenetic signature of depression at the serotonin transporter is dependent on gender*. Society for Biological Psychiatry, New Orleans.
- Philibert, R., **Beach**, S. R.H., Gunter, T., D., Todorov, A. A., Brody, G. H., Vijayendran, M., Elliot, N., Hollenbeck, M., Russell, D., Cutrona, C. E. (Nov.2-6, 2010). *The Relationship of Genotype and Thyroid Function to Lifetime History of Major Depression in Three Independent Populations*. 60th Annual meeting of the American Society of Human Genetics. Washington, DC.
- Beach**, S. R. H., Hurt, T. R., Fincham, F. D., Franklin, K. J., McNair, L. M., Stanley, S. M. (Nov., 2009). *Enhancing the Cultural Sensitivity of Marital Programs by Attending to Couples' Spirituality: Efficacy Data for Prayer Focused PREP (PFP)*. For the panel "Taking It to the Next Level: Culture- and Gender-Inclusive Family-Based Prevention." Paper presented at the Association for Behavioral and Cognitive Therapies, New York, NY.
- Beach**, S. R. H., Brody, G. H., Philibert, R. A. (Nov., 2009). *Child Maltreatment and MAOA Genotype in Depression and Antisocial Personality Disorder: Genetic Moderation of the Effects of Family Environment*. For the panel "Personal Relationships and Depression Across the Lifespan." Paper presented at the Association for Behavioral and Cognitive Therapies, New York, NY.
- Beach**, S. R. H., Fincham, F. D., Hurt, T. R. (July 9, 2009). *Integrating Prayer into Relationship Enhancement*. Plenary Keynote Address presented to Smart Marriage. Orlando, FL.
- Burns, M. N., **Beach**, S. R. H., Kammen, C. (April 24, 2009). *Attributional and Minority Stress Processes Predict Social Anxiety in Gay Men*. Paper presented at the Johns Hopkins Public Health Conference.

- Beach, S. R. H.** (February 5, 2009). *Relationship Processes*. Presentation to the conference on Romantic Relationships in Emerging Adulthood. Tallahassee, Florida.
- Philibert, R., **Beach, S. R. H.**, Brody, G., Gunter, T. D., Chen, Y. (2009, May 14-16). *The Relationship of Genetic Variation in the 15q24 Nicotine Receptor Cluster with Nicotine and Alcohol Dependence in 4 Independent Cohorts*. Society of Biological Psychiatry, 64th Annual Scientific Convention & Meeting. Vancouver, Canada
- Beach, S. R. H.** (October 22nd, 2008). Marital and Family Dysfunction in Depression. Invited presentation for Grand Rounds at the University of Iowa Medical School. Iowa City, Iowa.
- Hurt, T. R., & **Beach, S. R. H.** (June 18, 2008). Community Engagement in the Program for Strong African American Marriages (ProSAAM). Third annual, African American Healthy Marriage Initiative (AAHMI) conference. Chapel Hill, NC.
- Beach, S. R. H.**, Hurt, T. R., Fincham, F. D., McNair, L. M. (June 18, 2008). *Preliminary Efficacy Results in the Program for Strong African American Marriages (ProSAAM)*. Third annual, African American Healthy Marriage Initiative (AAHMI) conference. Chapel Hill, NC.
- Beach, S. R. H.**, Fincham, F. D., Hurt, T. R. (July 5, 12:45-2:15, 2008). *Prayer and Marriage Education*. Workshop presented to Smart Marriage. San Francisco, CA.
- Fincham, F. D., & **Beach, S. R. H.** (Nov. 2008). *Spirituality and Marital Intervention: A Conceptual Framework and Preliminary Data*. Paper presented at the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- McNair, L., Hurt, T., **Beach, S. R. H.**, Fincham, F. D., Murry, V. M. (Nov. 2007). *Community Engagement in the Program for Strong African American Marriage (ProSAAM)*. Paper presented at the Association for Behavioral and Cognitive Therapies, Philadelphia.
- Beach, S. R. H.**, Brody, G. H., Kogan, S., Murry, V. M., & Chen, Yi Fu. (Nov. 2007). *Family Based intervention Reduces Depression: Evidence from the Strong African American Families Program*. Paper presented at the Association for Behavioral and Cognitive Therapies, Philadelphia.
- Hurt, T., **Beach, S. R. H.**, McNair, L. D., Fincham, F. D., Murry, V. M. (Nov., 2007). *Dissemination of Couples' Interventions: Experiences from ProSAAM*. Paper presented at the 69th annual meeting of the National Council on Family Relations. Pittsburgh.
- Brody, G. H., **Beach, S. R. H.** (May, 2007). *Laying the groundwork for examining genetic and G×E effects in preventive interventions with African American Families*. Fifteenth annual meeting of the Society for Prevention Research. Washington, D.C.

- Dreifuss, J. A., Kamen, C., **Beach**, S. R. H. (Nov., 2006). *Piloting the use of a computerized intervention to retrain maladaptive relationship attributions in married women*. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies.
- Beach**, S. R. H., Fincham, F. D., & Leonard, K. A. (Nov., 2006). *Nuances in the connection between marriage and depression*. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies.
- Beach**, S. R. H. (Nov., 2006). *Recommendations for incorporating couple and family processes into the DSM-V*. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies.
- Beach**, S.R.H., Fincham, F. D., & Leonard, K. (Nov., 2006). *Non-linear connections between marital discord and depression*. Paper presented at the 38th annual convention at the Association for the Advancement of Behavior Therapy. New Orleans, LA.
- Schneider, R., **Beach**, S. R. H., Baumrind, N., & Kimerling, R. (Nov., 2006). *Child abuse, partner violence and marital dissolution among Latina women: Links to mental health problems and PTSD symptoms*. Poster presented at the 40th annual meeting of the Association for the Advancement of Behavior Therapy.