## Characteristics Associated with Success in Graduate School (and Professional Life)

- ♦ Motivation / Drive / Ambition
- ♦ Willingness to work hard
- ♦ Intellectual curiosity / Love of learning / Genuine interest in discovery
- ♦ Ability to tolerate uncertainty and ambiguity
- Persistence / Ability to work through problems repeatedly (don't expect quick and easy answers)
- ♦ Flexibility
- ♦ Resilience
- ♦ Self-confidence
- ♦ Independence (ability to work without constant reassurance / hand-holding)
- ♦ Ability to delay gratification
- ♦ Ability to make on multiple tasks at one time / prioritize
- ♦ Time management/organizational skills
- ♦ Love of abstract reasoning
- ♦ Analytical/logical thinking
- ♦ Self-discipline
- Sense of humor
- ♦ Moderate risk-taking
- ♦ Openness to experience
- ♦ Creativity and self-investment in research ideas (instead of imitation of others' work)
- Oral and written communication skills
- ♦ Ability to sit for a long time and listen/think without talking (especially in clinical work) or the ability to work alone
- ♦ Enjoyment of academics (for graduate school success and success in academic jobs)