## Appendix 2. Narcissistic Vulnerability Scale

## **NVS**

## **Trait-oriented Instructions:**

**State-oriented Instructions:** 

This scale consists of a number of words that describe different personal qualities. Read each item and then circle the appropriate answer to indicate to what extent each word describes you *in general*, that is, *on the average*. Use the following scale to record your answers:

To what degree do your currently feel:															
1															
1. Ashamed		2				6	7	7. Resentful	1		3	4	5	6	7
2. Ignored		2					7	8. Insecure	1		3		5	6	7
3. Self-absorbed		2					7	9. Irritable	1	2	3	4	5	6	7
4. Fragile	1	2	3	4	5	6	7	10. Misunderstood	1		3		5	6	7
5. Underappreciated	1	2	3	4	5	6	7	11. Vengeful	1	2	3	4	5	6	7
6. Envious	1	2	3	4	5	6	7								