

CURRICULUM VITAE

Anne Elizabeth Shaffer

Department of Psychology
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EDUCATION

- 2008 Doctor of Philosophy in Child Psychology
 Specialization in Developmental Psychopathology and Clinical Science
 Institute of Child Development, University of Minnesota
- 2007-2008 Clinical Psychology Predoctoral Internship
 Emory University School of Medicine/Grady Health System
- 2006 Master of Arts in Child Psychology
 Institute of Child Development, University of Minnesota
- 1998 Bachelor of Arts in Psychology and Philosophy
 University of Georgia

LICENSURE

Clinical Psychologist, State of Georgia (License #3421)

ACADEMIC POSITIONS

- 2014-present Associate Professor
 Department of Psychology
 Clinical Psychology and Brain & Behavioral Sciences Programs
 University of Georgia
- 2008-2014 Assistant Professor
 Department of Psychology
 Clinical Psychology and Brain & Behavioral Sciences Programs
 University of Georgia

SELECTED ACADEMIC HONORS, AWARDS, FELLOWSHIPS

Finalist, UGA Graduate School Mentoring Award (2016)

Nominee, UGA Graduate School Mentorship Award (2010)

Writing Fellow, UGA Center for Teaching and Learning (2015-16)

Graduate Faculty Teaching Award, Department of Psychology, University of Georgia (2016, 2012, 2011)

Clinical Psychology Program Teaching Award, University of Georgia Faculty Award (2015, 2013)

Clinical Psychology Program Clinical Supervision Award, University of Georgia Faculty Award (2014, 2013)

Clinical Psychology Program Mentorship Award, University of Georgia Faculty Award (2010)

Clinical Psychology Program Research Award, University of Georgia Faculty Award (2011)

Outstanding Contribution to the Clinical Psychology Program, University of Georgia Faculty Award (2009)

Child Intervention Prevention & Service (CHIPS) Fellowship, National Institute of Mental Health (2010-11)

American Psychological Foundation Koppitz Memorial Student Travel Award (2006)

National Science Foundation Graduate Fellowship (2003-06)

University of Minnesota Graduate School Fellowship (2002-03)

PEER REVIEW ACTIVITIES

Journal Review

Associate Editor, *Journal of Child and Family Studies*, 2014-present

Reviewer: *Child Maltreatment, Child Abuse & Neglect, Child Development, Journal of Child Psychology and Psychiatry, Journal of Family Psychology, Behavior Therapy, Social Development, Journal of Affective Disorders, Journal of Clinical Child and Adolescent Psychology, Journal of Interpersonal Violence, Children and Youth Services Review; Journal of Family Violence; Journal of Aggression, Maltreatment, & Trauma; Early Childhood Research Quarterly*

Grant Review

2011 Grant proposal reviewer for U.S. Department of Health and Human Services, Administration on Children and Families, Office of Planning, Research and Evaluation

RESEARCH FUNDING: SUBMISSIONS AND GRANTS

- 2013 AFFECT: Parent Emotion Communication Training to Prevent Child Psychopathology
Role: Principal Investigator
Funding Mechanism: R34 - Pilot Intervention and Services Research Grant, National Institute of Mental Health, National Institutes of Health
Status: Not funded
- 2011 National Institute of Mental Health, National Institutes of Health (R34)
AFFECT: A Strategic Enhancement to Evidence-Based Trauma Treatment for Children and Families
Role: Principal investigator of subcontract to UGA (Project PI: Kimberly Shipman, Ph.D, Kempe Center, University of Colorado-Denver)
Status: Not funded
- 2010 Project funding provided by National Institute on Drug Abuse (P30 DA027827) Parent Grant awarded to the University of Georgia Center for Contextual Genetics and Prevention Science
Behavioral and physiological mother-child synchrony in relation to genetic risk in a preschool sample
Role: Co-Principal Investigator (Co-PI: Cynthia Suveg, Ph.D.)
Status: Funded (\$34,667 direct costs)
- 2010 Seed Grant, Institute for Behavioral Research, University of Georgia
Mutual Reactivity in Mother-Child Dyads: Links to Preschoolers' Socioemotional Functioning
Role: Co-Principal Investigator (Co-PI: Cynthia Suveg, Ph.D.)
Status: Funded (\$6,244 direct costs)
- 2010 National Cancer Institute, National Institutes of Health (R01)
Linking Cessation & Prevention to Stop Intergenerational Transmission of Smoking
Role: Consultant
Status: Not funded
- 2009 University of Georgia Research Foundation, Faculty Seed Grant
A feasibility study to pilot the implementation of an emotion-focused parenting intervention
Role: Principal Investigator
Status: Funded (\$7,236.15, direct costs), February 2010-December 2011
- 2006 Administration on Children & Families; Research Triangle Institute
National Study of Child and Adolescent Well-Being, Wave 4 Outcomes
Role: Consultant
Status: Funded (\$30,000, direct costs)

PUBLICATIONS: JOURNAL ARTICLES

*denotes graduate student co-author

**denotes undergraduate student co-author

43. *Morelen, D., **Shaffer, A.**, & Suveg, C. (advance online publication). Maternal emotion regulation: Links to emotion parenting and child emotion regulation. *Journal of Family Issues*. DOI: 10.1177/0192513X14546720
42. **Shaffer, A.**, Lindhiem, O., & Kolko, D. J. (advance online publication). Treatment effects of a primary-care intervention on parenting behaviors: sometimes it's relative. *Prevention Science*. DOI: 10.1007/s11121-016-0689-5
41. *Rea, H., & **Shaffer, A.** (advance online publication). Expressed emotion in mothers of school-age children: relations to maternal maltreatment and parenting behavior. *Journal of Child and Family Studies*.
40. *McCullough, C., *Han, R. Z., *Morelen, D., & **Shaffer, A.** (advance online publication). The moderating effects of maternal age at childbirth and emotion dysregulation on the intergenerational continuity of emotionally unsupportive parenting behaviors. *Journal of Family Issues*.
39. Peterson, C., Fischer, S., Loiselle, K., & **Shaffer, A.** (2016). Family based therapy with adjunctive parent emotion coaching in an adolescent male with anorexia nervosa. *Clinical Case Studies, 15*.
38. *Are, F., & **Shaffer, A.** (2016). Family emotion expressiveness mediates the relations between maternal emotion regulation and child emotion regulation. *Human Development and Child Psychiatry, 47*, 708-715. DOI 10.1007/s10578-015-0605-4
37. Thomassin, K., **Shaffer, A.**, *Madden, A., & Londino, D. (2016). Specificity of childhood maltreatment and emotion deficit in nonsuicidal self-injury in an inpatient sample of youth. *Psychiatry Research, 244*, 103-108. DOI:10.1016/j.psychres.2016.07.050
36. *Madden, A., & **Shaffer, A.** (2016). The relation between parentification and dating communication. *The Family Journal, 24*, 313-318. DOI: 10.1177/1066480716648682
35. *Davis, M., Suveg, C., Whitehead, M., Jones, A., & **Shaffer, A.** (2016). Preschoolers' psychophysiological responses to mood induction tasks moderate the intergenerational transmission of internalizing problems. *Biological Psychology, 117*, 159-169. DOI:10.1016/j.biopsycho.2016.03.015
34. Suveg, C., **Shaffer, A.**, & *Davis, M. (2016). Family stress moderates relations between physiological and behavioral synchrony and child self-regulation in mother-preschooler dyads. *Developmental Psychobiology, 58*, 83-97. DOI 10.1002/dev.21358

33. **Meller, S., **Kuperman, K., *McCullough, C., & **Shaffer, A.** (2016). Adverse effects of maternal childhood emotional maltreatment on child behavioral outcomes. *Journal of Aggression, Maltreatment, and Trauma*, 25, 127-144. DOI: 10.1080/10926771.2016.1101034
32. *Davis, M., Suveg, C., & **Shaffer, A.** (2015). Maternal positive affect mediates the link between family risk and preschoolers' positive affect. *Child Psychiatry and Human Development*, 46, 167-175. DOI: 10.1007/s10578-014-0516-9
31. *Davis, M., Suveg, C., & Shaffer, A. (2015). The value of a smile: Child positive affect moderates relations between self-reported and physiological maternal emotion dysregulation and child adjustment problems. *Journal of Child and Family Studies*, 24, 2441-2452. DOI: 10.1007/s10826-014-0047-9
30. *Baggett, E., **Shaffer, A.**, & **Muetzelfeld, H. (2015). Father-daughter parentification and young adult romantic relationships among college women. *Journal of Family Issues*, 36, 760-783. DOI: 10.1177/0192513X13499759.
29. *Loucks, L. A., & **Shaffer, A.** (2014). Joint relation of intimate partner violence and parenting stress to observed emotionally unsupportive parenting behavior. *Couples and Family Psychology: Research and Practice*, 3, 178-192.
28. *Han, R., & **Shaffer, A.** (2014). Parental expressed emotion in relation to child behavior problems: differential and mediating effects. *Journal of Child and Family Studies*, 23, 1491-1500.
27. *McCullough, C., *Harding, H., **Shaffer, A.**, *Han, R. Z., *Bright, M. (2014). Intergenerational continuity of risky parenting: a person-oriented approach to assessing parenting behaviors. *Journal of Family Violence*, 29, 409-418.
26. *McCullough, C., & **Shaffer, A.** (2014). Maternal depressive symptoms and child externalizing problems: moderating effects of emotionally maltreating parenting behaviors. *Journal of Child and Family Studies*, 23, 389-398.
25. Lindhiem, O., **Shaffer, A.**, & Kolko, D. J. (2014). Quantifying discipline practices: A comparison of methods. *Journal of Interpersonal Violence*, 29, 66-81. DOI: 10.1177/0886260513504650
24. **Shaffer, A.**, Lindhiem, O., & Kolko, D. J. (2013). Treatment effects of a modular intervention for early-onset child behavior problems on family contextual outcomes. *Journal of Emotional and Behavioral Disorders*, 21, 277-288. DOI: 10.1177/1063426612462742
23. *Han, R. Z., & **Shaffer, A.** (2013). The relation of parental emotion regulation to children's psychopathology symptoms: the moderating role of child emotion

dysregulation. *Child Psychiatry and Human Development*, 44, 591-601.

22. *Jacob, M., Suveg, C., & **Shaffer, A.** (2013). Developmentally sensitive behavioral treatment of a four-year-old, Korean girl with selective mutism. *Clinical Case Studies*, 12, 335-347. DOI: 10.1177/1534650113492997.
21. **Shaffer, A.**, Lindhiem, O., Kolko, D. J., & Trentacosta, C., (2013). Examination of bidirectional effects between parenting practices and child externalizing behavior: A cross-lagged panel analysis in the context of a psychosocial treatment and 3-year follow-up. *Journal of Abnormal Child Psychology*, 41, 199-210. DOI: 10.1007/s10802-012-9670-3
20. *Harding, H. G., *Morelen, D., *Thomassin, K., *Bradbury, L., & **Shaffer, A.** (2013). Exposure to maternal and paternal intimate partner violence (IPV), emotion regulation, and child outcomes. *Journal of Family Violence*, 28, 63-72. DOI: 10.1007/s10896-012-9487-4
19. **Shaffer, A.**, Suveg, C., *Thomassin, K., & *Bradbury, L. (2012). Maternal emotion socialization in the context of family risks: Links to child emotion regulation. *Journal of Child and Family Studies*, 21, 917-924.
18. *Bradbury, L., & **Shaffer, A.** (2012). Emotion dysregulation mediates the link between emotional maltreatment and romantic relationship satisfaction. *Journal of Child and Adolescent Trauma*, 21, 497-515.
17. *Morelen, D., & **Shaffer, A.** (2012). Understanding clinical, legal, and ethical issues in child emotional maltreatment. *Journal of Aggression, Maltreatment, and Trauma*, 21, 188-201.
16. **Shaffer, A.** (2012). Child maltreatment: Risk and resilience in ages birth to 5. *Child Welfare* 360, Winter, 12-13. (Invited article)
15. Suveg, C., **Shaffer, A.**, *Morelen, D., & *Thomassin, K. (2011). Links between maternal and child psychopathology symptoms: mediation through child emotion regulation and moderation through maternal behavior. *Child Psychiatry and Human Development*, 42, 507-520.
14. **Shaffer, A.**, & Egeland, B. (2011). Intergenerational transmission of familial boundary dissolution: Observations and psychosocial outcomes in adolescence. *Family Relations*, 60, 290-302.
13. **Shaffer, A.**, Burt, K., Obradović, J., Herbers, J., & Masten, A. S. (2009). Intergenerational continuity in parenting quality: the mediating role of social competence. *Developmental Psychology*, 45, 1227-1240.
12. Owen, A., Thompson, M., **Shaffer, A.**, Jackson, E. B., & Kaslow, N. J. (2009). Family variables that mediate the relation between intimate partner violence and child

adjustment. *Journal of Family Violence*, 24, 433-445.

11. **Shaffer, A.**, Yates, T. M., & Egeland, B. (2009). The relation of emotional maltreatment to self-esteem and peer competence in early adolescence: Developmental processes in a prospective study. *Child Abuse & Neglect*, 33, 36-44.
10. **Shaffer, A.**, Huston, L., & Egeland, B. (2008). Identification of child maltreatment using prospective and retrospective methodologies: a comparison of maltreatment incidence and relations to later psychopathology. *Child Abuse & Neglect*, 32, 682-692.
9. Forehand, R., Armistead, L., Long, N., Wyckoff, S. C., Kotchick, B. A., Whitaker, D., **Shaffer, A.**, Greenberg, A., Murry, V., Jackson, L. C., Kelly, A., McNair, L., Dittus, P., Lin, C., & Miller, K. (2007). Efficacy of a family-based youth sexual risk prevention program for parents of African American pre-adolescents: a randomized controlled design. *Archives of Pediatrics & Adolescent Medicine*, 161, 1123-1129.
8. **Shaffer, A.**, & Sroufe, L. A. (2005). The developmental and adaptational implications of generational boundary dissolution: Findings from a prospective, longitudinal study. *Journal of Emotional Abuse*, 5, 67-84.
7. Back, S., Jackson, J. L., bin Osman, M. M., Fitzgerald, M. M., **Shaffer, A.**, & Salstrom, S. (2003). Characteristics of child sexual and physical abuse in Singapore and the United States. *Child Abuse & Neglect*, 27, 1225-1275.
6. Jones, D. J., **Shaffer, A.**, Forehand, R., Brody, G., & Armistead, L. P. (2003). Coparent conflict in single mother-headed African American families: Do parenting skills serve as a mediator or moderator of child psychosocial adjustment? *Behavior Therapy*, 34, 259-272.
5. **Shaffer, A.**, Forehand, R., Kotchick, B. A., and the Family Health Project Research Group (2002). A longitudinal examination of correlates of depressive symptoms among inner-city African American children and adolescents. *Journal of Child and Family Studies*, 11, 151-164.
4. Whealin, J., Davies, S., **Shaffer, A.**, Jackson, J. L. & Love, L. (2002). Family context and childhood adjustment associated with intrafamilial unwanted sexual attention. *Journal of Family Violence*, 17, 151-165.
3. Kotchick, B. A., **Shaffer, A.**, Miller, K. S. & Forehand, R. (2001). Adolescent sexual risk behavior: A multi-system perspective. *Clinical Psychology Review*, 21, 493-519.
2. **Shaffer, A.**, Kotchick, B. A., Dorsey, S. & Forehand, R. (2001). The past, present, and future of behavioral parent training: Interventions for child and adolescent problem behavior. *Behavior Analyst Today*, 2, 91-105.
1. **Shaffer, A.**, Jones, D. J., Kotchick, B. A., Forehand, R., Armistead, L., Morse, E., & Morse,

P. S. (2001). Telling the children: Disclosure of maternal HIV infection and its effects on child psychosocial adjustment. *Journal of Child and Family Studies*, 10, 301-313.

PUBLICATIONS: EDITED BOOK CHAPTERS

9. Obradović, J., **Shaffer, A.**, & Masten, A. S. (2012). Adversity and risk in developmental psychopathology: progress and future directions. In L. C. Mayes & M. Lewis (Eds.), *A developmental environment measurement handbook* (pp. 35-57). New York: Cambridge University Press.
8. Forehand, R., Kotchick, B. A., **Shaffer, A.**, & McKee, L. G. (2010). Parent management training. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini encyclopedia of psychology* (4th ed., pp. 1156-1157). Hoboken, NJ: John Wiley & Sons.
7. **Shaffer, A.**, Egeland, B., & Wang, K. (2010). Risk and resilience among children referred to protective services: A longitudinal investigation of child well-being in multiple domains. In M. B. Webb, K. Dowd, B. Jones Harden, J. Landsverk, & M. Testa (Eds.), *Child welfare and child well-being: New perspectives from the National Survey of Child and Adolescent Well-Being* (pp. 83-106). Oxford, UK: Oxford University Press.
6. **Shaffer, A.** & Yates, T. M. (2010). Identifying and understanding risk factors and protective factors in clinical practice. In M. T. Compton (Ed.), *Clinical Manual of Prevention Principles in Mental Health* (pp. 29-48). Arlington, VA: American Psychiatric Publishing.
5. **Shaffer, A.**, Coffino, B., Boelcke-Stennes, K., & Masten, A. S. (2007). From urban girls to resilient women: Studying adaptation across development in the context of adversity. In B. Leadbeater & N. Way (Eds.), *Urban girls: Volume 2: Building strengths*. New York: New York University Press.
4. Masten, A. S. & **Shaffer, A.** (2006). How families matter in child development: Reflections from research on risk and resilience. In A. Clarke-Stewart & J. Dunn (Eds.), *Families count: Effects on child and adolescent development* (pp. 5-25). Cambridge, UK: Cambridge University Press.
3. **Shaffer, A.** & Sroufe, L. A. (2005). The developmental and adaptational implications of generational boundary dissolution: Findings from a prospective, longitudinal study. In P. K. Kerig (Ed.), *Implications of parent-child boundary dissolution for developmental psychopathology: Who is the parent and who is the child?* (pp. 67-84). Binghamton, NY: Haworth Maltreatment & Trauma Press.
2. Forehand, R., Kotchick, B.A., & **Shaffer, A.** (2004). Parent management training. In W.E. Craighead & C.B. Nemeroff (Eds.), *Concise Corsini Encyclopedia of Psychology and Behavioral Sciences*, (3rd ed.). New York: Wiley.

1. Kotchick, B. A., **Shaffer, A.**, Dorsey, S. & Forehand, R. (2004). Parenting antisocial children and adolescents. In M. Hoghughi & N. Long, (Eds.), *Handbook of parenting: Theory and research for practice* (pp. 256-275). Thousand Oaks: SAGE Publications.

NATIONAL/INTERNATIONAL CONFERENCE PAPER PRESENTATIONS

*denotes student co-author

†served as symposium chair

Thomassin, K., †**Shaffer, A.**, & *Madden, A. (2015, March). *Child maltreatment and deliberate self-harm: specificity of emotional abuse and emotion-related competencies*. Paper presented at the Society for Research in Child Development, Philadelphia, PA.

Shaffer, A., Han, Z. R., & Are, F. (2015, March). *Cultural differences in emotion socialization: relations to parenting stress and child dysregulation in US and Chinese samples*. Paper presented at the Society for Research in Child Development, Philadelphia, PA.

Suveg, C., **Shaffer, A.**, & *Davis, M. (2013, November). *Mother-child mutual reactivity in preschoolers experiencing emotion dysregulation: a multimethod analysis*. Paper presented at the Association for Behavioral and Cognitive Therapy, Nashville, TN.

Shipman, K., Fitzgerald, M. F., †**Shaffer, A.**, Fauchier, A., *Loucks, L., & *Morelen, D. (2013, April). *A Family Focused Emotion Communication Training Program (AFPECT): Building Parents' Emotion Communication Skills*. Paper presented at the Society for Research in Child Development, Seattle, WA.

*Loucks, L., **Shaffer, A.**, & *McCullough, C. (2013, April). *Dating Violence: The Joint Effect of Emotional Maltreatment and Emotion Communication Skills*. Paper presented at the Society for Research in Child Development, Seattle, WA.

Shaffer, A., Suveg, C., *Thomassin, K., & *Bradbury, L. L. (2011, April). *Parent Emotion Socialization in the Context of Family Risks: Links to Child Emotion Dysregulation*. Paper presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

Shaffer, A., *Bradbury, L. L., *Baggett, E., Fitzgerald, M., & Shipman, K. (2011, April). *Psychological Control and Unsupportive Parenting in the Family Context: Identification and Prevention Implications*. Paper presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

*Bradbury, L., *Morelen, D., *Thomassin, K., & **Shaffer, A.** (2011, April). *Observed Childhood Emotional Maltreatment and Childhood Depression: The Role of Emotion Regulation*. Paper presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

Shaffer, A., Egeland, B., & Sroufe, L. A. (2009, April). *Risk and resilience among children*

referred to protective services. Paper presented at the Society for Research in Child Development, Denver, CO.

[†]**Shaffer, A.**, Egeland, B., & Sroufe, L. A. (2008, March). *Comparing multiple types of boundary dissolution in adolescence: Relations to childhood antecedents and early adulthood outcomes.* Paper presented at the Society for Research in Adolescence, Chicago, IL.

Shaffer, A. & Obradović, J. (2007, March). *Change over time in physical health and internalizing problems among children maltreated in middle childhood and early adolescence.* Paper presented at the Society for Research in Child Development, Boston, MA.

Shaffer, A. & Yates, T. M. (2007, March). *Psychosocial adaptation among youth exposed to emotional maltreatment and interpersonal violence: Findings from a national sample.* Paper presented at the Society for Research in Child Development, Boston, MA.

Obradović, J., Masten, A. S., & **Shaffer, A.** (2005, April). *Sorting out the significance of risks, adversity, and resources in childhood for success in adulthood.* Paper presented at the Society for Research in Child Development, Atlanta, GA.

Miller, K. S., Wyckoff, S., Whitaker, D., Forehand, R., Armistead, L. P., Kotchick, B. A., Long, N., **Shaffer, A.**, Murry, V. M., Kelly, A., & Jackson, L. C. (2002, July). *Sexual thoughts, intentions, and experimentation in pre-teens.* Paper presented at the XIV International AIDS Conference, Barcelona, Spain.

Davis, H., **Shaffer, A.**, Parault, S., & Pellegrini, A. (1999, August). *Bullying and victimization in social settings: Who's who at the middle school dance?* Paper presented at the annual meeting of the American Psychological Association, Boston, MA.

NATIONAL/INTERNATIONAL CONFERENCE POSTER PRESENTATIONS

**denotes graduate student co-author*

***denotes undergraduate student co-author*

Shaffer, A., Shipman, K., Fitzgerald, M. M., & *Loucks, L. (2015). *Relations of Parent Emotion Socialization to Child Emotion Dysregulation in an Intervention Context: The Let's Connect intervention module.* Poster presented at the Society for Research in Child Development, Philadelphia, PA.

*Are, F., *Goldstein, H., & **Shaffer, A.** (2015, March). *Family emotion expressiveness mediates the relations between maternal emotion regulation and child emotion regulation.* Poster presented at the Society for Research on Child Development, Philadelphia, PA.

*Loucks, L. A., *Carter, S., & **Shaffer, A.** (2013, November). *Parental psychological control and child risk behavior: the importance of peer relationships for African American youth.* Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville,

TN.

- *Morelen, D., Suveg, C., **Shaffer, A.**, & *Davis, M. (2013, November). *Psychometric properties of the Coping with Children's Negative Emotions Scale: revisited through the lens of diversity*. Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Davis, M., *Morelen, D., Suveg, C., & **Shaffer, A.** (2013, November). *Mom is stressed, but I'm smiling: Child positive affect as a protective factor in the relationship between mothers' parenting stress and child emotion regulation*. Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Campion, S., Suveg, C., & **Shaffer, A.** (2013, November). *Psychophysiological and self-reported validity of a video-mediated mood induction in a preschool-aged sample*. Poster presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *McCullough, C., Han, Z. R., *Morelen, D., *Loucks, L. & **Shaffer, A.** (2013, April). *Moderating effects of maternal age and emotion dysregulation on the international continuity of emotional maltreatment*. Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, WA.
- *Morelen, D., **Shaffer, A.**, Suveg, C, & **Meller, S. (2012, November). *Emotion parenting intervention and maternal emotion regulation: Implications for emotion parenting behavior and child emotion regulation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- *Morelen, D., *Bradbury, L., *Thomassin, K., **Shaffer, A.**, & Suveg, C. (2012, November). *Maternal emotion regulation, emotion parenting behavior, and child emotion regulation: A multi-method study*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- *Bradbury, L. L., *Han, R., **Shaffer, A.**, & *Morelen, D. (2012, November). *Family stress profiles and children's internalizing and externalizing problems: A person-centered approach*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, National Harbor, Maryland.
- *Morelen, D., **Shaffer, A.**, *Thomassin, K., & *Bradbury, L. L. (2012, November). *Maternal emotion regulation, emotion parenting behavior, and child emotion regulation: A multi-method study*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, National Harbor, Maryland.
- *McCullough, C., *Han, Z. R., *Harding, H. G., *Bright, M., & **Shaffer, A.** (2012, February). *Intergenerational continuity of emotional abuse: A person-oriented to parenting under stress*. Poster presented at the Society for Research in Child Development Themed Meeting: Developmental Methodology, Tampa, FL.
- *Bradbury, L., & **Shaffer, A.** (2011, November). *Parenting stress mediates the link between*

maternal victimization and emotionally maltreating parenting behavior. Poster presented at the Association of Behavioral and Cognitive Therapies, Toronto, ON.

*Baggett, E., **Rausher, M., & **Shaffer, A.** (2011, November). *The association between childhood emotional maltreatment and conflict communication in dating couples.* Poster presented at the Association of Behavioral and Cognitive Therapies, Toronto, ON.

Shaffer, A., Lindhiem, O., Trentacosta, C. & Kolko, D. J. (2011, November). *Examination of bidirectional effects between child externalizing behavior and negative parenting practices in the context of a psychosocial treatment and 3-year follow-up.* Poster presented at the Association of Behavioral and Cognitive Therapies, Toronto, ON.

Lindhiem, O., **Shaffer, A.,** & Kolko, D. J. (2011, May). *Let's agree to agree: Parent-child agreement on the Conflict Tactics Scale.* Poster presented at the Association for Psychological Science, Washington, DC.

*Bright, M., **Shaffer, A.,** *Han, R. Z., & *Baggett, E. (2011, April). *"I Know How You Feel:" Relations between mother-child shared emotions, child pulse reactivity, and emotion regulation coping.* Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

*Bradbury, L. L., *Morelen, D., *Thomassin, K., & **Shaffer, A.** (2011, April). *Observed childhood emotional maltreatment and childhood depression: the role of emotion regulation.* Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

*Morelen, D., *Bradbury, L. L., **Shaffer, A.,** *Harding, H. G., & *Baggett, E. (2011, April). *Explaining the link between children's exposure to domestic violence and psychological problems: an emotion regulation framework.* Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

*Baggett, E., & **Shaffer, A.** (2011, April). *Growing up too fast: the relations of childhood boundary dissolution to young adult romantic relationships.* Poster presented at the Society for Research in Child Development, Montreal, Quebec, Canada.

McLeod, T., *Bradbury, L. L., & **Shaffer, A. (2010, November). *Emotion regulation as a mediating factor for psychological distress and LGB identity in emerging adulthood.* Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Han, R. Z., *Bright, M. A., *Baggett, E. A., & **Shaffer, A.** (2010, November). *"I'm upset – Me too!" Mother-child negative emotions predict childhood aggressive behavior.* Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Bradbury, L. L., & **Shaffer, A.** (2010, November). *Childhood emotional maltreatment and romantic relationship satisfaction: The role of emotion regulation.* Poster presented at the

Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Harding, H. G., *Morelen, D., *Thomassin, K., & **Shaffer, A.** (2010, November). *A comparison of parent and child report of maternal and paternal perpetration of intimate partner violence (IPV) and its relation to child outcomes.* Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Thomassin, K., **Shaffer, A.**, & Suveg, C. (2010, November). *Relation of childhood maltreatment to deliberate self-harm in an inpatient sample of adolescents.* Poster presented at the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Supkoff, L., Englund, M., **Shaffer, A.**, & Egeland, B. (2010, March). *Predicting psychopathology at late adolescence from earlier observations of negative parenting.* Poster presented at the Society for Research in Adolescence, Philadelphia, PA.

Shaffer, A., Jackson, E. B., & Kaslow, N. J. (2008, May). *Patterns and correlates of intergenerational child maltreatment in low-income, African American families.* Poster presented at the Society for Prevention Research, San Francisco, CA.

Shaffer, A., Vanderzee, K., & Masten, A. S. (2005, April). *The relation of health problems to adaptation following early adversity: A 20-year follow-up study.* Poster presented at the Society for Research in Child Development, Atlanta, GA.

Siebenbruner, J. & **Shaffer, A.** (2005, April). *Sexual activity during adolescence and young adult outcomes.* Poster presented at the Society for Research in Child Development, Atlanta, GA.

Shaffer, A., Yates, T. M., Carlson, E. A., Appleyard, K., & Sampson, M. (2004, March). *A prospective study of generational boundary dissolution: Implications for adolescent adaptation and psychopathology.* Poster presented at the Society for Research on Adolescence, Baltimore, MD.

Carlson, E.A., Sampson, M., Appleyard, K., Yates, T. M., & **Shaffer, A.** (2004, March). *Dissociative behavior in early adolescence: A developmental perspective.* Poster presented at the Society for Research on Adolescence, Baltimore, MD.

Shaffer, A., Carlivati, J., Kovan, N., & Masten, A. S. (2004, November). *Timing and intergenerational continuity in the transition to parenthood.* Poster presented at the Conference on Emerging Adulthood, Boston, MA.

Shaffer, A. & Masten, A. S. (2003, August). *Parenting processes in naturally-occurring resilience: mediating and moderating effects.* Poster presented at the American Psychological Association Convention, Toronto, Ontario.

Miller, K. S., Forehand, R., Armistead, L. P., Kotchick, B. A., Long, N., Jackson, L. C., Kelly, A., Murry, V. M., Dittus, P. J., **Shaffer, A.**, Whitaker, D. J., Wyckoff, S. C. (2002, July).

Parents Matter!: Parents are unique and powerful tools for the delivery of HIV prevention information and skills prior to onset of sexual risk behaviors in youth. Poster presented at the XIV International AIDS Conference, Barcelona, Spain.

Shaffer, A., Back, S., Fitzgerald, M. M., Jackson, J. L., & bin Osman, M. M. (2001, November). *Cultural differences in child sexual abuse: incidence, disclosure, and psychological adjustment in Singapore and the U.S.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Shaffer, A., Jones, D., Kotchick, B. A. & Forehand, R. (2001, November). *Telling the children: Disclosure of maternal HIV infection and its effects on child psychosocial adjustment.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Shaffer, A., Kotchick, B. A., & Forehand, R. (2000, November). *Chronic and discrete stressors in a high-risk environment: occurrence and relationship to child depressive symptoms.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Shaffer, A., Kotchick, B. A., Jones, D., & Forehand, R. (2000, July). *Telling the children: disclosure of maternal HIV infection and its effects on child psychosocial adjustment.* Poster presented at the Annual NIMH Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Chicago, IL.

Shaffer, A., Back, S., Jackson, J., Shipp, D., Bogan, Y., Long, P., Love, L., Ray, K., & Fossel, R. (1999, November). *Child sexual abuse: changes and trends over the past decade.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.

Shaffer, A., Dorsey, S., Pelton, J., & Forehand, R. (1999, November). *Depressive symptoms in African American children and adolescents: a longitudinal examination.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.

Clum, G., Calhoun, K., Seals, K., & **Shaffer, A.** (1999, November). *Cognitive and emotional mediators of PTSD symptoms in sexual assault narratives of college women.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.

Shaffer, A., Davies, S., & Jackson, J. (1998, November). *Trauma narratives: Assessing their validity with child sexual abuse populations.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Whealin, J., Davies, S., **Shaffer, A.** & Jackson, J. (1998, November). *Family context and child adjustment related to intrafamilial sexual harassment.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

MENTORED UNDERGRADUATE RESEARCH PRESENTATIONS (SELECTED)

*denotes graduate student co-author

**denotes undergraduate student co-author

- **Patterson, H., & **Shaffer, A.** (2013, April). *Children's emotional awareness: relations to emotion regulation and coping in middle childhood*. Poster presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Levitas, G., **Cohen, I., **Saraga, B., *Loucks, L., & **Shaffer, A.** (2013, April). *Parental meta-emotion philosophy as it relates to child emotion regulation*. Poster presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Valencia, S., *McCullough, C., **Shaffer, A.**, & Suveg, C. (2013, April). *Maternal expression of negative emotions, child internalizing behaviors and emotion competence in a preschool sample*. Poster presented at Psi Chi Research Symposium, UGA, Athens, GA.
- **Kuperman, K., **Meller, S., *McCullough, C., & **Shaffer, A.** (2012, April). *Parental stress and maternal hostility: Moderating effects of maternal depressive symptoms*. Poster presented at Psi Chi Research Symposium, UGA, Athens, GA.
- **Rausher, M., **Cohen, I., *Baggett, E., & **Shaffer, A.** (2012, April). *Relations of substance use to constructive communication and sexual violence in young adults' romantic relationships*. Poster presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Kuperman, K., **Meller, S., *McCullough, C., **Shaffer, A.** (2012, April). *The moderating role of romantic relationship satisfaction on the relation between parenting stress and maternal hostility*. Poster presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Meller, S., *Han, R., & **Shaffer, A.** (April, 2012). *Emotion regulation and childhood depression: an examination of potential moderators*. Paper presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Meller, S., **Cohen, I., **Arkin, S., *Bradbury, L., & **Shaffer, A.** (April, 2012). *Cumulative risk and child psychopathology: understanding the role of the parenting relationship*. Poster presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Cerny, K., **Taylor, J., *Bradbury, L., & **Shaffer, A.** (2011, April). *Child meta-emotion awareness and relations to psychosocial adjustment*. Poster presented at Psi Chi Research Symposium, UGA, Athens, GA.
- **Rausher, M., **Garner, Z., *Baggett, E., *Bradbury, L., & **Shaffer, A.** (2011, April). *Relations of childhood maltreatment to romantic relationship stability and satisfaction in emerging adulthood*. Poster presented at Psi Chi Research Symposium, UGA, Athens, GA.

GA.

- **Sullivan, S., **Garner, Z., *Baggett, E., & **Shaffer, A.** (2011, April). *Familial influences on the romantic relationship experiences of a college sample*. Poster presented at Psi Chi Research Symposium, UGA, Athens, GA.
- **Tsou, V., *Bright, M., & **Shaffer, A.** (2011, April). "I've got the rhythm, she's got the blues." *Relations between temperament, maternal stress, and the development of a sleep-wake rhythm in infancy*. Poster presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Taylor, J., **Cerny, K., *Bradbury, L., & **Shaffer, A.** (2011, April). *Assessing Baseline Characteristics of Mother-Child Dyads Participating in the AFFECT (A Family Focused Emotion Communication Training) Pilot Study*. Poster presented at CURO Undergraduate Research Symposium, UGA, Athens, GA.
- **Baggett, E. with **Shaffer, A.**, Advisor (2010, April). *Familial predictors of young adult romantic relationship functioning: A closer look at boundary dissolution*. Honors Thesis Roundtable at CURO Undergraduate Research Symposium, Athens, GA.

TEACHING AND ACADEMIC SUPERVISION ACTIVITIES

Undergraduate Courses

University of Georgia

Developmental Psychology
Seminar: Developmental Psychopathology
Seminar: Parenting and Family Relationships
First Year Odyssey Seminar: Parenting and Family Relationships
First Year Odyssey Seminar: The Psychology of Movement

University of Minnesota

Special Topics in Child Psychology: Exploring Adolescent Development through Film
Development and Interpersonal Relationships
Research Methods
Introduction to Child Development

Graduate Courses

University of Georgia

Child and Family Intervention
Developmental Psychopathology
Clinical Practicum
Developmental Psychology
Seminar: Risk and Resilience

University of Minnesota

Clinical Assessment I and II (supervisor)
Development and Interpersonal Relationships

Doctoral Dissertations Supervised

Laura Loucks (2015). *A dynamic systems approach to understanding emotion communication processes during romantic relationship conflict: examination of vulnerability and protective factors.*

Courtney McCullough (2014). *Maternal childhood maltreatment history and current parenting behaviors: the moderating role of maternal emotion regulation.*

Rachel (Zhou) Han (2012). *The relation of parental emotion dysregulation to children's psychopathology: The moderating role of child emotion dysregulation.*

Melissa Bright (2012). *Physiological concordance: Recommendations for statistical approaches.*

Masters Theses Supervised

Funlola Are (2016). *The moderating role of race in emotion socialization practices.*

Amber Madden (2016). *The moderating role of cortisol reactivity in the relationship between child emotional abuse and later conflict in dating relationships.*

Laura Loucks Bradbury (2012). *The role of parenting stress in the link between intimate partner violence and emotionally maltreating parenting behavior: An examination of indirect and conditional effects.*

Emily Baggett (2012). *Childhood maltreatment and romantic relationship communication patterns: a dyadic data analysis approach.*

Undergraduate Honors Theses Supervised

Minhnguyen Cao (2014). *Parenting stress, emotion dysregulation, and emotion coaching as predictors of child behavior problems in the context of SES and race.*

Heather Patterson (2013). *Examining the socialization of children's emotions: the impact of parental meta-emotion philosophy.*

Emily Baggett (2012). *Familial predictors of young adult romantic relationship functioning: A closer look at boundary dissolution*

UNIVERSITY SERVICE – LEADERSHIP

Co-leader, Relationship Science Workgroup, Owens Institute of Behavioral Research, UGA

UNIVERSITY SERVICE AND INVOLVEMENT

University Council, elected member (2016-2019)

Faculty Affairs Committee, elected member (2016-2019)

Faculty Learning Community, “Examining Gender in Higher Education” (2016-2017)

DEPARTMENTAL SERVICE - LEADERSHIP

Chair, Diversity Committee, UGA Clinical Psychology Program (2015-present)
Coordinated “Diversifying Clinical Psychology” recruitment workshop for undergraduates, April 2015, 2016

Chair, Comprehensive Exam Committee, UGA Clinical Psychology Program (2014-present)

Interim Director, UGA Psychology Clinic (2012-2013, 2015)

Interim Program Chair, Life-Span Developmental Program, UGA Psychology Department (2010-11)

DEPARTMENTAL SERVICE AND INVOLVEMENT

Faculty Post-Tenure Review Committee member (2016)

Industrial-Organizational Personnel Advisory Committee Member (2015-16)

Undergraduate Studies Committee Member, UGA Psychology Department (2013-present)

Diversity Committee Member, UGA Clinical Psychology Program (2013-present)

Faculty Search Committee Member, UGA Psychology Department (2010-11; 2015-16)

Long-Range Planning Committee, UGA Psychology Department (2009-11, elected)

Student-Faculty Committee, UGA Clinical Psychology Program (2010-2015, elected)

Admissions Committee, UGA Clinical Psychology Program (2008-2014)

Comprehensive Examination Committee, UGA Clinical Psychology Program (2009-present)

Graduate School Dean’s Award Nomination Committee, UGA Psychology Department (2010)

COMMUNITY AND PROFESSIONAL SERVICE

Invited Parent Interest Group presentation (Feb. 2016): “Communicating with children about big emotions.” McPhaul Center Child Development Lab.

Court Appointed Special Advocate (CASA) for Children First of Clarke and Oconee counties (2015-present)

Athens Area Psychological Association Grand Rounds Presentation (Sept. 2015): “Evidence-based interventions for parenting: What’s new and what’s still a pretty good idea.”

UGA Education Program presentation to undergraduates (Sept. 2015): “Adolescent self-injury: What it is and what to do about it.”

Invited Parent Night presentation (2013), “Talking with Children about Emotions,” Morgan County Primary School

Volunteer Judge (2012, 2013), Clarke County classroom grants competition, Foundation for Excellence in Public Education

Young Dawgs mentor (2011), mentored UGA research opportunity for Clarke County high school student