

Curriculum Vitae
ISHA W. METZGER, PH.D.

Tenure-Track Assistant Professor || Department of Psychology || University of Georgia 125 Baldwin Street || Athens, GA 30602 || isha.metzger@uga.edu

Yale University || School of Public Health || Center for Interdisciplinary Research on AIDS
135 College St. || New Haven, CT 06510 || isha.metzger@yale.edu

Education

- 2011 - 2015 **Doctor of Philosophy; University of South Carolina; Columbia, SC**
Doctoral Program in Clinical-Community Psychology (APA Accredited), Department of Psychology
Dissertation: Profiles of African American College Students' Alcohol Use and Sexual Behaviors: Associations with Stress, Racial Discrimination, and Social Support
- 2009 - 2011 **Masters of Arts; University of South Carolina; Columbia, SC**
Doctoral Program in Clinical-Community Psychology (APA Accredited), Department of Psychology
Thesis: Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents
Comprehensive Exam: Culturally Sensitive Risk-Behavior Prevention Programs for African American Adolescents: A Systematic Analysis
- 2005 - 2008 **Bachelor of Arts; Georgia State University; Atlanta, GA**
Department of Psychology, Summa Cum Laude, Advanced Research Honors Degree
Thesis: Comparing the Category Productions of LSES and MSES Elementary School Children

Clinical Psychology Predoctoral Internship

- 2014 - 2015 **Charleston Consortium Psychology Predoctoral Internship Training Program**
Medical University of South Carolina; Charleston, SC, Department of Psychiatry
Placements: National Crime Victims Research and Treatment Center, Adolescent & Family Services, Community Outreach Project, Sleep/Anxiety Treatment and Research Program

Postdoctoral Research Fellowship

- 2015 - 2017 **National Crime Victims Research and Treatment Center**
Medical University of South Carolina; Charleston, SC, Department of Psychiatry
Treatment Development and Dissemination Track

Visiting Faculty

- 2016 - Present **Center for Interdisciplinary Research on AIDS (CIRA)**
Research Education Institute for Diverse Scholars (REIDS)
Yale University School of Public Health; New Haven, Connecticut

Personal Statement

As a health disparities clinical scientist from Atlanta, Georgia by way of Sierra Leone, West Africa, both my research and clinical experiences emphasize the importance of improving interventions for high-risk, underserved, African Americans. In addition to evidence-based program and treatment evaluation and modification, my research and clinical work also focuses on the prevention of risk behaviors (e.g., sexual activity, alcohol use, delinquency), as well as understanding risk and resilience factors (e.g., racial socialization, discrimination, peer relationships), that impact the relation between trauma exposure and related sequelae (e.g., PTSD, HIV). Clinically, I deliver evidence based cognitive-behavioral services to youth, families, and adults who are experiencing difficulties with a range of mental health problems. I am also passionate about teaching and mentoring minority undergraduate and graduate students.

Research GrantsOngoing Research Support

2R25MH087217 (MPI: Kershaw, Guthrie) **Role: Visiting Postdoctoral Fellow** 10/2016-9/2018
 Research Education Institute for Diverse Scholars (REIDS); Center for Interdisciplinary Research on AIDS' (CIRA);
 Yale School of Public Health

NIMH Pilot Project (PI: Metzger)

Culturally Enhanced Trauma Treatment to Reduce HIV Risk for African American Youth: Integrating Racial Socialization. This study will create a standardized cultural enhancement for existing evidence-based trauma treatments. Racial socialization will be integrated by clinicians both within (e.g., psychoeducation) and between (e.g., in-vivo, "in real life" assignments) sessions with African American youth and caregivers in order to improve engagement and decrease trauma sequelae (e.g., PTSD, HIV risk) for this population.

Funded Amount: \$20,000

UL1TR001450 (PI: Brady) **Role: Academic Partner/ Principal Investigator** 10/2015-12/2017
 South Carolina Clinical & Translational Research Center for Community Health Partnerships (SCTR/CCHP)
 Community Engaged Scholars (CES) Program; Medical University of South Carolina

NIH/NCATS Pilot Project (PI: Metzger)

A Community Based Participatory Research Approach to Reducing Health Disparities in Service Initiation and Engagement following Trauma Exposure. Chart review, key informant interviews, and online surveys are used in order to explore barriers and facilitators to service initiation and engagement, and to identify strategies to address barriers to service engagement among racial/ethnic minority youth and families who are referred to the Dee Norton Lowcountry Children's Center, a local Children's Advocacy Center, following potential trauma exposure.

Funded Amount: \$10,000

Completed Research Support

T32MH018869-28 (MPI: Kilpatrick, Danielson) **Role: Postdoctoral Fellow** 08/2015-07/2017
 NIMH/NIH Basic and Translational Research Training in Traumatic Stress Across the Lifespan

The primary goal of this T32 is to provide trainees with mentorship, coursework, mental health treatment experiences, and research experiences required to do competent, translational traumatic stress research.

Funded Amount: \$87,396

American Psychological Association (APA) Dissertation Grant **Role: PI** 08/2013-08/2014
 State Doctoral Scholars Program Grant, Southern Regional Education Board **Role: PI** 08/2012-11/2014

Profiles of African American College Students' Alcohol Use and Sexual Behaviors: Associations with Stress, Racial Discrimination, and Social Support

Utilized a latent class analysis and a one-way analysis of variance to 1) Identify risk behavior profiles of alcohol use, risky sex, and co-occurring alcohol use and sexual activity, 2) examine the ways that profiles are associated with general and culturally specific risk and resilience factors, and 3) examine whether the profiles are related to demographic variables for minority emerging adults in college.

Funded Amount: \$36,000

Honors and Awards

2017 **40 Under 40 Leaders in Health**, National Minority Quality Forum
 2016 **Research Education Institute for Diverse Scholars (REIDS)**, Yale University
 2016 **APA Health Disparities Initiative Inductee**, Health Equity Ambassador
 2016 **Community Engaged Scholars Program Inductee**, Medical University of South Carolina
 2013 **APA Dissertation Research Grant**, American Psychological Association
 2013 **State Doctoral Scholars Program Dissertation Grant**, Southern Regional Education Board
 2013 **Nora and William Smith Endowed Fellowship**, University of South Carolina
 2013 **Laura Griffin Graduate Research Grant**, University of South Carolina
 2013 **Outstanding Service Award**, University of South Carolina
 2012 **Graduate Student Research Award**, University of South Carolina
 2012 **Preparing Future Faculty (PFF) Credential**, Center for Teaching Excellence, University of South Carolina

- 2011 **Gamecock Scholars Scholarship**, University of South Carolina
 2010 **Continuing Graduate Incentive Fellowship**, University of South Carolina
 2010 **FORD Foundation Predoctoral Fellowship Program**, Honorable Mention
 2009 **Graduate Incentive Fellowship**, University of South Carolina
 2008 **1st Place Presentation Award**, Biomedical Research Conference for Minority Students
 2008 **C. T. Cummings Academic Scholarship**, Georgia State University
 2008 **Undergraduate Research Grant**, Georgia State University

Peer Reviewed Publications

1. **Metzger, I.**, Blevins, C., Calhoun, C., Ritchwood, T., Gilmore, A., Stewart, R., Bountress, K. (in press). An examination of the impact of maladaptive coping on the association between stressor type and alcohol use in college. *Journal of American College Health*.
2. Ritchwood, T.D., Powell, T. W., **Metzger, I. W.**, Dave, G., Corbie-Smith, G., Atujuna, M., Vander Schaaf, E., Wynn, M., Lin, F., Zhou, W., & Akers, A.Y. (2017). Understanding the relationship between religiosity and caregiver-adolescent communication about sex within African-American families. *Journal of Child and Family Studies*.
3. Griffin, C B., Cooper, S. M., **Metzger, I.**, & Golden, A. (2017). School Racial Climate and the Academic Achievement of African American High School Students: The Mediating Role of School Engagement. *Psychology in the Schools*.
4. Bountress, K., **Metzger, I.**, Maples-Keller, J., & Gilmore, A. (2017). Reducing sexual risk behaviors: secondary analyses from a randomized controlled trial of a brief web-based alcohol intervention for underage, heavy episodic drinking college women, *Addiction Research & Theory*, 25:4, 302-309, DOI: 10.1080/16066359.2016.1271416. NIHMSID 843907.
5. **Metzger, I.**, Cooper, S. M., Ritchwood, T. D., Onyeuku, C., & Brown Griffin, C. (2017). Profiles of African American College Students' Alcohol Use and Sexual Behaviors: Associations With Stress, Racial Discrimination, and Social Support. *Journal of Sex Research*. PMID: PMC5373031. NIHMSID: 845176.
6. Ritchwood, T.D., DeCoster, J, **Metzger, I.**, Bolland, J., & Danielson, C.K. (2016). Does it really matter which drug you choose? An examination of the influence of type of drug on type of risky sexual behavior. *Addictive Behaviors*, 60, 97-102. NIHMSID 780214. PMID: PMC4884511.
7. Stewart, R.W., Tuerk, P.W., **Metzger, I.**, Davidson, T.M., & Young, J. (2016). A decision tree approach to the assessment of posttraumatic stress disorder: Engineering empirically rigorous and ecologically valid assessment measures. *Psychological Services*, 13, 1-9. NIHMSID 845190.
8. Andrews III, A. R., Jobe-Shields, L., López, C. M., **Metzger, I. W.**, de Arellano, M. A., Saunders, B., & Kilpatrick, D. G. (2015). Polyvictimization, income, and ethnic differences in trauma-related mental health during adolescence. *Social psychiatry and psychiatric epidemiology*, 50(8), 1223-1234. NIHMSID 698028. PMID: PMC4521986.
9. Cooper, S.M., Smalls-Glover, C., **Metzger, I.**, & Brown, C. (2015). African American fathers' racial socialization patterns: Associations with and racial identity beliefs and discrimination experiences. *Family Relations*, 64, 278-290.
10. Cooper, S.M., White-Johnson, R., Brown Griffin, C., **Metzger, I.**, Avery, M., Eaddy, H., Shephard, C., & Guthrie, B. (2014). Community involvement and reduced risk behavior engagement among African American adolescents: The mediating role of empowerment beliefs. *Journal of Black Psychology*, 1-23.
11. Cooper, S. M., Brown, C., **Metzger, I.**, Clinton, Y., & Guthrie, B. (2013). Racial discrimination and African American adolescents' adjustment: Gender variation in family and community social support, promotive and protective factors. *Journal of Child and Family Studies*, 22(1), 15-29.
12. **Metzger, I.**, Cooper, S. M., Flory, K., & Zarrett, N. (2013). Culturally sensitive risk-behavior prevention programs for African American adolescents: A systematic analysis. *Clinical Child and Family Psychology Review*, 16, 187-212.
13. Guthrie, B.J., Cooper, S. M., Brown, C., & **Metzger, I.** (2012). Degrees of difference among minority female juvenile offenders' psychological functioning, risk behavior engagement, and health status: A latent profile investigation. *The Journal of Health Care for the Poor and Underserved*, 23, 204-225.
14. Williams, R. S., Terry, N. P., & **Metzger, I.**, (2012). Kid Categories: A comparison of the category productions of LSES and MSES elementary school children. *Communication Disorders Quarterly*, 34, 1-10.
15. Cooper, S.M., Guthrie, B.J., Brown, C.L., & **Metzger, I.** (2011). Daily hassles and African American

adolescent females' psychological functioning: Direct and interactive associations with gender role orientation. *Sex Roles*, 65, 397-409.

Manuscripts Under Review

1. **Metzger, I.**, Salami, T., Carter, S., Boykin-Halliday, C., Anderson R. E., Jernigan, M. M., & Ritchwood, T. (under review). Experiences with Racial Discrimination and Drinking Habits: The Moderating Roles of Perceived Stress for African American Emerging Adults. *Cultural Diversity and Ethnic Minority Psychology*.
2. **Metzger, I.**, Cooper, S., & Griffin, C. G., & Golden, A. (under review). Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents. *Journal of Adolescence*.
3. Abboud, S., **Metzger, I.**, Koo, K., McKenny, M., & Brawner, B., (under review). Intersectionality of Ethnic Identity, Emotion Regulation, and Gender Roles among Black Adolescents with Mental Illnesses. *Journal of Adolescent Health*.
4. Walker, J., Bountress, K.E., Calhoun, C.D., **Metzger, I.**, Adams, Z., Amstadter, A., Thomas, S., & Danielson, C.K. (under review). Impulsivity and Comorbid PTSD-Hazardous Drinking. *Journal of Dual Diagnosis*
5. Williams, M., **Metzger, I.**, Leins, C., & Lonsinger, C. (under review). A Model for Assessing Racial Trauma within a DSM-5 Framework: The UConn Racial/Ethnic Stress & Trauma Survey (UnRESTS). [Special Issue on Racial Trauma and Healing: Theory, Research, and Public Policy]. *American Psychologist*.
6. Apatu, E., Hamadi, H., Abrams, J., **Metzger, I.**, & Spaulding, A. (under review). Association between Hospital Community Services and County Population Health in the United States. *Journal of Public Health*.
7. Stewart, R., Orengo-Aguayo, Wallace, M., **Metzger, I.**, R., McBrady, E., Rheingold, A., & de Arellano, M. (under review). Leveraging technology and cultural adaptations to increase access and engagement among trauma-exposed African American youth: School-based telehealth delivery of Trauma-Focused Cognitive Behavioral Therapy. [Special Issue on Trauma-Focused Interventions for Children and Adolescents]. *School Psychology Quarterly*.
8. Boykin-Halliday C., Andrews, A., **Metzger, I.**, Salami, T. K., Danielson, C., K., Saunders, B. E., & Kilpatrick, D. G. (under review). Gender and Ethnic Variation in the Effects of Potentially Traumatic Experiences on Adolescent Alcohol and Delinquency Outcomes. *Journal of Child & Adolescent Substance Abuse*.
9. Golden, A. R., Griffin, C. B., **Metzger, I.**, & Cooper, S. M. (revise and resubmit). School Racial Climate and Academic Outcomes in African American Adolescents: The Protective Role of Peers. *Journal of Black Psychology*.
10. Griffin, C. B. & **Metzger, I.** (under review). Exploring Associations Among African American Youths' Perceptions of School Racial Climate and School Engagement: Does Gender Matter? *School Psychology Review*.
11. Ritchwood, T., **Metzger, I.**, Powell, T., Vander Schaff, E., Wynn, M., Zhou, W., Lin, F., Corbie-Smith, G., & Akers, A. (revise and resubmit). How does pubertal timing and status impact parent-adolescent communication about sex? An examination of mediation effects. *Journal of Early Adolescence*.
12. Gilmore, A. K., Bird, E. R., Neilson, E. C., **Metzger, I.**, George, W. H., & Norris, J. (revise and resubmit). Understanding sexual assault risk perception in college: Associations among sexual assault history, drinking to cope, and alcohol use. *Addictive Behaviors*.
13. Gilmore, A. K., Bountress, K. E., **Metzger, I.**, Maples-Keller, J., Pinsky, H. T., & George, W. H. (under review). Comfort, distraction, and context during web-based personalized feedback intervention procedures among college women. *Journal of American College Health*.
14. Salami, T. K., Andrews, A., **Metzger, I.**, de Arellano, M., Saunders, B., & Kilpatrick, D. G. (under review). Racial differences in perceived neighborhood threat on post-trauma symptoms: The preceding role of hyperarousal. *Journal of Youth and Adolescence*.
15. Anderson, R., **Metzger, I.**, Sawyer, B., Jackson, W., & Carter, R. (under review). Hands Up, Now What?: New Clinical and Community Interventions to Reduce Racial Stress and Trauma across the Developmental Lifespan. [Special Issue on Community Psychology and Community Mental Health: A Call for Reengagement]. *American Journal of Community Psychology*.

Manuscripts in Preparation

1. Jones, S., Anderson, R., Applewhite, K., Gaskin-Wasson, A., **Metzger, I.**, & Sawyer, B. (in preparation).

Racial Trauma and Healing across the Developmental Lifespan: The Impact of Racial Trauma and Coping Strategies for Youth and Caregivers Navigating Racism. [Special Issue on Racial Trauma and Healing: Theory, Research, and Public Policy]. *American Psychologist*

2. Cooper, S., **Metzger, I.**, Van Horn, L., Golden, A. (in preparation). Father Parenting Practices and Adolescent Substance Use in African American Families.
3. **Metzger, I.**, Stewart, R., de Arellano, M., Ritchwood, T., & Danielson, C. (in preparation). Validating a comprehensive cultural sensitivity effectiveness evaluation model for risk behavior prevention programs designed for African American adolescents following trauma exposure.
4. **Metzger, I.**, Gaskin, A., Anderson, R., & Williams, M. (in preparation). Culturally Modified Trauma Focused-Cognitive Behavior Therapy for African American Youth and Caregivers: Examining the Utility of Racial Socialization.
5. **Metzger, I.**, & de Arellano, M. (in preparation). NSA-R Latent Class Analysis of DSM-5 PTSD Symptoms among African American, White American, and Hispanic Boys and Girls. The Impact of Polyvictimization.
6. **Metzger, I.**, Swiecicki, C., & Garrett, R., (in preparation). Does Race Matter in Treatment Engagement? Examining Service Access in a Children's Advocacy Center.
7. Griffin, C B., **Metzger, I.**, & Cooper, S. M., (in preparation). Racial Socialization and the Academic Self-Esteem of African American Adolescents: Racial Private and Public Regard as Mediators?
8. Salami, T., Boykin-Halliday, C., & **Metzger, I.** (in preparation). The Effects of Peer Bully Victimization and Psychological Distress in African American Middle School Children: Perceptions of School Climate as a Mediator?

Invited Talks and Workshops

1. **Metzger, I.** (2017). Health Disparities Associated with Trauma Exposure and Treatment. Medical University of South Carolina Fall Research Meeting. Invited Talk. Charleston, SC.
2. **Metzger, I.** (2017). Reducing Disparities in Mental Health Outcomes among African American Youth. Medical University of South Carolina Spring Research Meeting. Invited Talk. Charleston, SC.
3. **Metzger, I.** (2016). Why Use Community Based Participatory Research? Examples from Culturally Specific Program Evaluation and Treatment Modification. Medical University of South Carolina Fall Research Meeting. Invited Talk. Charleston, SC.
4. **Metzger, I.**, Andrews, A, T., & Lopez, C. M. (2015). *Culturally Sensitive, Trauma Informed, Teen Pregnancy Prevention and Interventions*. South Carolina Campaign to Prevent Teenage Pregnancy Summer Institute. Invited Talk. Columbia, SC.

Selected National and International Presentations

1. **Metzger, I.**, Garrett, R. J., Reese, K., Weimer, H., Reid-Quiniones, K., Kmett Danielson, C., de Arellano, M, & Swiecicki, C. (Accepted, 2017). Ethnic Differences in Service Attrition Following Trauma Exposure: Utilizing Retrospective Chart Review and Key Informant Interviews. Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. San Diego, California
2. Griffin, C., & **Metzger, I.** (accepted, 2017). School Racial Climate, School Suspensions, and Office Discipline Referrals: The Mediating Role of Classroom Engagement. American Psychological Association Annual Convention. Washington, DC.
3. Danielson, C. K., Adama, Z., Franz, A., **Metzger, I.**, & Ruggiero, K. (2017). Alpha and beta testing of a trauma-informed HIV and substance abuse prevention mobile health application for teens who have experienced interpersonal violence: the eHEARTT toolkit. International Aids Society Conference on HIV Science. Paris, France.
4. **Metzger, I.**, Stewart, R., Salami, T., Tolbert, C., de Arellano, M. & Rheingold, A. (2016). *Validating a Cultural Sensitivity Effectiveness Evaluation Model for Risk Behavior Prevention Programs Designed for African American Adolescents with Trauma Exposure: Leveraging the "SiHLE" Program*. International Society for Traumatic Stress Studies. Dallas, Texas.
5. Salami, T., **Metzger, I.**, Stewart, R., Andrews, A., Tolbert, C., & de Arellano, M. (2016). *Racial Differences in the Effect of Perception of Neighborhood Condition on Post-Trauma Symptoms: The Preceding Role of Hyperarousal*. International Society for Traumatic Stress Studies. Dallas, Texas.
6. Gilmore, A., Bountress, K., **Metzger, I.**, Maples-Keller, J. & Lewis, M. A. (2015). *Comfort and Distraction during Web-Based Interventions for Alcohol Use and Sexual Assault Risk. Paper Symposium, Novel*

- Interventions for Sexual Assault Risk Reduction, Resistance Education, and Survivor Recovery*. American Psychological Association Annual Convention. Denver, Colorado.
7. **Metzger, I.**, de Arellano, M., & Danielson, C. K. (2015). *Cultural Sensitivity Effectiveness Evaluation of the “Sistas Informing Healing Living and Empowering” (SiHLE) Pregnancy and HIV Prevention Program*. Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Chicago, Illinois.
 8. **Metzger, I.**, Salami, T., Stinnette, J. S., Kramer-Kuhn, A., Reid-Quiniones, K., Fritz, D. R. & Swiecicki, C. C. (2015). *Does Race Matter in Treatment Engagement? Examining Service Access in a Children’s Advocacy Center*. Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Chicago, Illinois.
 9. Stewart, R.W., **Metzger, I.W.**, Tuerk, P.W., & Young, J. (2015). *A decision tree approach to the assessment of posttraumatic stress disorder*. Poster presented at the annual meeting for the International Society for Traumatic Stress Studies, New Orleans, LA.
 10. Griffin, C., **Metzger, I.**, & Cooper, S. M., (March, 2014). *School Racial Climate and Academic Achievement Among African American Adolescents: Testing A Moderated Mediation Model*. Poster Presentation. Society for Research on Adolescence Biennial Meeting. Austin, Texas.
 11. **Metzger, I** & Cooper, S., (2013). *Culturally Sensitive Prevention Programs Targeting High-Risk Behaviors among African American Adolescents*. Poster Symposium: Racial-Ethnic Socialization on the Development of Diverse Youth: Implications for Research and Practice. Society for Research in Child Development, Seattle, Washington.
 12. Cooper, S., **Metzger, I.**, & Brown, C. (2013). *Intergenerational Experiences and African American Fathers’ Involvement: The Mediating Role of Fathering Ideologies*. Paper Symposium: African American Fathers’ Parenting Experiences: Exploring Processes and Contributions to Youth Outcomes. Society for Research in Child Development, Seattle, Washington.
 13. **Metzger, I.** & Cooper, S. M. (2012). *Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents*. Poster Presentation. Society for Research on Adolescence Biennial Meeting. Vancouver, BC, Canada.
 14. **Metzger, I.** (2012). *African American Parenting Profiles of Academic and Racial Socialization Practices: Associations with Adolescents’ Academic Outcomes*. National Black Graduate Student Association Conference. Poster Presentation. Philadelphia, PA.
 15. Castellow, J., **Metzger, I.**, Scaccia, J., Katz, J., Lamont, A., & Wandersman, A., (2011). *Getting to Outcomes® for the individual: Applying a systematic framework to treatment interventions for pregnant substance-abusing women*. Paper Symposium- Necessary and sufficient: Supporting effective prevention and intervention across systems levels with Getting To Outcomes (R). Society for Community Research and Action. Chicago, Illinois.
 16. **Metzger, I.**, Cooper, S., Brown, C., Avery, M., & Eaddy, H., (2011). *African American Fathers’ Racial Identity and Experiences with Discrimination: Implications for Racial Socialization Practices*. Poster Symposium. Society for Research in Child Development, Montreal, Quebec, Canada.
 17. Eaddy, H., Cooper, S., & **Metzger, I.**, (2011). *An Exploration of African American Fathers’ Racial Socialization of their Adolescent Daughters*. Poster Symposium. Society for Research in Child Development, Montreal, Quebec, Canada.
 18. Scaccia, J. P., Castellow, J., **Metzger, I.**, Sickels, A., Terry, J., Katz, J., & Wandersman, A., (2010). *Planning and Monitoring Implementation: The Maternal Outreach Management Services (MOMS) Project*. American Evaluation Association, Panel Presentation, San Antonio, TX.
 19. Hipp, L., Holmes, B., & **Metzger, I.**, (2010). *Maternal Outreach Management Services (MOMS): A Model for Pregnant Substance Abusers*. National Association of Black Social Workers, Oral Workshop, Philadelphia, PA.
 20. **Metzger, I.** (2009). *Expressive and Receptive Vocabulary Knowledge Among Elementary School Children K-2*. Southeastern Psychological Association Research Convention. Poster Session, New Orleans, Louisiana.
 21. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Annual Biomedical Research Conference for Minority Students. Poster Session, Orlando, Florida.

Selected Regional Presentations

1. **Metzger, I** (2013). *Culturally Sensitive Prevention Programs Targeting High-Risk Behaviors among African American Adolescents*. Poster. University of South Carolina Graduate Student Day. Columbia, SC.

2. **Metzger, I.** (2012). *Academic and Racial Socialization Profiles: Associations with African American Adolescents' Academic Outcomes*. Poster. University of South Carolina Graduate Student Day. Columbia, SC.
3. **Metzger, I.** & DeLoach, (2011). *Cultural Competence: Assessing the Teen Positive Parenting Program for African American Families in South Carolina*. Poster. National Black Graduate Student Conference. Columbia, South Carolina.
4. Avery, M., Castellow, J., Katz, J., **Metzger, I.**, Scaccia, J., Sickels, A., Terry, J., & Wandersman, A., (2010). *MOMS: An Enhanced Treatment Model for Pregnant Substance Abusing Women*. LRADAC, The Behavioral Health Center of the Midlands, Columbia, SC.
5. Avery, M., **Metzger, I.**, & Scaccia, J., (2010). *Maternal Outreach Management Services (MOMS): A Brief Overview*. LRADAC, The Behavioral Health Center of the Midlands, Women's Advisory Committee, Columbia, SC.
6. Castellow, J., **Metzger, I.**, Scaccia, J., & Schmidt, S., (2010). *MOMS Project: Getting to Outcomes with Substance-Abusing Pregnant Women*. Poster. James E. Clyburn Health Disparities Lecture Series, University of South Carolina, Columbia, SC.
7. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Ronald E. McNair Post-Baccalaureate Achievement Summer Internship Research Conference, Poster and Oral Sessions, Georgia State University, Atlanta, GA.
8. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Kiddie Café Developmental Seminar, Georgia State University, Atlanta, GA.
9. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children*. Ronald E. McNair Post-Baccalaureate Achievement Program Fall Research Symposium, Poster Session, Georgia State University, Atlanta, GA.
10. **Metzger, I.** (2008). *Expressive and Receptive Vocabulary Knowledge Among Elementary School Children K-2*. Honors Thesis Symposium, Georgia State University. Atlanta, GA.

Research Positions

2015 - 2017	Invictus Lab, Predoctoral Psychology Intern, Postdoctoral Fellow Medical University of South Carolina, National Crime Victims Research & Treatment Center
2014 - 2015	African American Community Engagement Lab, Doctoral Coding Assistant University of South Carolina; Clinical - Community Psychology Program
2009 - 2015	African American Youth Development Lab, Recruitment and Retention Coordinator University of South Carolina; Clinical - Community Psychology Program
2012 – 2013	Social Impairment in Children with ADHD in Schools, Doctoral Research Assistant University of South Carolina; Clinical – Community Psychology Program
2012 – 2013	Behavioral Medicine Laboratory, Doctoral Research Assistant University of South Carolina; Clinical – Community Psychology Program
2009 – 2011	Maternal Outreach Management Services (MOMS), Community Researcher LRADAC, Behavioral Health Center of the Midlands, Columbia, SC
2009 - 2010	Obesity Research Group, Doctoral Coding Assistant University of South Carolina; Clinical - Community Psychology Program
2008 – 2009	Educational Psychology Research Lab, Research Assistant Special Education Programs, Georgia State University, Atlanta, GA
2007 – 2009	Tracking Eye Movement & Vocabulary Acquisition Lab, Research Assistant Developmental Psychology Program, Georgia State University, Atlanta, GA
2007 – 2009	Research Assistant, Action Research Lab

Teaching Experience**Assistant Professor****University of Georgia, Athens, GA**

Fall 2017 Psychology of Disadvantaged and Minority Groups

Instructor**Medical University of South Carolina, Charleston, SC**

Spring 2017 Didactic Seminar
 Spring 2017 Fundamentals of Patient Care
 Fall 2016 Didactic Seminar
 Fall 2016 Fundamentals of Patient Care
 Spring 2016 Fundamentals of Patient Care
 Fall 2015 Didactic Seminar
 Fall 2015 Fundamentals of Patient Care

Graduate Teaching Assistant**University of South Carolina, Columbia, SC**

2012, 2013 Honors Health Psychology
 2011, 2012 Psychology of Women
 Fall 2010 Research Perspectives: African American Children & Families
 Fall 2010 Psychology of Women

Co- Lectures and Guest Lectures**University of South Carolina, Columbia, SC**

2015, 2016 Didactic Seminar
 Fall 2013 Child and Family Psychology Practicum
 Spring 2012 College Teaching of Psychology
 Fall 2011 Seminar on Race, Class, Gender, and Sexuality
 Spring 2010 Lifespan Psychopathology
 Spring 2010 Survey of Abnormal Psychology
 Spring 2007 African American Psychology

Teaching Distinction, University of South Carolina, Columbia, SC

Spring 2012 Preparing Future Faculty Credential, Center for Teaching Excellence, The Graduate School

Teaching Training

2016 Addressing Incivility in the Classroom: Effective Strategies for Faculty
 2015 Teaching in No Time: How to Prepare For A Stress-Free Semester
 2010 Workshop: Dealing with Classroom Distractions
 2009 Teaching Assistant Training Workshop
 2009 Workshop: Motivating Students
 2009 Effective and Engaging Instruction: Tips for Teaching Assistants

Training Design and Facilitation

2015, 2016 **National Crime Victims Research and Treatment Center**
Medical University of South Carolina, Charleston, South Carolina
 Child Intake Orientation
 Introduction to Child Trauma

7/2011- 1/2013 **Psychological Consultant, Graduate Student Supervisor**
Pine Grove Inc., Elgin, South Carolina

Current and Future Directions for Diagnosing Autism and Autism Research
 Functional Behavior Analysis for Problem Behaviors in Children with Autism
 Sensory Issues in Children with Autism Spectrum Disorders
 Self-Injurious Behaviors (SIBs) and Suicide
 Rewards and Punishment for Children with Autism: Special Considerations for Abuse Prevention
 Behavior Modification using Visual Supports and Planned Ignoring
 Group Dynamics and Teaching Social Skills to Children with Autism
 Teaching Fine and Gross Motor Skills to Children with Developmental Disabilities

Clinical Experience

- 2016 – Present **Postdoctoral Clinician**
Infectious Diseases Inpatient Unit, Medical University of South Carolina
 Population: Adults with HIV and a history of traumatic experiences
- 2015 – Present **Postdoctoral Clinician**
Mother Emanuel African Methodist Episcopal Church, National Crime Victims Research and Treatment Center, Medical University of South Carolina
 Population: Adults and Children homicide survivors with Traumatic Grief, Anxiety, and Depression as a result of the June 2015 AME shooting in Charleston, SC
- 2015- Present **Postdoctoral Clinician**
National Crime Victims Research & Treatment Center, Medical University of South Carolina
 Population: Children and Adult victims of crime with PTSD, anxiety, depression, ODD, Adjustment Disorder, Substance Use, Risky Sex, HIV, etc.
- 2015 – Present **Predoctoral Health Educator, Postdoctoral Researcher and Health Educator**
Ethnic Minority Preventative Outreach and Web-Based Education for Risk Reduction Department of Psychiatry & Behavioral Sciences, Medical University of South Carolina
 Population: African American teens and emerging adults with trauma histories, DJJ involvement, and high risk for HIV, STI, unplanned pregnancies, and substance use
- 2014 - Present **Predoctoral Clinician**
National Crime Victims Research & Treatment Center, Medical University of South Carolina
 Population: Children, Families, Adults victims of crimes with PTSD, Depression, Panic, HIV
- 2015 **Predoctoral Clinician**
Sleep/Anxiety Treatment & Research Program, Medical University of South Carolina
 Population: Adults with Anxiety, Depression, and Insomnia
- 2014 **Predoctoral Clinician**
Adolescent and Family Services, Medical University of South Carolina
 Population: Adolescents with Substance Use and Behavioral Disorders and their families
- 2014 **Predoctoral Clinician**
Community Outreach Project, Medical University of South Carolina
 Population: Children, Families, Crime victims with PTSD, Depression, and behavior difficulties
- 2011 - 2013 **Psychological Consultant, Graduate Student Supervisor**
Pine Grove Inc., Elgin, SC
 Population: Children with Autism, ADHD, FAS, CDD, and other Developmental Disabilities
- 2013 - 2013 **Psychology Intern, Group Counselor**
Three Rivers Behavioral Health Residential Treatment, New Horizons, Columbia, SC
 Population: Female teens with Axis I (e.g., PTSD) or Axis II (e.g., BPD) psychiatric disorders

- 2010 - 2013 **Psychological and Behavioral Consultant, Health Educator**
The Pediatric Diabetes and Obesity Institute- Healthy Lifestyles Clinic
University of South Carolina School of Medicine, Division of Pediatric Endocrinology
Population: Patients ages 2-18 who are at risk for Type 2 Diabetes and their families
- 2012 - 2015 **Advanced Assessment with Children, Adolescents and College-Age Individuals**
Psychological Services Center, Columbia, SC
Population: Youth ages 3 to 19 with developmental, learning, mental, or emotional disabilities
- 2012 - 2015 **Advanced Practicum Student**
Autism Diagnostic Clinic, Psychological Services Center, University of South Carolina
Population: Youth with Autism Spectrum Disorders
- 2010 - 2015 **Advanced Therapy with Children, Adolescents, and College-Age Individuals**
Psychological Services Center, University of South Carolina
Population: Children, adolescents, and college-age youth
- 2010 – 2012 **Advanced Practicum Student**
Challenging Horizons Program, Leaphart Elementary School, Columbia, SC
Population: Middle school youth with ADHD and general academic and behavioral difficulties

Clinical Training

- 2017 **Culture and Therapeutic Alliance: Seven Empirically Supported Guidelines for Improving Multicultural Competency in CBT**, Anu Asnaani, PhD
- 2017 **Creating and Sustaining Trauma-Responsive Organizational Cultures**, Sandra Bloom, MD
- 2016 **Trauma and Stress-Related Disorders in DSM-5**, Matthew J. Friedman MD, PhD
- 2014 **Trauma Focused Cognitive Behavioral Therapy**, Michael de Arellano, PhD
- 2014 **Prolonged Exposure Therapy**, Alyssa Rheingold, PhD
- 2014 **Cognitive Processing Therapy**, Alyssa Rheingold, PhD
- 2014 **Multiple Channel Exposure Therapy**, Heidi Resnick, PhD
- 2014 **Contingency Management Treatment for Substance Use in Adolescence**, Kristyn Zajac, Ph.D
- 2014 **Cognitive Behavior Therapy for Anxiety and Depression**, Melissa Milanak, PhD
- 2014 **Cognitive Behavior Treatment for Insomnia**, Melissa Milanak, PhD
- 2014 **Motivational Interviewing: Skill Building and Updates**, Daniel W. McNeil, PhD
- 2014 **Making Proud Choices**, Carla Kmett Danielson, PhD
- 2014 **Sistas Informing Healing Living and Empowering (SiHLE)**, Carla Kmett Danielson, PhD
- 2013 **ICD Diagnosis and DSM-5 Changes: A New Horizon**, M. Michele Burnette, PhD
- 2013 **Autism Diagnostic Interview– Revised (ADI-R)**, Jane Roberts, PhD
- 2013 **Children’s Interview for Psychiatric Syndromes (P-ChIPS)**, Kate Flory, PhD
- 2012 **Nonviolent Physical Crisis Intervention**, Kelly Baccomo
- 2010 **Prolonged Exposure Therapy**, Mark Weist, PhD
- 2010 **Primary Care Teen Triple P (Positive Parenting Program)**, Bradley Smith, PhD
- 2010 **Assessment, Interviewing, and Treatment for Substance Abuse**, Alicia Anderson, MS
- 2010 **Dialectal Behavior Therapy for Borderline Personality Disorder**, Shari Manning, PhD, LPC

Assessments and Report Writing

- 2012 - 2015 Vineland Adaptive Behavior Scales, Second Edition (VABS-II)
Behavior Assessment System for Children, Second Edition (BASC-2)
Modified Checklist for Autism in Toddlers (M-CHAT)
Peabody Picture Vocabulary Test IV (PPVT 4)
Expressive Vocabulary Test, Second Edition (EVT-2)
Bayley Scales of Infant Development Mental Scale- Third Edition (Bayley- III)
Autism Diagnostic Interview – Revised (ADI-R)

Autism Diagnostic Observation Schedule (ADOS)
 Home-Situations Questionnaire- PPD Version (HSQ)
 Beery-Buktenica Developmental Test, Visual-Motor Integration, 6th Edition (VMI)
 Stanford-Binet Intelligence Scales- Fifth Edition (SB5)
 Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)
 Woodcock-Johnson Tests of Achievement- III (WJTA-III)
 Social Communication Questionnaire (SCQ)
 Social Responsiveness Scale (SRS)
 Weschler Adult Intelligence Scale-Fourth Edition (WAIS-IV)
 Conners' Adult ADHD Rating Scales (CAARS)
 Brown Attention-Deficit Disorder Scales for Adults
 Supervisor: Kimberly Hills, PhD

2012 - 2013 Children's Interview for Psychiatric Syndromes (P-ChIPS)
 Services for Children and Adolescents-Parent Interview (SCAPI)
 Wechsler Abbreviated Scale of Intelligence- Second Edition (WASI-II)
 Children's Depression Inventory, Child Report (CDI)
 Disruptive Behavior Disorder Rating Scale (DBD)
 Impairment Rating Scale (IRS)
 Self-Report for Childhood Anxiety Related Emotional Disorders (SCARED)
 Supervisor: Kate Flory, PhD

2013 Disruptive Behavior Disorder Rating Scale (DBD)
 Impairment Rating Scale (IRS)
 Behavior Assessment System for Children, Second Edition (BASC-2)
 Supervisor: Mark Weist, PhD

2013 - 2015 Autism Diagnostic Interview – Revised (ADI-R)
 Autism Diagnostic Observation Schedule (ADOS)
 Supervisor: Jane Roberts, PhD

2010 Wechsler Abbreviated Scale of Intelligence- Second Edition (WASI-II)
 Behavior Assessment System for Children- Second Edition (BASC-2)
 Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)
 Woodcock Johnson Test of Achievement- Third Edition (WJTA-III)
 Supervisor: Rachel Stroud, PhD

2007 Nelson Denny Reading Test
 Peabody Picture Vocabulary Test-IV (PPVT-IV)
 Diagnostic Evaluation of Language Variation (DELV)
 Woodcock Johnson Test of Achievement- Third Edition (WJTA-III)
 Supervisor: Rihana S. Williams, PhD and Nicole Patton- Terry, PhD

University Service

2016 **Cultural Considerations in Trauma Focused Therapy Web 2.0, Task Force**
 National Crime Victims Research & Treatment Center, Medical University of South Carolina
 2016 - **Interdisciplinary Research Methods Core, Member**
 Yale University School of Public Health
 2016 - **Qualitative Research Discussion Group, Member**
 Yale University School of Public Health
 2015 - **Diversity and Ethnic Relations Committee, Member**
 Medical University of South Carolina
 2015 - **Mental Health Disparities and Diversity Program, Co-Chair**
 Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences

- 2014, 2015 **Diversity Recruitment Representative, Charleston Consortium Internship Program**
Association for Cognitive and Behavioral Therapies Annual Meeting
- 2009 - 2014 **Black Psychology Graduate Student Association (BPGSA), President (2012- 2013)**
Department of Psychology, University of South Carolina
- 2010 **Psychology Graduate Student Association, Secretary**
University of South Carolina
- 2009 - 2014 **Psychology Graduate Student Association, Member**
University of South Carolina
- 2010 **The TRIO McNair Post-Baccalaureate Achievement Program Presentation**
Preparing for Summer Research: Graduate Student Panel
- 2010 **The TRIO McNair Post-Baccalaureate Achievement Program Presentation**
Designing a Meaningful Project: Graduate Student Panel
- 2010, 2011 **Doctoral Student Panels**
Department of Psychology, University of South Carolina
- 2008 **Annual Biomedical Research Conference for Minority Students- ABRCMS**
Georgia State University Representative
- 2008 **Southern Regional Educational Board- SREB; Compact for Faculty Diversity**
Undergraduate Ambassador, Georgia State University Representative
- 2008 **University of Georgia, Future Scholars Visitation Program**
Georgia State University Representative
- 2008 **University of South Florida Campus Visitation**
Georgia State University Representative
- 2006 - 2008 **Psi Chi National Honors Society in Psychology**
Vice President, Georgia State University
- 2006 - 2008 **Ronald E. McNair Post-Baccalaureate Achievement Program**
Editor, McNair Voice, National Newsletter, Student Advisory Board, Georgia State University

Editorial Responsibilities

Addictive Behaviors

- 2017 Does the Implementation of Evidence-Based and Culturally Competent Practices Reduce Disparities in Addiction Treatment Outcomes?

Professional and Research Training

- 2017 **Successfully Navigate NIH Peer Review and Get a Fellowship Grant**, NIH Center for Scientific Review
- 2017 **Fireside Chat: The Development of Implementation Science & Future Directions**, Russell Glasgow, PhD
- 2016 **Peer Review Briefing for Basic Research Applicants and Reviewers**, NIH Center for Scientific Review
- 2016 **Analyzing and Using NIMH Research Domain Criteria (RDoC) Data**, Lisa McTeague, Ph.D
- 2016 **Developing your Clinical Trial Toolbox**, Valerie Durkalski-Mauldin, PhD and Caitlyn Ellerbe, PhD
- 2016 **Responsible Conduct of Research and Career Development (RCR/CD)**, Edward Krug, PhD
- 2016 **National Center for Faculty Development & Diversity**, Kerry Ann Rockquemore, PhD
- 2016 **Micro-Aggressions, Micro-Resistance, and Ally Development in the Academy**, Cynthia Ganote, PhD
- 2016 **Mastering Academic Time Management**, Mindi Tompson, PhD
- 2016 **How to Develop a Daily Writing Practice**, Joy Gaston Gayles, PhD
- 2015 **Everything You Need to Know About Grant Writing**
- 2015 **How to Write Papers That Get Cited and Proposals that Get Funded**, Josh Schimel, PhD

Professional Affiliations

International Society for Traumatic Stress Studies, Member
APA Health Disparities Initiative Program, Health Equity Ambassador
Association for Psychological Science, Member
Association for Cognitive and Behavioral Therapies, Member
National Register of Health Service Psychologists, Member
Society of Counseling Psychology, Member, Section on Ethnic and Racial Diversity
Society for the Scientific Study of Sexuality, Developmental Professional Member

National Center for Faculty Development & Diversity, Member
National Postdoctoral Association, Member
Society for Research on Adolescence, Member
American Psychological Association, Member, Number 37400978
Society for Research in Child Development, Member
National Black Graduate Student Association, Member
National Alliance on Mental Illness, South Carolina Division Member
Psychology Graduate Student Association, University of South Carolina, Member
Black Psychology Graduate Student Association (BPGSA), Member
Black Graduate Student Association, University of South Carolina, Member
Southeastern Psychological Association, Member

Mentored Students (approval granted by students listed)

2015 - 2016	Temilola Salami, PhD , Medical University of South Carolina
2014 - 2015	Nana Tuntum Broni , John's Hopkins University
2013 - Present	Monica Taiwo Ogunsusi , University of Georgia
2013 - Present	Monique Kehinde Ogunsusi , Georgia Institute of Technology
2012 - Present	Stephania LaShawn Jackson , University of South Carolina