

*Curriculum Vitae*

**ISHA W. METZGER, PH.D.**

Tenure-Track Assistant Professor || Department of Psychology || University of Georgia 125 Baldwin Street || Athens, GA 30602 || isha.metzger@uga.edu

Visiting Research Faculty || Yale University || School of Public Health || Center for Interdisciplinary Research on AIDS 135 College St. || New Haven, CT 06510 || isha.metzger@yale.edu

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**Education**

- 2011 - 2015    **Doctor of Philosophy; University of South Carolina; Columbia, SC**  
Doctoral Program in Clinical-Community Psychology (APA Accredited), Department of Psychology  
Dissertation: Profiles of African American College Students' Alcohol Use and Sexual Behaviors: Associations with Stress, Racial Discrimination, and Social Support
- 2009 - 2011    **Masters of Arts; University of South Carolina; Columbia, SC**  
Doctoral Program in Clinical-Community Psychology (APA Accredited), Department of Psychology  
Thesis: Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents  
Comprehensive Exam: Culturally Sensitive Risk-Behavior Prevention Programs for African American Adolescents: A Systematic Analysis
- 2005 - 2008    **Bachelor of Arts; Georgia State University; Atlanta, GA**  
Department of Psychology, Summa Cum Laude, Advanced Research Honors Degree  
Thesis: Comparing the Category Productions of LSES and MSES Elementary School Children

**Clinical Psychology Predoctoral Internship**

- 2014 - 2015    **Charleston Consortium Psychology Predoctoral Internship Training Program**  
**Medical University of South Carolina; Charleston, SC**, Department of Psychiatry  
Placements: National Crime Victims Research and Treatment Center, Adolescent & Family Services, Community Outreach Project, Sleep/Anxiety Treatment and Research Program

**Postdoctoral Research Fellowship**

- 2015 – 2017    **National Crime Victims Research and Treatment Center**  
**Medical University of South Carolina; Charleston, SC**, Department of Psychiatry  
Treatment Development and Dissemination Track
- 2016 – 2017    **Center for Interdisciplinary Research on AIDS (CIRA)**  
**Research Education Institute for Diverse Scholars (REIDS)**  
**Yale University School of Public Health; New Haven, Connecticut**

**Personal Statement**

As a health disparities clinical scientist from Atlanta, Georgia by way of Sierra Leone, West Africa, both my research and clinical experiences emphasize the importance of improving interventions for high-risk, underserved, African Americans. In addition to evidence-based program and treatment evaluation and modification, my research and clinical work also focuses on the prevention of risk behaviors (e.g., sexual activity, alcohol use, delinquency), as well as understanding risk and resilience factors (e.g., racial socialization, racial discrimination, peer relationships), that impact the relation between trauma exposure and related sequelae (e.g., PTSD, HIV). Clinically, I deliver evidence based cognitive-behavioral services to youth, families, and adults who are experiencing difficulties with a range of mental health problems. I am also a professor and mentor to both graduate and undergraduate university students.

**Research Grants**

Ongoing Research Support

Intramural Pilot Grant (Kogan, Metzger, MacKillop) **Role: Co-Investigator** 10/2017-Present  
Center for Translational and Prevention Science

**Are lifestyle factors contributors to rural youths’ substance abuse vulnerability?** Challenging rural environments take a toll on neurocognitive development, undermining the development of decision making skills and affecting substance use vulnerability. Emerging research also suggests that youths’ development of decision making competencies may be affected by a number of lifestyle factors including sleep, physical activity, food, caffeine, and interactive media. This study focuses on how stressful environments affect substance use via neurocognitive pathways.  
Funded Amount: \$23,960

2R25MH087217 (MPI: Kershaw, Guthrie) **Role: Visiting Postdoctoral Fellow** 10/2016-Present  
Research Education Institute for Diverse Scholars (REIDS); Center for Interdisciplinary Research on AIDS’ (CIRA); Yale School of Public Health

NIMH Pilot Project (PI: Metzger)  
**Culturally Enhanced Trauma Treatment to Reduce HIV Risk for African American Youth: Integrating Racial Socialization.** This study will create a standardized cultural enhancement for existing evidence-based trauma treatments. Racial socialization will be integrated by clinicians both within (e.g., psychoeducation) and between (e.g., in-vivo, “in real life” assignments) sessions with African American youth and caregivers in order to improve engagement and decrease trauma sequelae (e.g., PTSD, HIV risk) for this population.  
Funded Amount: \$20,000

UL1TR001450 (PI: Brady) **Role: Academic Partner/ Principal Investigator** 10/2015-Present  
South Carolina Clinical & Translational Research Center for Community Health Partnerships (SCTR/CCHP) Community Engaged Scholars (CES) Program; Medical University of South Carolina

NIH/NCATS Pilot Project (PI: Metzger)  
**A Community Based Participatory Research Approach to Reducing Health Disparities in Service Initiation and Engagement following Trauma Exposure.** Chart review, key informant interviews, and online surveys are used in order to explore barriers and facilitators to service initiation and engagement, and to identify strategies to address barriers to service engagement among racial/ethnic minority youth and families who a referred to the Dee Norton Lowcountry Children’s Center, a local Children’s Advocacy Center, following potential trauma exposure.  
Funded Amount: \$10,000

Completed Research Support

T32MH018869-28 (MPI: Kilpatrick, Danielson) **Role: Postdoctoral Fellow** 08/2015-07/2017  
NIMH/NIH Basic and Translational Research Training in Traumatic Stress Across the Lifespan

The primary goal of this T32 is to provide trainees with mentorship, coursework, mental health treatment experiences, and research experiences required to do competent, translational traumatic stress research.  
Funded Amount: \$87,396

American Psychological Association (APA) Dissertation Grant **Role: PI** 08/2013-08/2014  
State Doctoral Scholars Program Grant, Southern Regional Education Board **Role: PI** 08/2012-11/2014

**Profiles of African American College Students’ Alcohol Use and Sexual Behaviors: Associations with Stress, Racial Discrimination, and Social Support**  
Utilized a latent class analysis and a one-way analysis of variance to 1) Identify risk behavior profiles of alcohol use, risky sex, and co-occurring alcohol use and sexual activity, 2) examine the ways that profiles are associated with general and culturally specific risk and resilience factors, and 3) examine whether the profiles are related to demographic variables for minority emerging adults in college.  
Funded Amount: \$36,000

**Honors and Awards**

- 2017 **Early Career Fellow**, Owens Institute of Behavioral Research, University of Georgia
- 2017 **Mentored Fellow**, Center for Translational and Prevention Science (P30DA027827), University of Georgia
- 2017 **40 Under 40 Leaders in Health**, National Minority Quality Forum
- 2016 **Research Education Institute for Diverse Scholars (REIDS)**, Yale University
- 2016 **APA Health Disparities Initiative**, Health Equity Ambassador
- 2016 **Community Engaged Scholars Program Inductee**, Medical University of South Carolina
- 2016 **APA Dissertation Research Grant**, American Psychological Association
- 2013 **State Doctoral Scholars Program Dissertation Grant**, Southern Regional Education Board
- 2013 **Nora and William Smith Endowed Fellowship**, University of South Carolina
- 2013 **Laura Griffin Graduate Research Grant**, University of South Carolina
- 2013 **Outstanding Service Award**, University of South Carolina
- 2012 **Graduate Student Research Award**, University of South Carolina
- 2012 **Preparing Future Faculty (PFF) Credential**, Center for Teaching Excellence, University of South Carolina
- 2011 **Gamecock Scholars Scholarship**, University of South Carolina
- 2010 **Continuing Graduate Incentive Fellowship**, University of South Carolina
- 2010 **FORD Foundation Predoctoral Fellowship Program**, Honorable Mention
- 2009 **Graduate Incentive Fellowship**, University of South Carolina
- 2008 **1<sup>st</sup> Place Presentation Award**, Biomedical Research Conference for Minority Students
- 2008 **C. T. Cummings Academic Scholarship**, Georgia State University
- 2008 **Undergraduate Research Grant**, Georgia State University
- 2006-2008 **Ronald E. McNair Post-Baccalaureate Achievement Program**, Georgia State University

**Peer Reviewed Publications**

1. **Metzger, I.**, Blevins, C., Calhoun, C., Ritchwood, T., Gilmore, A., Stewart, R., Bountress, K. (in press). An examination of the impact of maladaptive coping on the association between stressor type and alcohol use in college. *Journal of American College Health*, 65, 534-541.
2. Apatu, E., Hamadi, H., Abrams, J., **Metzger, I.**, & Spaulding, A. (in press). Association between Hospital Community Services and County Population Health in the United States. *Journal of Public Health*.
3. Golden, A. R., Griffin, C. B., **Metzger, I.**, & Cooper, S. M. (in press). School Racial Climate and Academic Outcomes in African American Adolescents: The Protective Role of Peers. *Journal of Black Psychology*.
4. Gilmore, A. K., Bird, E. R., Neilson, E. C., **Metzger, I.**, George, W. H., & Norris, J. (2017). Understanding sexual assault risk perception in college: Associations among sexual assault history, drinking to cope, and alcohol use. *Addictive Behaviors*, 78, 178-186.
5. Ritchwood, T.D., Powell, T. W., **Metzger, I. W.**, Dave, G., Corbie-Smith, G., Atujuna, M., Vander Schaaf, E., Wynn, M., Lin, F., Zhou, W., & Akers, A.Y. (2017). Understanding the relationship between religiosity and caregiver-adolescent communication about sex within African-American families. *Journal of Child and Family Studies*, 26, 2979-2989.
6. Griffin, C B., Cooper, S. M., **Metzger, I.**, & Golden, A. (2017). School Racial Climate and the Academic Achievement of African American High School Students: The Mediating Role of School Engagement. *Psychology in the Schools*, 54, 673-688.
7. Bountress, K., **Metzger, I.**, Maples-Keller, J., & Gilmore, A. (2017). Reducing sexual risk behaviors: secondary analyses from a randomized controlled trial of a brief web-based alcohol intervention for underage, heavy episodic drinking college women, *Addiction Research & Theory*, 25:4, 302-309, DOI: 10.1080/16066359.2016.1271416. NIHMSID 843907.
8. **Metzger, I.**, Cooper, S. M., Ritchwood, T. D., Onyeuku, C., & Griffin, C. B. (2017). Profiles of African American college students' alcohol use and sexual behaviors: Associations with stress, racial discrimination, and social support. *The Journal of Sex Research*, 54(3), 374-385. PMID: PMC5373031. NIHMSID: 845176.
9. Ritchwood, T.D., DeCoster, J, **Metzger, I.**, Bolland, J., & Danielson, C.K. (2016). Does it really matter which drug you choose? An examination of the influence of type of drug on type of risky sexual behavior. *Addictive Behaviors*, 60, 97-102. NIHMSID 780214. PMID: PMC4884511.
10. Stewart, R.W., Tuerk, P.W., **Metzger, I.**, Davidson, T.M., & Young, J. (2016). A decision tree approach to the assessment of posttraumatic stress disorder: Engineering empirically rigorous and ecologically valid assessment measures. *Psychological Services*, 13, 1-9. NIHMSID 845190.

11. Andrews III, A. R., Jobe-Shields, L., López, C. M., **Metzger, I. W.**, de Arellano, M. A., Saunders, B., & Kilpatrick, D. G. (2015). Polyvictimization, income, and ethnic differences in trauma-related mental health during adolescence. *Social psychiatry and psychiatric epidemiology*, 50(8), 1223-1234. NIHMSID 698028. PMCID: PMC4521986.
12. Cooper, S.M., Smalls-Glover, C., **Metzger, I.**, & Brown, C. (2015). African American fathers' racial socialization patterns: Associations with and racial identity beliefs and discrimination experiences. *Family Relations*, 64, 278-290.
13. Cooper, S.M., White-Johnson, R., Brown Griffin, C., **Metzger, I.**, Avery, M., Eaddy, H., Shephard, C., & Guthrie, B. (2014). Community involvement and reduced risk behavior engagement among African American adolescents: The mediating role of empowerment beliefs. *Journal of Black Psychology*, 41, 415-437.
14. Cooper, S. M., Brown, C., **Metzger, I.**, Clinton, Y., & Guthrie, B. (2013). Racial discrimination and African American adolescents' adjustment: Gender variation in family and community social support, promotive and protective factors. *Journal of Child and Family Studies*, 22(1), 15-29.
15. **Metzger, I.**, Cooper, S. M., Flory, K., & Zarrett, N. (2013). Culturally sensitive risk-behavior prevention programs for African American adolescents: A systematic analysis. *Clinical Child and Family Psychology Review*, 16, 187-212.
16. Guthrie, B.J., Cooper, S. M., Brown, C., & **Metzger, I.** (2012). Degrees of difference among minority female juvenile offenders' psychological functioning, risk behavior engagement, and health status: A latent profile investigation. *The Journal of Health Care for the Poor and Underserved*, 23, 204-225.
17. Williams, R. S., Terry, N. P., & **Metzger, I.**, (2012). Kid Categories: A comparison of the category productions of LSES and MSES elementary school children. *Communication Disorders Quarterly*, 34, 71-80.
18. Cooper, S.M., Guthrie, B.J., Brown, C.L., & **Metzger, I.** (2011). Daily hassles and African American adolescent females' psychological functioning: Direct and interactive associations with gender role orientation. *Sex Roles*, 65, 397-409.

### Manuscripts Under Review

1. **Metzger, I.**, Salami, T., Carter, S., Halliday-Boykins, C. A., Anderson R. E., Jernigan, M. M., & Ritchwood, T. (Revise and Resubmit). African American Emerging Adults' Experiences with Racial Discrimination and Drinking Habits: The Moderating Roles of Perceived Stress. *Cultural Diversity and Ethnic Minority Psychology*.
2. Jaffe, A. E., Bountress, K. E., **Metzger, I. W.**, Maples-Keller, J. L., Pinsky, H. T., George, W. H., & Gilmore, A. K. (under review). Student engagement and comfort during a web-based personalized feedback intervention for alcohol and sexual assault. *Addictive Behaviors*.
3. **Metzger, I.**, Cooper, S., & Griffin, C. G., & Golden, A. (under review). Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents. *Cultural Diversity and Ethnic Minority Psychology*.
4. Abboud, S., **Metzger, I.**, Koo, K., McKenny, M., & Brawner, B., (under review). Intersectionality of Ethnic Identity, Emotion Regulation, and Gender Roles among Black Adolescents with Mental Illnesses. *Ethnicity & Health*.
5. Walker, J., Bountress, K.E., Calhoun, C.D., **Metzger, I.**, Adams, Z., Amstadter, A., Thomas, S., & Danielson, C.K. (under review). Impulsivity and Comorbid PTSD-Hazardous Drinking. *Journal of Dual Diagnosis*.
6. Williams, M., **Metzger, I.**, Leins, C., & Lonsinger, C. (under review). A Model for Assessing Racial Trauma within a DSM-5 Framework: [Special Issue on Racism, Religious Bias, Privilege and Violence]. *Psychology of Violence*.
7. Stewart, R., Orengo-Aguayo, Wallace, M., **Metzger, I.**, R., McBrady, E., Rheingold, A., & de Arellano, M. (under review). Leveraging technology and cultural adaptations to increase access and engagement among trauma-exposed African American youth: School-based telehealth delivery of Trauma-Focused Cognitive Behavioral Therapy. [Special Issue on Trauma-Focused Interventions for Children and Adolescents]. *School Psychology Quarterly*.
8. Boykin-Halliday C., Andrews, A., **Metzger, I.**, Salami, T. K., Danielson, C., K., Saunders, B. E., & Kilpatrick, D. G. (under review). Gender and Ethnic Variation in the Effects of Potentially Traumatic Experiences on Adolescent Alcohol and Delinquency Outcomes. *Cultural Diversity and Ethnic Minority Psychology*.
9. Griffin, C. B. & **Metzger, I.** (under review). Exploring Associations Among African American Youths'

Perceptions of School Racial Climate and School Engagement: Does Gender Matter? *School Psychology Review*.

10. Ritchwood, T., **Metzger, I.**, Powell, T., Vander Schaff, E., Wynn, M., Zhou, W., Lin, F., Corbie-Smith, G., & Akers, A. (revise and resubmit). How does pubertal timing and status impact parent-adolescent communication about sex? An examination of mediation effects. *Journal of Early Adolescence*.
11. Salami, T. K., Andrews, A., **Metzger, I.**, de Arellano, M., Saunders, B., & Kilpatrick, D. G. (under review). Racial differences in perceived neighborhood threat on post-trauma symptoms: The preceding role of hyperarousal. *Journal of Youth and Adolescence*.
12. Jones, S., Anderson, R., Gaskin-Wasson, A., Sawyer, B. Applewhite, K., & **Metzger, I.**, (under review). From “Crib to Coffin”: The Navigation of Healing from Racial Trauma throughout the Lifespan of Black Americans. [Special Issue on Racial Trauma and Healing: Theory, Research, and Public Policy]. *American Psychologist*.
13. Anderson, R., **Metzger, I.**, Sawyer, B., Jackson, W., & Carter, R. (under review). Hands Up, Now What?: New Clinical and Community Interventions to Reduce Racial Stress and Trauma across the Developmental Lifespan. [Special Issue on Community Psychology and Community Mental Health: A Call for Reengagement]. *American Journal of Community Psychology*.

### Manuscripts in Preparation

1. Cooper, S., **Metzger, I.**, Van Horn, L., Golden, A. (in preparation). Father Parenting Practices and Adolescent Substance Use in African American Families.
2. **Metzger, I.**, Stewart, R., de Arellano, M., Ritchwood, T., & Danielson, C. (in preparation). Validating a comprehensive cultural sensitivity effectiveness evaluation model for risk behavior prevention programs designed for African American adolescents following trauma exposure.
3. **Metzger, I.**, Gaskin, A., Anderson, R., & Williams, M. (in preparation). Culturally Modified Trauma Focused-Cognitive Behavior Therapy for African American Youth and Caregivers: Examining the Utility of Racial Socialization.
4. **Metzger, I.**, & de Arellano, M. (in preparation). NSA-R Latent Class Analysis of DSM-5 PTSD Symptoms among African American, White American, and Hispanic Boys and Girls. The Impact of Polyvictimization.
5. **Metzger, I.**, Swiecicki, C., & Garrett, R., (in preparation). Does Race Matter in Treatment Engagement? Examining Service Access in a Children’s Advocacy Center.
6. Griffin, C B., **Metzger, I.**, & Cooper, S. M., (in preparation). Racial Socialization and the Academic Self-Esteem of African American Adolescents: Racial Private and Public Regard as Mediators?
7. Salami, T., Boykin-Halliday, C., & **Metzger, I.** (in preparation). The Effects of Peer Bully Victimization and Psychological Distress in African American Middle School Children: Perceptions of School Climate as a Mediator?

### Invited Talks and Workshops

1. **Metzger, I.** (invited, 2018). *Culturally Sensitive Assessment and Treatment of Trauma Related Symptoms in Children and Young Adults*. Georgia Psychological Association Annual Meeting. Invited Talk. Athens, GA.
2. **Metzger, I.**, & Mouilso, E. (invited, 2018). *Reducing Disparities in Mental Health Outcomes among African American Youth*. Clinical Colloquium Spring Series. Invited Talk. Purdue University. West Lafayette, IN.
3. **Metzger, I.** (2017). *Risk and Resilience: Mental Health Disparities in Underserved Student Populations*. Dialogues in Diversity Lunchtime Series, Office of Institutional Diversity, University of Georgia. Athens, GA.
4. Burnley, J., Jimenez-Fuentes, G., **Metzger, I.**, Patel, U., & Smith, C. (2017). *Discussions on Diversity, Equity, and Inclusion*. AACC Fall 2017 Advisor Workshop, Academic Advising Coordinating Council, University of Georgia. Athens, GA.
5. **Metzger, I.** (2017). *Health Disparities Associated with Trauma Exposure and Treatment*. Medical University of South Carolina Fall Research Meeting. Invited Talk. Charleston, SC.
6. **Metzger, I.** (2017). *Reducing Disparities in Mental Health Outcomes among African American Youth*. Medical University of South Carolina Spring Research Meeting. Invited Talk. Charleston, SC.
7. **Metzger, I.** (2016). *Why Use Community Based Participatory Research? Examples from Culturally Specific Program Evaluation and Treatment Modification*. Medical University of South Carolina Fall Research Meeting. Invited Talk. Charleston, SC.

8. **Metzger, I.**, Andrews, A. T., & Lopez, C. M. (2015). *Culturally Sensitive, Trauma Informed, Teen Pregnancy Prevention and Interventions*. South Carolina Campaign to Prevent Teenage Pregnancy Summer Institute. Invited Talk. Columbia, SC.

### **Selected National and International Presentations**

1. **Metzger, I.**, Garrett, R. J., Reese, K., Weimer, H., Reid-Quiniones, K., Kmett Danielson, C., de Arellano, M., & Swiecicki, C. (2017). *Ethnic Differences in Service Attrition Following Trauma Exposure: Utilizing Retrospective Chart Review and Key Informant Interviews*. Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. San Diego, California
2. Griffin, C., & **Metzger, I.** (2017). *School Racial Climate, School Suspensions, and Office Discipline Referrals: The Mediating Role of Classroom Engagement*. American Psychological Association Annual Convention. Washington, DC.
3. Danielson, C. K., Adama, Z., Franz, A., **Metzger, I.**, & Ruggiero, K. (2017). *Alpha and beta testing of a trauma-informed HIV and substance abuse prevention mobile health application for teens who have experienced interpersonal violence: the eHEARTT toolkit*. International Aids Society Conference on HIV Science. Paris, France.
4. **Metzger, I.**, Stewart, R., Salami, T., Tolbert, C., de Arellano, M. & Rheingold, A. (2016). *Validating a Cultural Sensitivity Effectiveness Evaluation Model for Risk Behavior Prevention Programs Designed for African American Adolescents with Trauma Exposure: Leveraging the "SiHLE" Program*. International Society for Traumatic Stress Studies. Dallas, Texas.
5. Salami, T., **Metzger, I.**, Stewart, R., Andrews, A., Tolbert, C., & de Arellano, M. (2016). *Racial Differences in the Effect of Perception of Neighborhood Condition on Post-Trauma Symptoms: The Preceding Role of Hyperarousal*. International Society for Traumatic Stress Studies. Dallas, Texas.
6. Gilmore, A., Bountress, K., **Metzger, I.**, Maples-Keller, J. & Lewis, M. A. (2015). *Comfort and Distraction during Web-Based Interventions for Alcohol Use and Sexual Assault Risk. Paper Symposium, Novel Interventions for Sexual Assault Risk Reduction, Resistance Education, and Survivor Recovery*. American Psychological Association Annual Convention. Denver, Colorado.
7. **Metzger, I.**, de Arellano, M., & Danielson, C. K. (2015). *Cultural Sensitivity Effectiveness Evaluation of the "Sistas Informing Healing Living and Empowering" (SiHLE) Pregnancy and HIV Prevention Program*. Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Chicago, Illinois.
8. **Metzger, I.**, Salami, T., Stinnette, J. S., Kramer-Kuhn, A., Reid-Quiniones, K., Fritz, D. R. & Swiecicki, C. C. (2015). *Does Race Matter in Treatment Engagement? Examining Service Access in a Children's Advocacy Center*. Association for Cognitive and Behavioral Therapies Annual Meeting. Poster Presentation. Chicago, Illinois.
9. Stewart, R.W., **Metzger, I.W.**, Tuerk, P.W., & Young, J. (2015). *A decision tree approach to the assessment of posttraumatic stress disorder*. Poster presented at the annual meeting for the International Society for Traumatic Stress Studies, New Orleans, LA.
10. Griffin, C., **Metzger, I.**, & Cooper, S. M., (March, 2014). *School Racial Climate and Academic Achievement Among African American Adolescents: Testing A Moderated Mediation Model*. Poster Presentation. Society for Research on Adolescence Biennial Meeting. Austin, Texas.
11. **Metzger, I** & Cooper, S., (2013). *Culturally Sensitive Prevention Programs Targeting High-Risk Behaviors among African American Adolescents*. Poster Symposium: Racial-Ethnic Socialization on the Development of Diverse Youth: Implications for Research and Practice. Society for Research in Child Development, Seattle, Washington.
12. Cooper, S., **Metzger, I.**, & Brown, C. (2013). *Intergenerational Experiences and African American Fathers' Involvement: The Mediating Role of Fathering Ideologies*. Paper Symposium: African American Fathers' Parenting Experiences: Exploring Processes and Contributions to Youth Outcomes. Society for Research in Child Development, Seattle, Washington.
13. **Metzger, I.** & Cooper, S. M. (2012). *Parenting Profiles of Academic and Racial Socialization: Associations with Academic Engagement and Perception of Academic Ability of African American Adolescents*. Poster Presentation. Society for Research on Adolescence Biennial Meeting. Vancouver, BC, Canada.
14. **Metzger, I.** (2012). *African American Parenting Profiles of Academic and Racial Socialization Practices: Associations with Adolescents' Academic Outcomes*. National Black Graduate Student Association Conference. Poster Presentation. Philadelphia, PA.

15. Castellow, J., **Metzger, I.**, Scaccia, J., Katz, J., Lamont, A., & Wandersman, A., (2011). *Getting to Outcomes® for the individual: Applying a systematic framework to treatment interventions for pregnant substance-abusing women.* Paper Symposium- Necessary and sufficient: Supporting effective prevention and intervention across systems levels with Getting To Outcomes (R). Society for Community Research and Action. Chicago, Illinois.
16. **Metzger, I.**, Cooper, S., Brown, C., Avery, M., & Eaddy, H., (2011). *African American Fathers' Racial Identity and Experiences with Discrimination: Implications for Racial Socialization Practices.* Poster Symposium. Society for Research in Child Development, Montreal, Quebec, Canada.
17. Eaddy, H., Cooper, S., & **Metzger, I.**, (2011). *An Exploration of African American Fathers' Racial Socialization of their Adolescent Daughters.* Poster Symposium. Society for Research in Child Development, Montreal, Quebec, Canada.
18. Scaccia, J. P., Castellow, J., **Metzger, I.**, Sickels, A., Terry, J., Katz, J., & Wandersman, A., (2010). *Planning and Monitoring Implementation: The Maternal Outreach Management Services (MOMS) Project.* American Evaluation Association, Panel Presentation, San Antonio, TX.
19. Hipp, L., Holmes, B., & **Metzger, I.**, (2010). *Maternal Outreach Management Services (MOMS): A Model for Pregnant Substance Abusers.* National Association of Black Social Workers, Oral Workshop, Philadelphia, PA.
20. **Metzger, I.** (2009). *Expressive and Receptive Vocabulary Knowledge Among Elementary School Children K-2.* Southeastern Psychological Association Research Convention. Poster Session, New Orleans, Louisiana.
21. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children.* Annual Biomedical Research Conference for Minority Students. Poster Session, Orlando, Florida.

### Selected Regional Presentations

1. **Metzger, I.** (2013). *Culturally Sensitive Prevention Programs Targeting High-Risk Behaviors among African American Adolescents.* Poster. University of South Carolina Graduate Student Day. Columbia, SC.
2. **Metzger, I.** (2012). *Academic and Racial Socialization Profiles: Associations with African American Adolescents' Academic Outcomes.* Poster. University of South Carolina Graduate Student Day. Columbia, SC.
3. **Metzger, I.** & DeLoach, (2011). *Cultural Competence: Assessing the Teen Positive Parenting Program for African American Families in South Carolina.* Poster. National Black Graduate Student Conference. Columbia, South Carolina.
4. Avery, M., Castellow, J., Katz, J., **Metzger, I.**, Scaccia, J., Sickels, A., Terry, J., & Wandersman, A., (2010). *MOMS: An Enhanced Treatment Model for Pregnant Substance Abusing Women.* LRADAC, The Behavioral Health Center of the Midlands, Columbia, SC.
5. Avery, M., **Metzger, I.**, & Scaccia, J., (2010). *Maternal Outreach Management Services (MOMS): A Brief Overview.* LRADAC, The Behavioral Health Center of the Midlands, Women's Advisory Committee, Columbia, SC.
6. Castellow, J., **Metzger, I.**, Scaccia, J., & Schmidt, S., (2010). *MOMS Project: Getting to Outcomes with Substance-Abusing Pregnant Women.* Poster. James E. Clyburn Health Disparities Lecture Series, University of South Carolina, Columbia, SC.
7. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children.* Ronald E. McNair Post-Baccalaureate Achievement Summer Internship Research Conference, Poster and Oral Sessions, Georgia State University, Atlanta, GA.
8. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children.* Kiddie Café Developmental Seminar, Georgia State University, Atlanta, GA.
9. **Metzger, I.** (2008). *Category Production in Response to Varying Prompts by Low-Income School-Aged Children.* Ronald E. McNair Post-Baccalaureate Achievement Program Fall Research Symposium, Poster Session, Georgia State University, Atlanta, GA.
10. **Metzger, I.** (2008). *Expressive and Receptive Vocabulary Knowledge Among Elementary School Children K-2.* Honors Thesis Symposium, Georgia State University. Atlanta, GA.

### Research Positions

2015 - 2017

**Invictus Lab, Predoctoral Psychology Intern, Postdoctoral Fellow**

Medical University of South Carolina, National Crime Victims Research & Treatment Center

- 2014 - 2015      **African American Community Engagement Lab, Doctoral Coding Assistant**  
University of South Carolina; Clinical - Community Psychology Program
- 2009 - 2015      **African American Youth Development Lab, Recruitment and Retention Coordinator**  
University of South Carolina; Clinical - Community Psychology Program
- 2012 – 2013      **Social Impairment in Children with ADHD in Schools, Doctoral Research Assistant**  
University of South Carolina; Clinical – Community Psychology Program
- 2012 – 2013      **Behavioral Medicine Laboratory, Doctoral Research Assistant**  
University of South Carolina; Clinical – Community Psychology Program
- 2009 – 2011      **Maternal Outreach Management Services (MOMS), Community Researcher**  
LRADAC, Behavioral Health Center of the Midlands, Columbia, SC
- 2009 - 2010      **Obesity Research Group, Doctoral Coding Assistant**  
University of South Carolina; Clinical - Community Psychology Program
- 2008 – 2009      **Educational Psychology Research Lab, Research Assistant**  
Special Education Programs, Georgia State University, Atlanta, GA
- 2007 – 2009      **Tracking Eye Movement & Vocabulary Acquisition Lab, Research Assistant**  
Developmental Psychology Program, Georgia State University, Atlanta, GA
- 2007 – 2009      **Research Assistant, Action Research Lab**  
Community & Clinical Psychology Programs, Georgia State University, Atlanta, GA

**Teaching Experience**

**Assistant Professor**

**University of Georgia, Athens, GA**

- Spring 2018      Seminar in Psychology:  
Fall 2017      Psychology of Disadvantaged and Minority Groups

**Instructor**

**Medical University of South Carolina, Charleston, SC**

- Spring 2017      Didactic Seminar  
Spring 2017      Fundamentals of Patient Care  
Fall 2016      Didactic Seminar  
Fall 2016      Fundamentals of Patient Care  
Spring 2016      Fundamentals of Patient Care  
Fall 2015      Didactic Seminar  
Fall 2015      Fundamentals of Patient Care

**Graduate Teaching Assistant**

**University of South Carolina, Columbia, SC**

- 2012, 2013      Honors Health Psychology  
2011, 2012      Psychology of Women  
Fall 2010      Research Perspectives: African American Children & Families  
Fall 2010      Psychology of Women

**Co- Lectures and Guest Lectures**

**University of South Carolina, Columbia, SC**

- 2015, 2016      Didactic Seminar  
Fall 2013      Child and Family Psychology Practicum



Spring 2012	College Teaching of Psychology
Fall 2011	Seminar on Race, Class, Gender, and Sexuality
Spring 2010	Lifespan Psychopathology
Spring 2010	Survey of Abnormal Psychology
Spring 2007	African American Psychology

**Teaching Distinction, University of South Carolina, Columbia, SC**

Spring 2012	Preparing Future Faculty Credential, Center for Teaching Excellence, The Graduate School
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**Teaching Training**

2016	Addressing Incivility in the Classroom: Effective Strategies for Faculty
2015	Teaching in No Time: How to Prepare For A Stress-Free Semester
2010	Workshop: Dealing with Classroom Distractions
2009	Teaching Assistant Training Workshop
2009	Workshop: Motivating Students
2009	Effective and Engaging Instruction: Tips for Teaching Assistants

**Training Design and Facilitation**

2015, 2016	<b>National Crime Victims Research and Treatment Center Medical University of South Carolina, Charleston, South Carolina</b> Child Intake Orientation Introduction to Child Trauma
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7/2011- 1/2013	<b>Psychological Consultant, Graduate Student Supervisor Pine Grove Inc., Elgin, South Carolina</b> Current and Future Directions for Diagnosing Autism and Autism Research Functional Behavior Analysis for Problem Behaviors in Children with Autism Sensory Issues in Children with Autism Spectrum Disorders Self-Injurious Behaviors (SIBs) and Suicide Rewards and Punishment for Children with Autism: Special Considerations for Abuse Prevention Behavior Modification using Visual Supports and Planned Ignoring Group Dynamics and Teaching Social Skills to Children with Autism Teaching Fine and Gross Motor Skills to Children with Developmental Disabilities
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**Clinical Experience**

2016 – 2-17	<b>Postdoctoral Clinician Infectious Diseases Inpatient Unit, Medical University of South Carolina</b> Population: Adults with HIV and a history of traumatic experiences
2015 – 2017	<b>Postdoctoral Clinician Mother Emanuel African Methodist Episcopal Church, National Crime Victims Research and Treatment Center, Medical University of South Carolina</b> Population: Adults and Children homicide survivors with Traumatic Grief, Anxiety, and Depression as a result of the June 2015 AME shooting in Charleston, SC
2015- 2017	<b>Postdoctoral Clinician National Crime Victims Research &amp; Treatment Center, Medical University of South Carolina</b> Population: Children and Adult victims of crime with PTSD, anxiety, depression, ODD, Adjustment Disorder, Substance Use, Risky Sex, HIV, etc.
2015 – 2016	<b>Predoxal Health Educator, Postdoctoral Researcher and Health Educator Ethnic Minority Preventative Outreach and Web-Based Education for Risk Reduction Department of Psychiatry &amp; Behavioral Sciences, Medical University of South Carolina</b> Population: African American teens and emerging adults with trauma histories, DJJ involvement, and

high risk for HIV, STI, unplanned pregnancies, and substance use

- 2014 – 2016     **Predoctoral Clinician**  
**National Crime Victims Research & Treatment Center, Medical University of South Carolina**  
 Population: Children, Families, Adults victims of crimes with PTSD, Depression, Panic, HIV
  
- 2015           **Predoctoral Clinician**  
**Sleep/Anxiety Treatment & Research Program, Medical University of South Carolina**  
 Population: Adults with Anxiety, Depression, and Insomnia
  
- 2014           **Predoctoral Clinician**  
**Adolescent and Family Services, Medical University of South Carolina**  
 Population: Adolescents with Substance Use and Behavioral Disorders and their families
  
- 2014           **Predoctoral Clinician**  
**Community Outreach Project, Medical University of South Carolina**  
 Population: Children, Families, Crime victims with PTSD, Depression, and behavior difficulties
  
- 2011 - 2013   **Psychological Consultant, Graduate Student Supervisor**  
**Pine Grove Inc., Elgin, SC**  
 Population: Children with Autism, ADHD, FAS, CDD, and other Developmental Disabilities
  
- 2013 – 2013   **Psychology Intern, Group Counselor**  
**Three Rivers Behavioral Health Residential Treatment, New Horizons, Columbia, SC**  
 Population: Female teens with Axis I (e.g., PTSD) or Axis II (e.g., BPD) psychiatric disorders
  
- 2010 - 2013   **Psychological and Behavioral Consultant, Health Educator**  
**The Pediatric Diabetes and Obesity Institute- Healthy Lifestyles Clinic**  
**University of South Carolina School of Medicine, Division of Pediatric Endocrinology**  
 Population: Patients ages 2-18 who are at risk for Type 2 Diabetes and their families
  
- 2012 - 2015   **Advanced Assessment with Children, Adolescents and College-Age Individuals**  
**Psychological Services Center, Columbia, SC**  
 Population: Youth ages 3 to 19 with developmental, learning, mental, or emotional disabilities
  
- 2012 - 2015   **Advanced Practicum Student**  
**Autism Diagnostic Clinic, Psychological Services Center, University of South Carolina**  
 Population: Youth with Autism Spectrum Disorders
  
- 2010 - 2015   **Advanced Therapy with Children, Adolescents, and College-Age Individuals**  
**Psychological Services Center, University of South Carolina**  
 Population: Children, adolescents, and college-age youth
  
- 2010 – 2012   **Advanced Practicum Student**  
**Challenging Horizons Program, Leaphart Elementary School, Columbia, SC**  
 Population: Middle school youth with ADHD and general academic and behavioral difficulties

**Clinical Training**

- 2017     **Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Risky Substance Use, Odessa**  
 Ussery, M.Ed.
  
- 2017     **Culture and Therapeutic Alliance: Seven Empirically Supported Guidelines for Improving**  
**Multicultural Competency in CBT, Anu Asnaani, PhD**
  
- 2017     **Creating and Sustaining Trauma-Responsive Organizational Cultures, Sandra Bloom, MD**
  
- 2016     **Trauma and Stress-Related Disorders in DSM-5, Matthew J. Friedman MD, PhD**

- 2014 **Trauma Focused Cognitive Behavioral Therapy**, Michael de Arellano, PhD
- 2014 **Prolonged Exposure Therapy**, Alyssa Rheingold, PhD
- 2014 **Cognitive Processing Therapy**, Alyssa Rheingold, PhD
- 2014 **Multiple Chanel Exposure Therapy**, Heidi Resnick, PhD
- 2014 **Contingency Management Treatment for Substance Use in Adolescence**, Kristyn Zajac, Ph.D
- 2014 **Cognitive Behavior Therapy for Anxiety and Depression**, Melissa Milanak, PhD
- 2014 **Cognitive Behavior Treatment for Insomnia**, Melissa Milanak, PhD
- 2014 **Motivational Interviewing: Skill Building and Updates**, Daniel W. McNeil, PhD
- 2014 **Making Proud Choices**, Carla Kmett Danielson, PhD
- 2014 **Sistas Informing Healing Living and Empowering (SiHLE)**, Carla Kmett Danielson, PhD
- 2013 **ICD Diagnosis and DSM-5 Changes: A New Horizon**, M. Michele Burnette, PhD
- 2013 **Autism Diagnostic Interview– Revised (ADI-R)**, Jane Roberts, PhD
- 2013 **Children’s Interview for Psychiatric Syndromes (P-ChIPS)**, Kate Flory, PhD
- 2012 **Nonviolent Physical Crisis Intervention**, Kelly Baccomo
- 2010 **Prolonged Exposure Therapy**, Mark Weist, PhD
- 2010 **Primary Care Teen Triple P (Positive Parenting Program)**, Bradley Smith, PhD
- 2010 **Assessment, Interviewing, and Treatment for Substance Abuse**, Alicia Anderson, MS
- 2010 **Dialectal Behavior Therapy for Borderline Personality Disorder**, Shari Manning, PhD, LPC

**Assessments and Report Writing**

- 2012 - 2015 Vineland Adaptive Behavior Scales, Second Edition (VABS-II)
- Behavior Assessment System for Children, Second Edition (BASC-2)
- Modified Checklist for Autism in Toddlers (M-CHAT)
- Peabody Picture Vocabulary Test IV (PPVT 4)
- Expressive Vocabulary Test, Second Edition (EVT-2)
- Bayley Scales of Infant Development Mental Scale- Third Edition (Bayley- III)
- Autism Diagnostic Interview – Revised (ADI-R)
- Autism Diagnostic Observation Schedule (ADOS)
- Home-Situations Questionnaire- PPD Version (HSQ)
- Beery-Buktenica Developmental Test, Visual-Motor Integration, 6th Edition (VMI)
- Stanford-Binet Intelligence Scales- Fifth Edition (SB5)
- Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)
- Woodcock-Johnson Tests of Achievement- III (WJTA-III)
- Social Communication Questionnaire (SCQ)
- Social Responsiveness Scale (SRS)
- Weschler Adult Intelligence Scale-Fourth Edition (WAIS-IV)
- Conners' Adult ADHD Rating Scales (CAARS)
- Brown Attention-Deficit Disorder Scales for Adults
- Supervisor: Kimberly Hills, PhD
  
- 2012 - 2013 Children’s Interview for Psychiatric Syndromes (P-ChIPS)
- Services for Children and Adolescents-Parent Interview (SCAPI)
- Wechsler Abbreviated Scale of Intelligence- Second Edition (WASI-II)
- Children’s Depression Inventory, Child Report (CDI)
- Disruptive Behavior Disorder Rating Scale (DBD)
- Impairment Rating Scale (IRS)
- Self-Report for Childhood Anxiety Related Emotional Disorders (SCARED)
- Supervisor: Kate Flory, PhD
  
- 2013 Disruptive Behavior Disorder Rating Scale (DBD)
- Impairment Rating Scale (IRS)
- Behavior Assessment System for Children, Second Edition (BASC-2)
- Supervisor: Mark Weist, PhD

- 2013 - 2015 Autism Diagnostic Interview – Revised (ADI-R)  
Autism Diagnostic Observation Schedule (ADOS)  
Supervisor: Jane Roberts, PhD
- 2010 Wechsler Abbreviated Scale of Intelligence- Second Edition (WASI-II)  
Behavior Assessment System for Children- Second Edition (BASC-2)  
Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)  
Woodcock Johnson Test of Achievement- Third Edition (WJTA-III)  
Supervisor: Rachel Stroud, PhD
- 2007 Nelson Denny Reading Test  
Peabody Picture Vocabulary Test-IV (PPVT-IV)  
Diagnostic Evaluation of Language Variation (DELV)  
Woodcock Johnson Test of Achievement- Third Edition (WJTA-III)  
Supervisor: Rihana S. Williams, PhD and Nicole Patton- Terry, PhD

**Service to the University of Georgia**

- Fall 2017 **Dialogues in Diversity Lunchtime Series**, Office of Institutional Diversity, University of Georgia  
Fall 2017 **AACC Fall 2017 Advisor Workshop**, Academic Advising Coordinating Council, University of Georgia  
Fall 2017 **University of Georgia Doctoral Scholars Reception**, 24<sup>th</sup> Annual Institute on Teaching and Mentoring- Compact for Faculty Diversity Conference, Southern Regional Education Board

**Service to the Psychology Department at the University of Georgia**

- Fall 2017 **Diversity Committee**  
Fall 2017 **Admissions Committee**

**Service to the Discipline**

- 2017 **Cultural Considerations in Trauma Focused Therapy Web 2.0, Task Force**  
National Crime Victims Research & Treatment Center, Medical University of South Carolina
- 2016 - **Interdisciplinary Research Methods Core, Member**  
Yale University School of Public Health
- 2016 - **Qualitative Research Discussion Group, Member**  
Yale University School of Public Health
- 2016 - **Diversity and Ethnic Relations Committee, Member**  
Medical University of South Carolina
- 2015 - **Mental Health Disparities and Diversity Program, Co-Chair**  
Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences
- 2014, 2015 **Diversity Recruitment Representative, Charleston Consortium Internship Program**  
Association for Cognitive and Behavioral Therapies Annual Meeting
- 2009 - 2014 **Black Psychology Graduate Student Association (BPGSA), President (2012- 2013)**  
Department of Psychology, University of South Carolina
- 2010 **Psychology Graduate Student Association, Secretary**  
University of South Carolina
- 2009 - 2014 **Psychology Graduate Student Association, Member**  
University of South Carolina
- 2010 **The TRIO McNair Post-Baccalaureate Achievement Program Presentation**  
Preparing for Summer Research: Graduate Student Panel
- 2010 **The TRIO McNair Post-Baccalaureate Achievement Program Presentation**  
Designing a Meaningful Project: Graduate Student Panel
- 2010, 2011 **Doctoral Student Panels**  
Department of Psychology, University of South Carolina
- 2008 **Annual Biomedical Research Conference for Minority Students- ABRCMS**  
Georgia State University Representative
- 2008 **Southern Regional Educational Board- SREB; Compact for Faculty Diversity**

- 2008 Undergraduate Ambassador, Georgia State University Representative  
**University of Georgia, Future Scholars Visitation Program**  
 Georgia State University Representative
- 2008 **University of South Florida Campus Visitation**  
 Georgia State University Representative
- 2006 - 2008 **Psi Chi National Honors Society in Psychology**  
 Vice President, Georgia State University
- 2006 - 2008 **Ronald E. McNair Post-Baccalaureate Achievement Program**  
 Editor, McNair Voice, National Newsletter, Student Advisory Board, Georgia State University

**Editorial Responsibilities**

Addictive Behaviors

- 2017 Does the Implementation of Evidence-Based and Culturally Competent Practices Reduce Disparities in Addiction Treatment Outcomes?

Psychological Trauma: Theory, Research, Practice, and Policy

- 2017 What's in a Betrayal? Trauma, Dissociation, and Hallucinations Among High Functioning Ethnic Minority Emerging Adults

**Professional and Research Training**

- 2017 **Successfully Navigate NIH Peer Review and Get a Fellowship Grant**, NIH Center for Scientific Review
- 2017 **Fireside Chat: The Development of Implementation Science & Future Directions**, Russell Glasgow, PhD
- 2016 **Peer Review Briefing for Basic Research Applicants and Reviewers**, NIH Center for Scientific Review
- 2016 **Analyzing and Using NIMH Research Domain Criteria (RDoC) Data**, Lisa McTeague, Ph.D
- 2016 **Developing your Clinical Trial Toolbox**, Valerie Durkalski-Mauldin, PhD and Caitlyn Ellerbe, PhD
- 2016 **Responsible Conduct of Research and Career Development (RCR/CD)**, Edward Krug, PhD
- 2016 **National Center for Faculty Development & Diversity**, Kerry Ann Rockquemore, PhD
- 2016 **Micro-Aggressions, Micro-Resistance, and Ally Development in the Academy**, Cynthia Ganote, PhD
- 2016 **Mastering Academic Time Management**, Mindi Tompson, PhD
- 2016 **How to Develop a Daily Writing Practice**, Joy Gaston Gayles, PhD
- 2015 **Everything You Need to Know About Grant Writing**
- 2015 **How to Write Papers That Get Cited and Proposals that Get Funded**, Josh Schimel, PhD

**Professional Affiliations**

- Early Career Fellow**, Owens Institute of Behavioral Research, University of Georgia
- Mentored Fellow**, Center for Translational and Prevention Science (P30DA027827), University of Georgia
- Early Life Stress and Adversity Research Workgroup**, University of Georgia, Faculty Member
- International Society for Traumatic Stress Studies**, Member
- APA Health Disparities Initiative Program**, Health Equity Ambassador
- Association for Psychological Science**, Member
- Association for Cognitive and Behavioral Therapies**, Member #8328
- National Register of Health Service Psychologists**, Member
- Society of Counseling Psychology**, Member, Section on Ethnic and Racial Diversity
- Society for the Scientific Study of Sexuality**, Developmental Professional Member
- National Center for Faculty Development & Diversity**, Member
- National Postdoctoral Association**, Member
- Society for Research on Adolescence**, Member
- American Psychological Association**, Member, #37400978
- Society for Research in Child Development**, Member
- National Black Graduate Student Association**, Member
- National Alliance on Mental Illness**, South Carolina Division Member
- Psychology Graduate Student Association**, University of South Carolina, Member
- Black Psychology Graduate Student Association (BPGSA)**, Member
- Black Graduate Student Association**, University of South Carolina, Member
- Southeastern Psychological Association**, Member

**Mentored Students** (approval granted by students listed)

2015 - 2016      **Temilola Salami, PhD**, Medical University of South Carolina  
2014 - 2015      **Nana Tuntum Broni**, John's Hopkins University  
2013 - 2016      **Monica Taiwo Ogunsusi**, University of Georgia  
2013 - 2016      **Monique Kehinde Ogunsusi**, Georgia Institute of Technology  
2012 - 2015      **Stephania LaShawn Jackson**, University of South Carolina